



# Best Version Media®



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### COMMUNITY SUBMISSIONS

Have feedback? New ideas? We would be happy to hear from you! Please contact Jenna Caputo at jcaputo@bestversionmedia.com for information on how to submit ideas, articles, updates, reminders, events, high-resolution photos and more. We will do our best to include as much community information as we can within our space limitations.

### MAGAZINE DEADLINES

Please submit your content by the 10th of each month.

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### ON THE COVER

Heather Morrison  
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## Hello CLIFTON PARK RESIDENTS

We may have had a mild winter this year, but I think we're all still happy to see spring finally upon us. I don't know about you, but there is something about the "new beginnings" of spring that seem to inspire me. I always feel ready to try something different or to find fresh ways to make a positive impact in the world.

What inspires you? We would like to know! Email me at jcaputo@bestversionmedia.com to tell me the things in the Capital District that inspire you. It could be as simple as a beautiful area of the park. Or maybe it's an inspirational person, or perhaps a teacher at your child's school. Maybe it's a local non-profit that is making a difference in your area.

In fact, I feel so inspired that I have another challenge for you: *What can you do to make a difference in some small way? What are some ways that you see your neighbors making a difference?*

Our cover story this month (page 6), Heather Oppedisano, was inspired by her children's educators. Their family began their own non-profit to help out other kids in the Capital District because of the great work they saw in their own school. Basement Systems (page 9) came up with a patented design that can now keep basements dry, permanently, without the mess of other systems. Both of our businesses featured in the Chamber Spotlight (page 10) are putting a new spin in the local restaurant scene. Keller Williams' realtor, Beth Grzybowski (page 11), had a life-altering realization from a simple statement by her doctor and has now forever changed the lives of two children plus her own, and is working to provide many other Clifton Park residents their own piece of home.

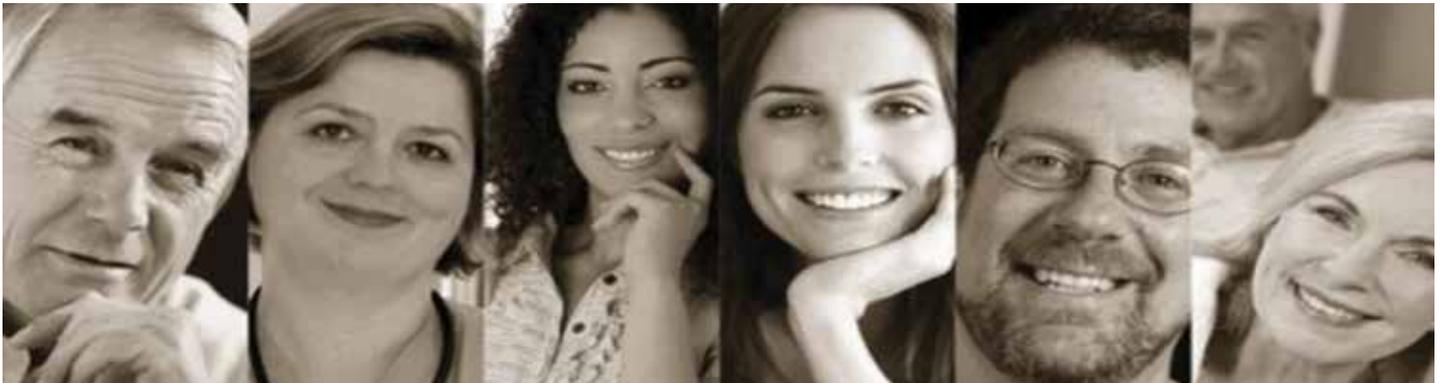
There are many wonderful stories going on in Clifton Park each day. So many of you make a difference in both big and small ways, and each one has an impact on this wonderful community we call home. There are only just so many stories that I can get from my desk, so that's why I'm counting on you to fill me in on what I may be missing.

Let's catch each other doing something great! Did someone do something nice for you today? Do you know of a fantastic non-profit in the area? Have you started a new project yourself? Send me a message and let me know. In this world that often focuses on the negative, let's celebrate all the positive around us every day!



Jenna Caputo

CONTENT COORDINATOR



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