

OCTOBER 2017

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FOR RESIDENTS

# Neighbors



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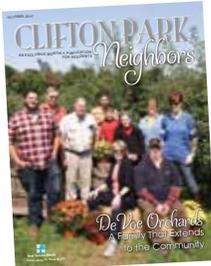
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## ON THE COVER

Three generations of the DeVoe Family of DeVoe's Orchards

# Dear CLIFTON PARK RESIDENTS

Autumn is a time of change, from starting new classes to changing colors, closing out pools, mulching gardens and prepping for winter. I am thrilled to be part of this change as I take the helm for *Clifton Park Neighbors*, your exclusive publication.

In order to do this well we need your help – from sharing your stories, recipes and feedback to recommending neighbors, charities and others we should cover. Please reach out to us with your ideas so we can make this publication what it is truly meant to be – about you, for you and by you! From the history of the region, to the many activities and events, to students' successes and interesting families and pets, we want to highlight all of the information that makes this such a unique and fascinating community. We welcome your articles, photos and suggestions all year 'round! Submissions can be sent to jcaputo@bestversionmedia.com.

In the meantime, please take some time to sit back, relax and read this month's magazine. It's all about folks in your neighborhood who are enriching the local economy, helping out with foster care and research funding, and providing art, entertainment and educational opportunities for all of us.

Then let's get out and embrace this exciting season of change ourselves, from the crisp mountain air, to the bright blue skies and the many colors of fall. Let's run through a corn maze, bite into an apple, walk for Juvenile Diabetes, dance for a cure for cancer, enjoy the art and artists in town, and revel in the many fall festivals! We will continue to participate in and give back to this wonderful community we call home.

Cheers!

*Barb Schrader*



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## Stop Removing Chicken Skin: It's Actually Good for You

*Contributed by Capital District Wellness*

If you're health conscious, you've probably heard that you should always pass on the chicken skin; while flavorful, it's just added fat, which contributes to weight gain, higher blood pressure and other risk factors for illness. The short of it is, chicken skin isn't all bad for your health.

Believe it or not, there are some health benefits from eating chicken skin; this has been researched and proven by health experts from Harvard. According to their studies, the oft-feared chicken skin can actually help your heart.

What do the avocado and chicken have in common? Unsaturated fat.

Unsaturated fat is actually beneficial to heart health because it helps to lower blood pressure as well as cholesterol, which decreases the risk of heart disease.

If you're concerned about a huge jump in calories, don't be. The difference between a skinless serving of chicken compared to one cooked with the skin on is around 50 calories. The flavor chicken skin adds might even allow you to pass on excess salt, which has very real negative effects on your body.

You may also be thinking of all the grease you'll be putting into your body. Fortunately, chicken skin

actually works as a barrier. The skin prevents excess oil from entering the meat of the chicken by absorbing it before it can soak in.

Even if you aren't completely convinced, it's still beneficial to cook chicken with the skin, to absorb excess oil, and then discard it before dining. Either way, if you make sure to cook your chicken in healthy oil to begin with, you can definitely cut down on potentially harmful substances entering your body. Olive oil is a good choice.

Like everything else, moderation is the key when it comes to chicken skin. It shouldn't be eaten in excess, but it does provide some omega-3 fats, which benefit the body. It also contains some omega-6, which can have adverse health effects. Chicken skin certainly shouldn't be on the menu every day, but it won't hurt, occasionally, as part of a balanced diet.

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# JDRF's One Walk-Saratoga Brings Life Changing Diabetic Treatment to Local Woman

By Ed Parham

Kristen Gil of Clifton Park is one of the 1.25 million Americans currently living with type 1 diabetes (T1D), an autoimmune disease in which a person's pancreas stops producing insulin, a hormone that enables people to get energy from food. Just recently, the outpatient pediatric dietitian at Albany Medical Center recently became one of the first Capital Region residents to wear the first commercially available artificial pancreas systems in the U.S., the Medtronic 670G. The insulin pump was funded by Juvenile Diabetes Research Foundation (JDRF), the leading global organization funding T1D research.

## How long have you been a diabetic and what is it like living with this disease?

I have been a diabetic for the past 22 years. T1D is a full-time job, 24-hours-a-day, seven-days-a-week, 365-days-a-year. There is no break.

## Tell us about your family's involvement with JDRF.

After I was diagnosed with diabetes at age eight, my mother knew she had to do something. She created JDRF's One Hope Ball, a fundraising evening

held in November, which brings those living with T1D, their families and local partners together for one magical night. Over the past 20 years, this gala has raised \$5 million dollars for T1D research.

## How has JDRF personally made an impact in your life?

JDRF's research goal is to discover, develop and deliver advances that progressively remove the impact of T1D from people's lives until we find a cure. Thanks to JDRF's research efforts, the artificial pancreas has reduced the 24/7 burden of managing my diabetes. The device has allowed me to take a few breaks by just glancing down at my insulin pump and knowing what my blood sugar is instead of constantly monitoring with a blood glucose meter. The system has allowed me to live a few more minutes of the "normal" side of life.

## Tell us about JDRF's One Walk-Saratoga.

Held Saturday, Oct. 14 at Saratoga Race Course, One Walk-Saratoga is a fun, family-friendly event where dedicated walkers, volunteers and sponsors will raise \$150,000 to help rid



Kristen Gil and her mom, Laura Caponera, at the JDRF One Hope Ball. Photo by Ellen Pickett, JDRF Northeastern New York

the world of T1D while also having a great time doing it! It is one of more than 200 JDRF One Walks nationwide that will raise more than \$68 million dollars to support T1D research and research-related education.

## How can folks register for One-Walk Saratoga?

Please visit [jdrf.org/ny](http://jdrf.org/ny) or call (518) 477-2873. ■

Know of a great local non-profit? Let us know so we can spotlight them here. Send submissions to [jcaputo@bestversionmedia.com](mailto:jcaputo@bestversionmedia.com).



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## COVER STORY

# A Family That Extends to the Community

By Jenna Caputo

Photos by MarkBolles.com

Some people search for their life's calling for many years. Some people are just born into it. That's how it was for Lawrence DeVoe of DeVoe's Rainbow Orchards.

The farm was originally bought by his Grampa Hatlee in 1896 as a dairy farm. His parents, Merritt & Margaret DeVoe planted the first apple trees in 1931 as part of their country family garden that slowly grew into a business.

Growing up, Lawrence enjoyed playing basketball, baseball, ice-skating and horseshoes. Life was on the farm and he often helped his parents with the many responsibilities of running a farm. Lawrence also joined his father riding his mail route for the Waterford Post Office. A young lady named Vaughn was on that route. She would eventually become Lawrence's wife. "I was 16 and she was 12. We've been together ever since," he reminisces.

The DeVoe family has always been open to innovations to improve the farm. In 1958 they heard about wind machines being used in the California orange groves and in the citrus groves in Florida. After looking into it, they decided to install one of the first wind



machines in the area in their own orchard. The wind machines are used to keep the orchards from freezing. Circulating the air, these machines bring the warm air back down while pushing the cold air up. This raises the temperature at least a degree or two, which often means the difference between losing a crop or successfully bringing it to maturity.

In 1960, they added new technology to the farm by installing one of the first controlled atmosphere rooms. At the time, there was only a handful across the state. Lawrence and Vaughn took over the farm in the late 1970's. They continued the tradition of looking for new ways to make the process better. They designed a bin with removable sides to make it easier to sort by hand. They also started picking by bin instead of by bushel box and installed a sorting machine. Vaughn was one of the first in the Capital Region to start making fruit baskets and she baked bread and pies at home to sell at the store until they were able to build a commercial kitchen.



Over the years, Lawrence and Vaughn had 10 children and they all participated in the farm activities. Four of the children still work on the farm today. Increasing regulations have made it harder and harder for small farms to stay in business. The regulations were really created for large conglomerate farms, but the small farms still need to comply. This has forced many farms to diversify – DeVoe’s included. “We are like the old General Store,” says Lawrence. “The place where neighbors meet neighbors to pick up the mail and get some groceries. We have a bakery, post office, U-Haul, sheds, ice cream shop, farm stand with fresh homegrown fruits and veggies, and gift baskets.” This is in addition to their 70+ acres of apple orchards and vegetable crops.

The post office is one of the smallest they know of, but they service customers seven days a week from 9am-6pm and can do almost everything a traditional post office does. The DeVoes added on to their services this summer by providing U-Haul rentals and are now working on tearing out and replanting some of the orchards with new varieties. Lawrence says the farm has continued to evolve over the years, both with opportunities that happened to come their way, but also with the ability to capitalize on the interests

and talents of their family members, like his daughter, Lynn. Lynn opened the popular ice cream shop, Rainbow Delights, which also offers other foods like hamburgers & hot dogs, sausage or steak sandwiches, meatball subs, Panini’s, salads, kids’ meals, as well as salt potatoes, fries, onion rings and more, along with the usual fun ice cream treats.

The family is also very involved in the community. They are all members of the Masonic community and Lawrence was awarded the Dedicated Service Award from the Masonic Grand Lodge of NY in 2013. He has also served the Town of Halfmoon in various capacities for over 30 years.

He was originally asked to be the farm representative to the Town Zoning Committee. They then asked him to take a seat on the new Planning Board as that was being developed. His involvement continued until he eventually retired as the Town Supervisor. “It was important to me to be a part of the process that developed a plan that would guide the town as it grew. It was my way of participating in my community,” he says.

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Their family has continued to grow over the years and their 10 children have now expanded to 31 grandchildren and 14 great-grandchildren to date. Number 15 is due in December. They also have two farm dogs – Lady & Ruxin – who are customer favorites and can be found throughout the farm to greet their neighbors. The DeVoes are passionate about the farm and their community and are always looking for ways to give back. They are grateful for what they have accomplished over the years and look forward to seeing the members of the community that have now become family every day. Lawrence shares his gratitude: “My greatest accomplishment was the day my wife married me. I couldn’t have done any of this without her by my side. We have grown and changed significantly over the years and it is important to know that it is because WE have accomplished it together. Our customers and employees become a part of our extended family. We love chatting with them, learning about their families, celebrating their successes and



Joy DeVoe serving the community

mourning their losses. Please get to know your local farmer because we would love to get to know you!” ■

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at [jcaputo@bestversionmedia.com](mailto:jcaputo@bestversionmedia.com).

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# Welcome to the Neighborhood

By Pete Bardunias, President/CEO, the Chamber of Southern Saratoga County

CSSC President/CEO Pete Bardunias (far left) joins Fresh the Chicken, Assemblywoman Carrie Woerner, and Flavor the Cow in showing off some of the new facilities sponsored by **Stewart's Shops** at the Saratoga County Fairgrounds ([www.saratogacountyfair.org](http://www.saratogacountyfair.org)).



This summer, the Fair hosted over 100,000 visitors, introducing many to area agriculture and the families who run Saratoga County's farms. The Dake Family has turned locally-owned Stewart's Shops ([www.stewartshops.com](http://www.stewartshops.com)) into a billion-dollar business, proving that family businesses are the backbone of our economic success. Flavor and Fresh were on hand at the Fair to remind everyone that the food at Stewart's shops is locally-sourced from many of the same family farms that were on display in the barn!

The **Newmeadow Preschool** ([www.newmeadow.org](http://www.newmeadow.org)) opened its new facility at 23 Sitterly Rd in Halfmoon just in time for the fall season, with a ribbon-cutting celebration on September 5. Dignitaries such as Halfmoon Town Supervisor Kevin Tollisen and Councilwoman Daphne Jordan (also representing State Senator Kathy Marchione) were on hand at the event to offer proclamations and good wishes to the staff, leadership and customers of the school. For over 30 years, Newmeadow has worked to prepare children for kindergarten, elementary school and the challenges that accompany social and educational opportunity.

Executive Director Andrew McKenzie officiated at the opening ceremony, sharing information about the school's history as well as details on this new state-of-the-art education center.



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# How to Make the Transition to College Easier

By Hannah Kotler

Your entire freshman year of college serves as a transitional and growing period into a new phase of life. That change can be scary, so here are some tips for students to make this time easier:



## 1) Get involved early on.

Take advantage of your college's opportunities to meet people even before starting school, like accepted student days or pre-orientation programs. Also, participate in orientation activities and events geared toward freshman. Unlike what you probably thought of mandated high school activities and

information sessions, ones in college are informative and there to help you transition better, so make use of them.

## 2) Actually learn how to study.

Before exiting high school, try to really assess what has and hasn't been working for you study-wise. Listen to your teachers when they tell you cramming doesn't work! Research has proven that spaced-out, shorter study sessions over longer periods of time help you retain information best. Rather than wait until doing poorly on a first exam, implement new and better study techniques now while you're still in high school. Also, save your old high school notes and resources; they can be especially useful in all the introduction and general education courses you will most likely be taking freshman year.

3) **Try to find pieces of your home routine at school.** Although most people envision dropping all aspects of their home life once they go off to college, the things that gave you

structure, normalcy and peace before should not be forgotten. If you had a particular walking or running path back home you'd often use, try to find one at school. Evaluate what clubs, activities and sports you were actually passionate about in high school (and not just doing to look impressive to the college you are now attending!) and see if your new school offers them. It's easy to get caught up in the academics and new setting of college and forget the little things that used to make you happy and keep you grounded, but finding pieces of your past routine and things you genuinely like in a new location help you adapt smoothly.

4) **Don't have too many expectations.** Everyone's college experience is different. Academics, clubs and activities, sports, location, student body population and composition...there's too many factors that differ school to school to ever compare your experiences to anyone else's. Wipe away your preconceived notions and don't take ideas you've heard of what college is supposed to be like to heart. The way YOU feel once you're there is all that matters. Don't let every little bump in the road in your transition make you doubt the college choice you made. Don't go into your college with a bad mindset if it wasn't your first-choice school. The same way that someone who wasn't expecting to like college ends up having the time of their life, someone who heard college is "the best four years of their life" is questioning why they don't feel the same way. Any and all feelings you have about YOUR college experience are valid; take this huge transition one day at a time, do what's best for you and don't worry if your experience doesn't match your friends' or fit a certain mold. ■

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Bill Marszalek, Executive  
Program Director  
Photo courtesy of Northern  
Rivers Family of Services

# Give Hope a Home Campaign Seeks to Find Local Foster Care Parents

By Ed Parham

Bill Marszalek of Clifton Park is executive program director for foster care for Northern Rivers Family of Services, the Capital Region organization that oversees the Northeast Parent & Child Society and Parsons Child & Family Center, providing more than 60 programs and services ranging from residential and foster care services and behavioral health programs to business and workforce development. For more information on the organization, visit [www.northernrivers.org](http://www.northernrivers.org).

## 1. What's your role at Northern Rivers Family of Services?

I am the executive program director for foster care services at Northern Rivers Family of Services. I oversee all foster care programming at Northeast Parent & Child Society and Parsons Child & Family Center. We have more than 250 wonderful foster families providing care and support for more than 250 children throughout the region. I oversee a team of more than 75 dedicated staff who support these children and families.

## 2. How great is the need for loving foster parents in Saratoga County?

It's important to keep a child in his or her home community whenever possible, to minimize the disruption in their life so we can focus on resolving issues and working towards reunification. There are children right now in Saratoga County who need foster homes, and there will be more children who need them tomorrow.

## 3. What is the Give Hope a Home campaign?

Give Hope a Home is the first combined foster parent recruitment campaign we've ever done. We believe

that families who have hope for a better future will see a greater opportunity for achieving permanency in their lives. Furthermore, we are looking to help our communities understand what foster care is, why it's important and how they can get involved. When a foster parent opens up their home to a child in need, they're providing the missing piece that helps a child and a family heal. We are looking for foster families who are willing and able to give that hope a home.

## 4. What is a typical foster child like?

There's no such thing as a "typical" foster child. They can be newborns, school-aged children or teenagers and older. Each has faced a unique set of challenges, including abuse, neglect, trauma, emotional disturbances and behavioral issues. Placements may be a few months or up to a year or more. The goal is always to find a permanent living situation for the child, whether it's back with the birth family, a relative or an adoptive family.

## 5. What types of foster care opportunities are available and how can someone get started?

We offer a wide variety of opportunities for foster parents. They can be respite parents, where they provide a break for a few hours or a weekend for a child and family in need, or they can be a full-time foster parent for a child in a number of different programs. We provide the training and support, we do our best to match each foster parent with the right child and we're here to support them every step of the way. To get started, just visit [www.givehopeahomeny.org](http://www.givehopeahomeny.org) or call 844-855-CARE today. ■

## FOSTER CARE FACTS AND FIGURES

- There are more than 400,000 children living in the foster care system in the United States today and 70% of those have a sibling in foster care as well.
- In 2014, children stayed in foster care in the U.S. for an average of 21 months.
- The federal government spends \$4.4 billion each year on Title IV-E funds to maintain children in the foster care system.
- Nationwide, 52% of foster youth were reunified with their families after exiting the foster care system in 2012.
- However, more than 24,000 children age out of the foster care system every year nationwide, and more than 1,200 in New York City alone.
- In 2010, the average age of a child in foster care in New York State was between age 1 and 5. Nationwide, the average age was 9 years old.
- In New York State, children can stay in foster care until they are 21 years old.
- In New York State, it costs an average of \$29,000 per year to keep one child in the foster care system.
- Despite many hardships, a survey of former foster children found that by age 26, nearly two-thirds who responded were happy with their lives and optimistic about the future.

# Colin Bullock, Standout Student and Always Ready to Help a Classmate

By Chelsea Wilson, School Counselor, Shenendehowa Central Schools

Colin Bullock is a 7th grader at Koda Middle School. I am Colin's School Counselor and this is the second year I have had the pleasure of getting to know him. Colin stood out to us since he started here in 6th grade and was chosen to be one of the few students helping with a question and answer session for incoming 6th graders. He is strong academically, participates in soccer and lacrosse, and recently was inducted into National Junior Honor Society.

What really stood out to me this year on top of all of Colin's accomplishments and extracurricular activities was his character. In one instance, without any adult intervention, Colin offered to help a new student starting at Koda to a class. Colin has also been a standout student when it comes to reporting if he sees or hears something unkind and is always honest about what is going on.

His Spanish teacher, Mrs. Bodien, shared the following about Colin: "He is always willing to take the time to help his classmates. When working in pairs, he takes the time

to help others truly understand what they are learning as well. Often, I hear him asking the same kinds of questions that I would to help them figure out the answer for themselves. He doesn't rush someone else to get the task done more quickly."

Mrs. Bodien also shared the following story showing how much Colin truly does go above and beyond. "One

day there was a student who was walking up and down our hallway and appeared to be lost. In talking with him, another teacher and I determined that the student was a new 6th grader in Acadia. We then learned that he spoke French. We tried to give him directions to Acadia and he said he knew where he was going. Colin was nearby and heard what was going on. He immediately said, 'Let's watch and see where he goes at the top of the ramp. If he goes left, I'll go help him.' The student did go left and Colin hurried along to help." He serves as a role model without even trying and is well liked and respected by his peers. We are truly privileged to have Colin here at Koda! ■



*Colin Bullock*

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# Paintings That Traveled

Contributed by Guven Yalcintas

Patricia Goodell is an accomplished artist that lives in Saratoga Springs, NY with her husband. Several years ago they traveled to Turkey, Patricia's watercolors in hand. Her routine was to draw on site while they were touring the area, then to add the colors onto the canvas once back in her hotel room at night.



Patricia Goodell's paintings at Alaturco Mediterranean Cuisine

Recently, she was dining with friends at the Turkish restaurant, Alaturco Mediterranean Cuisine, here in Clifton Park when she spoke to one of the owners, Guven Yalcintas, and it was like old home week! She told him she would like to donate three of her paintings from her trip to Turkey to the restaurant. Yalcintas was

He enthusiastically hung the three paintings: the Blue Mosque, painted in Istanbul; a portrait of a woman in Konya; and the underground water reservoir from Fethiye.

Visit Alaturco at 22 Clifton Park Rd., Unit 39 to see the rest of these special paintings! ■



The Goodells with Yalcintas at Alaturco

delighted and touched by the offer, loving the "circle of life" feeling that comes from an American artist having painted scenes of Turkey and then finding a home for them in a Turkish restaurant back in the USA. "Only in America does this happen," Yalcintas says.

*Do you have something creative to share? We are looking for local submissions for original poetry, photography, publication notices, quotes, recipes, original artwork – anything creative! Send submissions to [jcaputo@bestversionmedia.com](mailto:jcaputo@bestversionmedia.com).*

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# Unplug & Discover Liberty Ridge Farm

By Emily Connolly

Established in 1998, Liberty Ridge Farm has become a seasonal destination in the Capital Region for fall family fun. This 100-acre farm has plenty of hands-on activities and adventure for visitors of all ages. The Gifford Barn at Liberty Ridge has become an outstanding year-round events venue hosting weddings, showers, family gatherings and corporate functions.

Owners, Robert & Cynthia Gifford, both grew up in Clifton Park. The high school sweethearts graduated from Shenendehowa High School ('77 & '78). Cynthia went on to graduate from North Carolina State with a BS in Agricultural Economics. Robert attended Cobleskill and continued to work on his family farm, Oronach Farm, on Vischer's Ferry Road until they moved to family property in Schaghticoke. There, Robert & Cynthia have raised two children and created a hidden gem in the Capital Region.

It all started with an idea of creating a fall event. This event was started by growing the first cornfield maze in this area with a large and true design. In 2000, the Gifford's cut their first corn maze into the shape of New York State, utilizing 13 acres of their farm.

The corn maze quickly became popular and the farm has since grown into much more than just a corn maze. Now celebrating their 18th season in the agritainment business, Robert and Cynthia invite you to unplug & discover this fall at Liberty Ridge.

Come spend an October day with family and friends, enjoying the outdoors, physical activity and receiving an educational experience. There are over 20 hands-on activities, good food, trolley rides, shows and a country store. New this year is the Discovery Barn. Inside the Discovery Barn you can learn where your food comes from

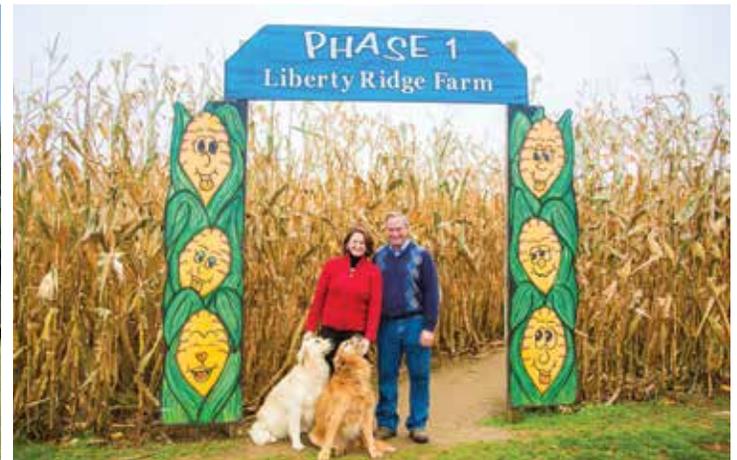


and meet Daisy the Incredible Milking Cow. Also new is the Maize Museum. It's everything about corn!

Liberty Ridge Farm also welcomes larger groups, birthday parties, scouts, youth groups, and sports teams. There are cabins and campfire sites that can be reserved. They make a great home base for your group to gather. There's nothing like sitting around a crackling campfire with some hot apple cider in the fall!

Not only did the Giffords create a fabulous fall day for folks in the Capital Region, they created nightmares as well – all in a sense of fun. Every Friday & Saturday night in October, the farm turns into haunted nightmares featuring six terrifying attractions and a psychic sideshow.

Liberty Ridge Farm's fall season is short and the Giffords would love for you to stop by and visit. They are offering a **\$2 off admission** for *Clifton Park Neighbors* readers with the promo code **NEIGHBOR** at checkout when purchasing online tickets. ■



Photos contributed by Liberty Ridge Farm

**Sunday, Oct 1**

**COLOR ME RAD 5K**

@Saratoga Spa State Park,  
Saratoga Springs

Participants begin in white t-shirts while friends and volunteers shower the runners with different colored powders as they pass by. To top it off, we're giving free t-shirts and a pair of RAD sunglasses for all regular participants.

*Time: 9am*

*Cost: \$15-\$45*

**Wednesday, Oct 4**

**SARATOGA JOB FAIR -  
CAREER BUILDING EXPO**

@Saratoga Springs City Center,  
Saratoga Springs

The first impression a candidate gives here is one that will last far beyond this opportunity. It is advised that candidates present themselves well by dressing cleanly

and professionally and having an open and energetic attitude. Get the skills and tips you need here! Visit <http://capitaljobdevelopmentgroup.org/saratoga-job-fair/> for more information.

*Time: 10am-4pm*

*Cost: FREE*

**Saturday, Oct 7**

**MAPLE SKI RIDGE  
FALL FESTIVAL 2017**

@Maple Ski Ridge, Schenectady  
Admire the restored cars, vintage tractors & workmanship of the crafters, take a scenic chair lift ride to the top of the mountain, hay-wagon ride through our fields, watch the children play in the Kids Zone and more! Visit [mapleskiridge.com](http://mapleskiridge.com) for more information.

*Time: 9am-4pm*

*Cost: FREE*

**Saturday, Oct 7**

**SARATOGA INTERNATIONAL  
FLAVORFEAST**

@Downtown Saratoga,  
Saratoga Springs

Join a celebration of the worldly culinary styles that gives this area its unique flair. Flavorfeast presents a feast for the senses and reflects the multicultural diversity of the region. The fun-filled event includes \$1 food samples of a variety of ethnic dishes at over 25 participating restaurants. You can also enjoy a selection of multi-cultural entertainment throughout the day.

*Time: 11am-4pm*

*Cost: FREE admission*

**Sunday, Oct 8**

**11TH ANNUAL TROY  
CHOWDERFEST**

@River Street, Troy

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*Time: 12-4pm*

*Cost: FREE*

## Wednesday, Oct 11

**GIRLFRIENDS HELPING GIRLFRIENDS – A GIRLS’ NIGHT OUT**

@Longfellow’s, Saratoga Springs  
Join us for a girls’ night out complete with couture, pampering, great food and drink, silent auction and shopping. The evening will include a fashion show featuring local vendors. The proceeds will support the work of Wellspring with the survivors of domestic violence and sexual assault.

*Time: 6-9pm*

*Cost: \$50 in Advance, \$75 at the Door; \$100 Honorary Committee*

## Saturday, Oct 14

**17TH ANNUAL GREAT PUMPKIN CHALLENGE TO BENEFIT SARATOGA BRIDGES**

@Saratoga Spa State Park, Saratoga Springs

Enjoy a 5K (walk or run) and 10K (run) through the beautiful and historic Saratoga Spa State Park or a Fun Run for kids 12 and under. Costumes are welcome! For safety reasons, we ask that no dogs are brought to the event unless they are service dogs.

*Time: 9:30am-12pm*

*Cost: \$25 (by 10/1) for 5K & 10K; \$28 (by 10/11 - online registration ends on 10/11 at 10am); \$30 (in person only after 10am on 10/11 and before 6pm on 10/13); \$5 for Kid Fun Run*

## Saturday, Oct 14

**THEORY OF A DEADMAN PERFORMING**

@Upstate Concert Hall, Clifton Park  
Come see the platinum-selling Canadian quartet perform in Clifton Park! Watch Tyler Connolly on lead vocals and guitar, David Brenner on rhythm guitar, Dean Back on bass and Joey Dandeneau on drums.

*Time: 7pm*

*Cost: \$20 in advance; \$23 day of show*

## Sunday, Oct. 15

**SPECIAL OLYMPICS SARATOGA RUNDEAD**

@Saratoga Spa State Park, Saratoga Springs

Get ready to go on a competitive treasure hunt/geocache event sponsored by Death Wish Coffee. Registration opens at 12:30pm at the Orenda Pavilion and the race begins at 2:30pm, with awards at 3:45pm. You will have one hour to locate three geocaching containers in the park, following a treasure map, to be entered to win the grand prizes. The Orenda Pavilion is easily accessible from the parking lot on the east side of Route 50 near SPAC. There will

be a short trail into the woods to the pavilion area inside the park.

*Time: 2:30*

*Cost: \$35 for human/zombie; \$25 for junior human/zombie*

## Sunday, Oct 15

**ANNUAL CRAFT FAIR**

@Shaker Road Loudonville Fire Department, Loudonville  
Crafters wanted! Shaker Road Loudonville Fire Department Ladies Auxiliary is hosting their Annual Craft Fair. Spaces are approximately 8’ x 6’. Some electric spaces available; first come first served. Handmade items preferred.

*Time: 10am-4pm*

*Cost: \$25 for one space; \$40 for two*

## Tuesday, Oct 17

**TIME MANAGEMENT: WORKING SMARTER, NOT HARDER**

@Chamber of Southern Saratoga, Clifton Park

As a small business owner, the demands on your time can become overwhelming. During the seminar, attendees will be provided with an overview of understanding the challenges of managing your time, prioritizing responsibilities and tasks for success, developing a system that will work for you and time management strategies and tips. Contact kbaker@albany.edu for more information.

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Time: 7:30-9am  
 Cost: \$10.00/attendee; advanced registration required, walk-ins not accepted

**Tuesday, Oct 17**

**NETWORKING BREAKFASTS**  
 @Brookside Nursery, Ballston Spa  
 Experience a great way to share and promote your business or organization with others in the community. Breakfasts are open to all. RSVP to 885-2772 or info@ballston.org.  
 Time: 7:30-8:30am  
 Cost: \$5 with advance reservation; \$10 that morning (both payable at the door)

**Thursday, Oct 19**

**4TH ANNUAL PHILANTHROPY AWARDS**  
 @Van Patten Golf Club, Clifton Park  
 Help us improve the lives of others locally, regionally and globally! This special event revolves around our firm's mission to help support and recognize the extraordinary humanitarian efforts and achievements of some amazing charitable organizations. Nominated by our clients for demonstrating sustainability, fiscal responsibility and strong family values, these organizations need both greater

community awareness and funding to help further their outreach.  
 Time: 6:30-8pm  
 Cost: FREE

**Friday, Oct 20**

**TO LIFE!'S ANNUAL PINK BALL**  
 @Hall of Springs, Saratoga Springs  
 The Pink Ball is an elegant black tie event to celebrate community leaders who have helped those dealing with breast cancer. Evening includes hors d'oeuvres, dinner, dancing and a fabulous auction. All proceeds are used to fund To Life!'s extensive education programs, support services and wellness programs held throughout the year. Visit www.tolife.org for more information.  
 Time: 6:30-11pm  
 Cost: \$200/person

**Friday, Oct 27**

**BOO-JOLAIS VAMPIRE BALL**  
 @Albany Capital Center, Albany  
 The Alliance for Positive Health's signature event returns this year as the BOO-jolais Vampire Ball! This fun evening features food samplings from the area's best restaurants, complimentary wine tastings, live entertainment, dancing, the region's best silent auction and much more!

The VIP Reception will go from 5 to 6 p.m. with the main doors opening at 6 p.m.  
 Time: 5-10pm  
 Cost: Varies; \$90 standard ticket

**Saturday, Oct 28**

**HALLOWEEN SPOOKTACULAR**  
 @New York State Museum  
 (4th Floor Terrace), Albany  
 This event will feature crafts, games, dancing, story-telling and spooky science. Costumes are encouraged—we will have a children's costume

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# CALENDAR OF EVENTS

parade at 3pm. Come out for a Spooktacular time!

Time: 12-4pm

Cost: FREE

## Saturday, Oct 28

2017 SARATOGA DBA FALL FESTIVAL

@Downtown Saratoga, Saratoga Springs  
Bring the whole family to celebrate

the fall season in beautiful downtown Saratoga Springs with fun and games including rock climbing wall, musical performances, magic shows, trick or treating, petting zoo, costume parade and more!

Time: 10am-6pm

Cost: FREE



## Sunday, Oct 29

TRUNK OR TREAT

@14 Jarose Pl, Clifton Park  
Parkside Church and The Mission Community Church are hosting a Free Trunk or Treat community event! This event will be held rain or shine and is open to all ages. There will be entertainment, fun & lots of candy! Check out [www.parksidecc.org](http://www.parksidecc.org) for more information.

Time: 5-6:30pm | Cost: FREE



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# Saratoga Arts Events

Contributed by Emma Huneck, Saratoga Arts

## At the Clifton Park-Halfmoon Public Library...

OCTOBER 3 THROUGH OCTOBER 30, 2017

### "Earth... Sea... Sky": Photographs

by Gary Larsen

Gary Larsen has been deeply interested in photography for over 30 years. He is now living in the Adirondack Mountains of Upstate New York and travels widely. Drawn to the influence of light on the texture and shape of landscapes and structures, his subjects can be near and far.

### "Landscapes, Flowers, and Figures": Paintings

by Jeff Kramer

Jeff Kramer wishes to portray the natural world around us with nuance and freedom and originality. He hopes to capture the emotional world around us in its people and places.

*You're Invited!*

## SARATOGA ARTS' ANNUAL SOIREE

Honoring Marcia White

November 1, 2017 5:30-8:30pm

Longfellows Restaurant

Tickets are \$75 per person and may be reserved in advance by calling 518-584-4132

### Don't Miss:

Intangible Roots, featuring the artwork of Kevin Cieplensky, Greg Cuda, and Andrew Dines on display at Saratoga Arts throughout the month of October.

**GALLERY HOURS:** Monday-Friday, 9am-5pm  
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Town Board Members.....	371-6651	Town Court, 5 Municipal Plaza .....	371-6668	Receiver of Taxes <i>Lorraine Varley</i> .....	371-5720
Animal Control Officer .....	371-6756	Storm Water Management Technician		Director of Safety and Security	
Town Attorney <i>Tom McCarthy</i> .....	371-6651	<i>Scott Reese</i> .....	371-6054	<i>Lou Pasquarel</i> .....	348-7311
Assessor <i>Walter Smead</i> .....	371-6460	Director of Communications & Tech		Town Security Officers .....	369-6651
Building & Development Director		<i>Dahn Bull</i> .....	371-6651	Sewer Director <i>Mike O'Brien</i> .....	348-7313
<i>Steve Myers</i> .....	371-6702	Highway Superintendent <i>Rick Kukuk</i> ...	371-7310	Transfer Station Supervisor	
Building & Grounds Director		Parks and Recreation Director		<i>Jeff Vedder</i> .....	371-6669
<i>Mike Handerhan</i> .....	371-6651	<i>Myla Kramer</i> .....	371-6667		

If the person you wish to reach is not on the list above, please call 371-6651 to speak to a receptionist who will direct your call to the appropriate individual or department. The Town's office buildings are open from Monday through Friday, 9am to 5pm, excluding holidays. The Town Clerk's Office is open until 7pm every Thursday. The Building and Parks and Recreation Departments are open at 8am Monday through Friday.



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**Sat.** 10:00 - 2:00

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