

JULY 2017

CLIFTON PARK

AN EXCLUSIVE MONTHLY PUBLICATION
FOR RESIDENTS

Neighbors

Frank Berlin

Passionate
About
Community



Best Version Media
Cover photo by Mark Bolles

Frank Berlin with Clifton Park Junior Girl Scout Troop 2158
who helped him install bird boxes and plant wild flowers.

ALL THINGS BASEMENTY!



Wet Basement?



Egress Windows?



Sump Pumps?



Foundation Cracks?



Damp Crawl Space?

Basement Waterproofing • Humidity & Moisture Control • Egress & Basement Windows • Bowing Walls • Foundation Settling • EZ Post Helical Deck Piers • Concrete Lifting & Stabilization • And Nasty Crawl Spaces Too!

Act Today!

866-901-1048

CliftonParkBasement.com

Kevin Koval's

Adirondack Basement[®]

Responsible Waterproofing[®]

Systems

Basement & Foundation Specialists[®]



**OPHTHALMIC
CONSULTANTS**
of the Capital Region

■ Taking care of your vision

SO YOU CAN TAKE CARE OF EVERYTHING ELSE

At Ophthalmic Consultants of the Capital Region we understand that having the best vision possible is important to living your life to the fullest. With the latest technology and treatments, over 200 years of combined clinical experience, and specialists in Retina, Glaucoma, and Neuro-Ophthalmology. You can trust your vision to us.

- Complete Eye Examinations
- Specialty & Laser Cataract Surgery
- Glaucoma Treatments & Surgery
- Minimally Invasive Glaucoma Procedures
- Macular Degeneration Treatment
- Retinal Surgery
- Diabetic Eye Disease Treatment
- Advanced Dry Eye Treatment

Five Convenient Locations:

Albany, NY • Clifton Park, NY • Schenectady, NY • Schodack, NY • Troy, NY

ADVANCED EYE CARE. HOMETOWN CONVENIENCE.[™]



MyOCCR.COM



777.2777



Best Version Media®

PUBLICATION TEAM

PUBLISHER Jill Behunin

CONTENT COORDINATOR Jenna Caputo

DESIGNER Kelly Anderson

CONTRIBUTING PHOTOGRAPHER MarkBolles.com

CONTRIBUTORS

Pete Bardunias, The Chamber of Southern
Saratoga County

Jenna Caputo, Silverpen Productions

Emma Huneck, Saratoga Arts

John L. Scherer, Clifton Park Town Historian

Maria Mesier, ExtendHer

Dollars for Scholars, Bilal Salam and Ann White

Weight Loss, Capital District Wellness

ADVERTISING

Contact: Jill Behunin **Phone:** (518) 441-5952

Email: jbehunin@bestversionmedia.com

COMMUNITY SUBMISSIONS

Have feedback? New ideas? We would be happy to hear from you! Please contact Jenna Caputo at jcaputo@bestversionmedia.com for information on how to submit ideas, articles, updates, reminders, events, high-resolution photos and more. We will do our best to include as much community information as we can within our space limitations.

MAGAZINE DEADLINES

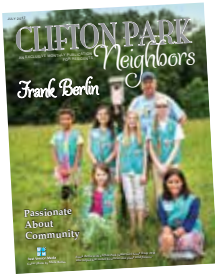
Please submit your content by the 10th of each month.

Any content, resident submissions, guest columns, advertisements and editorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted. All content submitted is done so at the sole discretion of the submitting party. © 2017 Best Version Media. All rights reserved.

© 2017 Best Version Media

ON THE COVER

Frank Berlin and
Clifton Park Junior
Girl Scout Troop 2158



Dear CLIFTON PARK RESIDENTS ★★★★★★

Happy Independence Day! We are now in the midst of summer and hopefully everyone is enjoying some outdoor fun. We are lucky to have so many wonderful resources in our area to enjoy various outdoor activities. Have you ever taken a moment to think about what would happen if these resources were gone?

The sad truth is that many of them are fading away. Luckily for us, we have people like our cover story, Frank Berlin, president of Friends of Clifton Park Open Space, to guide us in saving them! Many have already joined him in his mission and the numbers of support keep growing. Check out his story (page 6) and then give him a call to see how you can help too. There are numerous ways, both big and small, that the community can be involved and make an impact.

We have so many talented people in our community making a difference every day. This month's Student Spotlight (page 5) features Bilal Salam, a young man who has been giving back to the organization and community that sponsored him as he headed off to school. Maria Messier (page 4) created a product that has been helping women everywhere and is getting local and national attention and support. And Annie Stiles' new book (page 11) has hit the shelves just in time for those summer beach vacations.

We so love hearing your stories about your accomplishments and the things happening in the community. Please keep them coming! Send any story ideas to jcaputo@bestversionmedia.com.

Jenna ★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★



JILL BEHUNIN,
PUBLISHER



JENNA CAPUTO,
CONTENT
COORDINATOR



MARK BOLLES,
CONTRIBUTING
PHOTOGRAPHER

EXPERT CONTRIBUTORS

To learn more about becoming an expert contributor, contact BVM at jbehunin@bestversionmedia.com or phone 518-441-5952.

BASEMENT/CRAWL SPACE SOLUTIONS



**Adirondack Basement
Systems**
866-901-1048
CliftonParkBasement.com

EYE CARE



**Ophthalmic Consultants
of the Capital Region**
518-438-5273
ophthalmicconsultants.
com

SOLAR ENERGY



**Lotus Energy Solar
Systems**
Choppy Wicker
518-930-4681
www.LotusSolar.com

AGING ADVICE



Baptist Health System
518-370-4700
www.bapthealth.com

WEIGHT LOSS



Capital District Wellness
518-489-2628
weightlossalbanyNY.com

CONTENT SERVICES



Silverpen Productions, LLC
518-330-3685
silverpenproductions.com

PHOTOGRAPHY



**Creative Photo and
Graphic**
518-490-1757
PhotoAndGraphic.com

Local Product Invention Advances in InnovateHer Challenge

Contributed by Maria Messier

Congratulations to Joanne Frank of Rotterdam and Maria Messier of Clifton Park for winning the Capital Region InnovateHER 2017 Women Business Challenge!

The Small Business Administration (SBA) is searching, with local sponsorship from The Community Loan Fund of the Capital District and Key Bank, for innovative products and services that impact and empower the lives of women and families.

Challenge contestants (11 businesses in total) created a presentation and pitched their ideas to a panel of judges, tasked with choosing the business that best fit the criteria. Joanne and Maria's business won first prize, \$1,700 generously donated by Key Bank. If selected by SBA as a finalist they could go to Washington, DC to pitch for one of three grand prizes: \$40,000, \$20,000 or \$10,000, to help with promoting their business.

Their business is called Extendher, LLC. The product is a patent-pending clip-on jacket extension panel that enhances coats or garments by making them larger. It is one product offering two modes of function making it ideal during pregnancy and after while babywearing.

This idea came from Maria when she was pregnant with her second child in the cold winter months; she was freezing and couldn't close her coat. She used her husband's coat, but felt like a box. This sparked an idea; why not create a panel that would provide more room for an expanding belly? The complexity of her new life took over, and her idea was filed away. The following fall, she became pregnant again, but this time with twins. She quickly found herself in the same situation; unable to



zip her coat. While at a family party, she casually mentioned her idea to her Aunt Joanne. With over 40 years of fashion design

experience in the industry, Joanne immediately saw the potential. During the design process, Joanne realized that the extendher™ could also function as a babywearing cover when it was inverted. Prototypes were made and tested by expecting moms. She also designed a unique clip-on attachment, which was more versatile than matching zippers. These clips enable the extendher™ to attach to any coat, jacket or vest of any length, and for any season. It can be shared with any family members, babysitters or anyone wanting to wear the new baby. This versatility makes the extendher™ a great gift for new or expecting moms, dads and even grandparents. Their product slogan is "Ready to wear, easy to share."

Joanne was looking for her next design venture just as Maria was looking for a solution to a problem. Together they formed a company in March 2015 and are growing each year. They are happy to say that the extendher™ is made in the USA with production locally in Troy and Little Falls!

For more info, visit their website: www.theextendher.com ■

CROWTHER CONSTRUCTION

Kitchens, Baths, Custom Closets, & Remodeling

518 435-5733

crowtherconstruction.net

INDOOR SEATING AVAILABLE

DeVoe's Rainbow Delights

HARD AND SOFT ICE CREAM, SANDWICHES, PANINIS, HOT DOGS, HAMBURGERS, WRAPS.

518-371-8397 Orchard

518-371-4033 Ice Cream Shop

1569 Rt 9, Halfmoon, NY

ICE CREAM SHOP
Open 11am-9pm Daily

ORCHARD
Open 9am-6pm Mon-Sat.

DEVOE'S
RAINBOW ORCHARDS
"Fresh & Nothing But the Best"

Bilal Salam, Dollars for Scholars Recipient, Gives Back to Show His Gratitude

By Bilal Salam and Ann White

Shenendehowa
Dollars for
SCHOLARS
A Program of Scholarship America®

Five years ago, Bilal Salam graduated from Shenendehowa High School and was accepted into the Computer Science program at Rensselaer Polytechnic Institute. He applied for a Shenendehowa Dollars for Scholars (DFS) Scholarship and was awarded a \$500 award based on his academic achievement (95.7 GPA), community



and school service, personal essay and letters of reference. The evening he received the award he asked how he "could give back." As it happened, DFS chapters had just received word from Scholarship America, our parent organization, that a brand new online application had been developed and must be

implemented by every chapter in the United States. So Bilal's request was not only timely but critical to the future success – in fact to the very existence of Shenendehowa Dollars for Scholars! He has faithfully served as our volunteer Super Administrator ever since, and deserves credit for the fact that a total of \$233,200 has now been awarded to 370 students.

Bilal's volunteer duties have included four years of mentoring high school students at Shenendehowa and Hudson High School in Robotics. He enjoys gardening with his father, weather permitting. A great role model for his peers, Bilal is grateful to his parents for their support of education and proud of his Muslim heritage.

This May, Bilal, a Dean's List student, earned a Master's degree along with his Bachelor of Science at RPI. His junior year internship in software engineering at a local corporation has led to a full-time position with that firm. He continues his volunteer work with Shenendehowa Dollars for Scholars, making improvements to the online application process.

Thank you, Bilal, for all that you do to support Dollars for Scholars, and congratulations on your accomplishment!

To learn more about Shenendehowa Dollars for Scholars, or to donate, go to www.shenendehowa.dollarsforscholars.org. ■

Nourishing Minds Tutoring

School struggles? Homework struggles?

A professional tutor can:

- Build Confidence
- Raise Grades
- Eliminate Stress

We specialize in reading, writing, math, common core, and autism support.

In-home tutoring services Grades K - 8

1 Assessment & 1 Tutoring Session FREE (a \$99 value)

518-415-2423

www.nourishingmindstutoring.com

Albany | Saratoga | Chatham

Beautiful Everything a driveway should be.
& BUILT TO LAST

WE MAKE IT EASY
Free detailed, written quotes, Better Business Bureau A+ rating, references provided with driving directions.

Call **518.479.1400** or request a FREE estimate appointment at www.broweasphalt.com

L. BROWE ASPHALT SERVICES

Driveways | Parking Lots | Tennis Courts | Private Roads

VISA MasterCard DISCOVER BBB



Frank Berlin

Passionate About Community

Frank and Nancy Berlin

COVER STORY

By Jenna Caputo

Photos by MarkBolles.com

Meeting with Frank Berlin is a story-lover's dream. Full of energy, Frank is always ready to make a difference – whether by saving a piece of nature, educating a new student or just by brightening your day a little by making you smile. He has a lifetime full of interesting stories, filled with characters that instantly spark a writer's creativity. As with any good teacher, he naturally educates as he speaks and his fun personality is conveyed in everything he does. He also knows how to get things done. By the time we met at 9:30 in the morning, he had been out and managed to accomplish more in those early couple of hours than most people do in an entire day.

Born in Bound Brook, New Jersey, he lived with his family above a Pep Boys auto store in Plainfield for the first few years of his life. Then they moved to Watchung, NJ, where he lived until he was 20. Watchung was a small town. His school had four rooms for eight grades and there were only 12 kids in his class up until high school, when they were sent to North Plainfield to finish their schooling.

They also had a lake that provided hours of entertainment. In the summer, the kids lived outside, picking up soda bottles to earn 10 cents a case. They played basketball, softball, fished and hunted rabbits and squirrels. In the winter, they played hockey on the lake. Having so much nature only 27 miles from New York City was a special treasure growing up. It provided a great foundation for Frank's love of nature and his passion for protecting it. Sadly, Frank says the town is now wall-to-wall houses and the stream is all dried up.

Frank is in constant amazement at his success in life. Coming from simple beginnings, he still marvels at where he is now and the experiences he had getting here. Perhaps it is because of this early foundation that he was able to make a difference in the lives of others. An immigrant child, Frank's mother was originally from Germany. She worked as a nanny for an opera singer when she came to the U.S. His father was from Sweden. He became an apprentice on a ship training to be a Danish baker. They met at night school, where they were both learning English. Frank grew up with a "get a job and work hard" mentality. They didn't have

a vacation for 16 years, but he never once felt like he was suffering or missing out on anything. Their life was filled with laughter and friends and all the comforts a person really needs.

Frank worked odd jobs here and there but after graduation a friend of his informed him about an opening on a Garden State Parkway Survey team. It was great pay and he always liked being outdoors so he took the job. He bought a 1949 Ford Convertible to cruise around in, meeting the group at the bar at the end of the day. It was a good life for a young man. He enjoyed the work and it sparked an interest in engineering. But then he had to join the Army and was sent to Fort Dix, NJ for his basic training.

He ended up at the base longer than usual because he contracted pneumonia and wound up in the hospital for 34 days. His friends had moved on to their stations or over to the Korean War by the time he was out. One of his friends came back from the war and warned him about how awful it was. He told Frank to say he knew how to type if anyone asked. When he got out of training, Frank was stationed at the South Park Military Reservation in Pittsburg, PA. When the question did come up, he remembered this advice, and because of his high school typing class he was able to become the clerk typist while stationed at an anti-aircraft battery in Blawnox, PA.

The Army had a provision to allow the boys out a couple of months early for college acceptance. He didn't know if he was cut out for college, but wanted to give it a shot. Not knowing anything about any of the colleges, he decided to apply to schools in good ski locations since he liked to ski. But by then, he was too late with the applications and missed many of the deadlines. He then applied to midwestern schools and received acceptance letters from Purdue and The Ohio State University. He picked OSU, but didn't do well on the entrance exams, so he found himself once again faced with a decision – either take remedial classes first, or go home, take some classes there, then reapply. He was ready to go home but his Captain told him if he went home and back to his buddies, he'll never go back to college. Frank realized the Captain was right and went off to school.

Remembering his earlier job on the Parkway, Frank enrolled in a 5-year civil engineering program. They had to take well-rounded courses, including English, where they learned to write by writing every day. Many of the boys in class were fresh out of the service so they all wrote stories from their military experiences. It made things interesting. Never being much for school in the past, Frank was surprised. "I found out I loved learning," said Frank.



Frank helped place 41 bee boxes in conjunction with Southern Adirondack Honey Bee Association.

"I couldn't believe it! I loved going to school! I was really a student."

Despite loving what he was doing, Frank realized he was not cut out for engineering but he wasn't sure what else to do. During a visit home, he talked to his 8th grade teacher who suggested Frank become a math teacher. "I cried when I dropped engineering," said Frank, but he knew it was something he needed to do. He enrolled in the education college and soon excelled in his new field.

His parents had retired to Florida, so in between his schooling, he lived with his wife's uncle and fished with a man who would eventually become his father-in-law. One day the man's daughter came out with them. "I helped her out of the boat," remembers Frank with a twinkle in his eye. "I became smitten." They planned on marrying when he graduated college. Two days before the wedding, he had a job interview for a position at Shaker High School in North Colonie. The school was beautiful – brand new with wall-to-wall carpeting. They offered him a job on the spot, but he surprised them by saying he wanted to think about it. He had an interview in Goshen, NY the next day

REIKI MEDITATION MEDIUMSHIP SPIRITUALITY CLASSES



Creative Healing
Energy Center

987 New Loudon Road, Latham, NY
spirittreeconnections.com

CREATIVITY COACHING WELLNESS WORKSHOPS SHOPPE

and he wanted to check it out. He went to his second interview, this time at more of a city school. He took one look around, walked across the street to a pay phone and called Shaker. "I'll take the job," he said.

Two days later, he and his new wife, Nancy, were off on their honeymoon in Cape Cod. They had no reservations or anything planned, but lucked out and had a wonderful time. Once they returned home, they started on their journey to the Capital Region, eventually settling in Clifton Park. He began his new job at Shaker and continued his studies. He took masters' classes in the summers at Boston College. "Man, did we learn mathematics. Did we BREATHE mathematics. Even every table napkin had math on it!" he says. "Math is all mental – representative. I learned the *why* of math." He continued taking grad courses at various local colleges near home including Albany State, Siena and RPI. He also received two national science grants to take intensive courses at Simmons College and Boston College.

Teaching was obviously meant to be. Even as we talked, he was teaching me and trying to jog my memory of some long-ago math, using scraps of paper we had around to illustrate as we went along. Obviously touched by his own professors, he relived anecdotes of some of his former students and experiences in the classroom himself. He believes that all kids are smart. You just have to find the right way to reach them. One of his special students has since gone on to receive high honors in his life. He requested Frank attend one of the honor ceremonies as the teacher who inspired him at the start of his mathematics education. It was a moment that Frank treasures and he still tears up as he tells how the two continue to keep in touch to this day. Frank may now officially be retired on paper, but it's obvious that the teacher is still working inside him, as he inadvertently touches all those he meets.

Frank spent 32 years teaching at Shaker, growing his own family to three children and four grandchildren. He loves to visit Schroon Lake and the Zankel Music Hall at Skidmore College, calling it the secret treasure of the Capital Region. But his real passion now is directed to preserving the open space and natural resources in our own area. An environmental advocate, he is the president of Friends of Clifton Park Open Space and works daily to preserve the resources that are so unique to the Capital Region. One of his passion projects is helping save the



Clifton Park Junior Girl Scout Troop 2158 learned about nature and ecology while helping Frank install bird boxes and plant wild flowers at the Clifton Park Transfer Station. Not only will their effort beautify the transfer station, it will also help build an ecosystem that supports birds, bees and butterflies. Girl Scouts pictured: Annika, Adama, Katherine, Eliana, Samantha, Selena

honeybees that are disappearing in alarming rates due to pesticide use as well as a colony collapse disorder problem. The project began with an article. "I had read an article in the *Smithsonian Magazine* about a man that was doing research on the type of swarm boxes honeybees prefer. I thought, why not provide a swarm box for honeybees in Clifton Park. I was fortunate to find a gentleman named David Wood, who is now the past president of the Southern Adirondack Honeybee Association. I learned a lot from David and he has been extremely helpful."

They give out boxes every year and have had success in saving swarms from several areas. They're hoping to provide more refuges and to enlist the help of the whole county, as well as the state, in preserving such a vital part of our agriculture. He feels his biggest success, though, is the awareness that people now have about the importance of saving the honeybees from the harmful things we have been doing to our environment. He has a few tips on how to help. "Stop using herbicides that kill the clover and dandelions. Stop spraying herbicides on the side of the road to kill the wildflowers. There is no reason we can't mow them later in the fall. Planting flowers in general are good, but especially let any native flowers come up. We need to look for opportunities to provide pollen for the honeybees. The Girl Scouts scattered 90 lbs. of sunflower seeds down at the Clifton Park Transfer Station. This is their 5th year that they have been creating a meadow for

birds, butterflies and bees and it has been a tremendous success. We have stopped mowing it like a golf course and let nature use it by providing bounty for the birds, butterflies and bees. The girls have done a great job and they are getting awards for what they're doing. We also now have eight bluebird boxes down there and two bat houses."

Open Space is quickly expanding and receiving more support and recognition than they expected. People are interested in protecting their environment and now is the time to act. Frank has several other Open Space projects in the works and is always on the lookout for a new mission to make the Capital Region better and kinder to the environment. He encourages everyone to take an interest in their surroundings. "See what's going on and think before you do things. Stop with the sprays and poisons and let the dandelions be. Remember that you can't always trust the government to make the right judgments. Take action yourself," he advises.

"The best thing about this is I've met a lot of great people since I've been involved," says Frank. "It's been a great experience. I've had help from a lot of people and support from businesses, judges, donations, etc. I do this because it makes my heart feel good. I'm very fortunate to live in this area. We have to save open space for future generations. I saw what happened in NJ and I don't want

that to happen here."

When we finished speaking, Frank's day still wasn't done. He was off to join in an organized monthly walk and had a few other things on his to-do list too. He is a humble man and shakes his head in wonderment at his success in life and all the attention he is receiving. "Why me?" he asks. "Who would have ever thought," he shakes his head again. But I can see why. Some people just "have it." Some people touch others wherever they go, even if it's just in an interview for a story. They leave smiles on the faces of all they meet. Good teachers spark something in their students and push them to their highest potential. Great teachers push them to the stars and end up leaving a piece of themselves to be spread out into the world, influencing people and events for generations to come. I think there is a lot of Frank Berlin out in this world....

There are many ways for the community to be involved and help with preserving the open space in our area. For more information and a list of upcoming events, visit <http://cliftonparkopenspaces.org>. ■

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at jcaputo@bestversionmedia.com.

Introducing Our

RED CARPET GUARANTEE

0% DOWN

You Don't Pay Until Completely Satisfied

0% INTEREST

Up To 5 Years Credit Qualified

50% OFF
Total Installation





We Will Buy Back Your Old Windows!

\$100 per window

50% OFF
Sale!

50% OFF
Total Installation



Our sturdy, well insulated siding will help keep your family comfortable year round.

- 18 Styles & 26 Decorative Colors
- Easy in-home financing. All applications accepted!
- Save up to 50% on your energy costs (call for details).



CALL NOW and receive a FREE \$25 Dinner Gift Card for taking a look

RESIDENTIAL IMPROVEMENTS

— IT'S ALL ABOUT YOU —

Local Company with National Ties!



1-518-451-9487

www.improveyhomenow.com

LOSE 3 INCHES OR MORE of Body Fat in 32 Minutes

LIGHT THERAPY & How it Works

Specific wavelengths of red light force your fat cells to release their fat, allowing the contents to be metabolized and eliminated from the body naturally.

There Are No Side Effects Whatsoever

Gentle LED red light technology allows us to spot treat and shrink traditionally hard to reduce belly fat. This includes thighs, belly, upper arms, buttocks, face & chin, or anywhere you have fat or cellulite!

*Only device FDA cleared
for non invasive immediate
fat loss without cell damage,
without pills, or surgery.*

- ✓ No Downtime
- ✓ No Bruising
- ✓ No Side Effects
- ✓ Same Day Results
- ✓ FDA Approved
- ✓ No Pain

We are So Confident
in Our Results We are
Willing to Prove it!

Introductory Session

ONLY \$99
Until Further Notice



CALL NOW (518) 489-2628

**CAPITAL DISTRICT WELLNESS
MANAGEMENT SERVICES INC.**

1375 Washington Ave., Suite G102,
Albany, NY 12206

WeightLossAlbanyNY.com



Avoid "Portion Distortion"

Contributed by Capital District Wellness

When you're trying to lose weight, one of the best skills you can learn is accurately sizing up portions.

Studies show that almost everyone – heavy people and thin ones, nutrition experts and normal folks – underestimate how much they're eating a lot of the time.

People tend to underestimate what they're eating... by 20 to 40 percent.

Try these three easy tips to measure your portions without having to break out your measuring cups:

1. Compare things: 3 ounces of meat or protein is about the size of a deck of cards, a medium potato is the size of a computer mouse and a 1/4 cup is the size of a golf ball.

2. Use your hand: for small-framed women, 1 teaspoon is about the size of the tip of your thumb, 1 tablespoon is the size of your thumb and 1 cup is the size of your fist.

3. Measure once: when you're at

home, you're using the same bowls and utensils over and over again. Find out how much they hold. Measure out the amount of soup that your ladle holds. If it's 3/4 cup you'll know forever that two scoops equal a satisfying 1 1/2 cup serving. On the flip-side, you can measure out a given portion of a particular favorite food and serve it in the dish you'll almost always use when you eat that food. Once you know that one serving of something reaches only halfway up your bowl, you'll know to stop there.

Tip: Cooking individual-size portions like Broccoli & Goat Cheese Soufflé, which is made in a 10-ounce ramekin, will help you control how much you're using without even thinking about it.

Capital District Wellness Management Services specializes in offering unique and effective fat loss programs to help

individuals reach and maintain their goals. We offer exclusive LED Red Light fat loss technology as well as metabolic programs with the concept of long term fat loss. Call 518-489-2628 or go to www.weightlossalbanyNY.com for more information. ■



**Butter, Sugar,
Flour & Love**



**3 Curry Ave, Round Lake NY
(518) 899-LEAH
www.leahscakery.biz**

Local Author Annie Stiles' Latest Book Is Out!

Contributed by Marisa Kane

Annie Stiles' second book in the Heritage View series, *Engaged in Heritage View*, is now available. Find it on Amazon.com!

Ambitious workaholic attorney, Kate Loudon, lives by her five-year plan. She listens to her head more than her heart, which is why she broke it off with irresistible Scott Hunter after an intense fling in college. Her father's health is in jeopardy, and the doctors say it's time to retire. Past time. The family is concerned, but he's as much of a control freak as his daughter. Her dad can't seem to close the book on his lawyering days until he knows his youngest daughter is as happily settled as his eldest, Kate's perfect sister, Amanda.

Kate realizes she has to pull out all the stops, which leads her to do the unthinkable. She contrives a fake engagement with "the one that got away." Her former

college love is no pushover and he won't be controlled by Kate. Scott leads with his heart, and he wants her, but he's going to be sure to keep Kate on her toes and inject as much reality into their fauxmance as he can. Instead of being handled, he grabs the keys to her heart and rekindles the sparks between them. For someone with a plan for everything, Kate's life turns upside down. Can the gal who follows her head change her plans for the guy who follows his heart? ■



Do you have something creative to share? We are looking for local submissions for original poetry, photography, publication notices, quotes, recipes, original artwork – anything creative! Send submissions to jcaputo@bestversionmedia.com.

Do you own Commercial or Residential Rental Real Estate?

Would you be interested if you were offered a dollar in exchange for a dime?

Cost Segregation is an IRS Approved Tax Savings Strategy to do just that by lowering your taxable income.

WANT TO LEARN MORE?

Call today for your **FREE** consultation

518-587-4800

 **KPM Group**
Tax Advisory Services
TURN A DIME INTO A DOLLAR

REAL ESTATE TAX STRATEGIES

Cost Segregation Studies
Partial Disposition Analysis
Repair & Maintenance Studies
Research & Development Studies

125 High Rock Ave, Suite 107, Saratoga Springs, NY 12866

www.kpmgrouptax.com

Completely Digitized and Modern Facility

Monday 7-4 Tuesday 7-5 Wednesday 9-6
Thursday 8-5 Friday 8-1



Halfmoon Family Dental

Gary H. Swalsky, DMD

Saira A. Ahmed, DDS

1456 Vischer Ferry Rd.,
Halfmoon, NY 12065

518-348-1999

www.HalfmoonFamilyDental.com

- Implants placed and restored
- CT Scan guided implant dentistry
- Full mouth rehabilitation
- Orthodontics
- Invisalign
- Root canals
- Crowns & Bridges
- Wisdom teeth removal
- Pediatric dentistry
- Emergencies welcome
- Same day crowns through CAD/CAM dentistry
- All modern technology

New Patients & Referrals Welcome

The Good Old Summer Time

By John L. Scherer

This photograph shows picnickers on the bridge over the sluice-way to the Vischer Mill, Vischer Ferry, on July 4, 1891. At the end of the nineteenth century and the beginning of the twentieth century as traffic on the Erie Canal waned, Vischer Ferry became a resort community and was a destination of many summer visitors from out of town. Some would arrive to picnic for the day, some would spend a weekend or perhaps the entire summer staying at the Vischer Ferry Hotel on the site of the present fire house or at Mrs. Van Vranken's Boarding House on Riverview Road. Folks would arrive by horse and carriage crossing the river by ferry, or arrive by train at the Rosendale Station in Colonie and walk to the ferry. Between 1900 and 1902 one could take a toll bridge across the river, but the winter ice destroyed it.

The fun way to arrive at Vischer Ferry was on an excursion boat from Schenectady, the Kittie West, along the old Erie Canal. A booklet entitled *Beautiful Vischer Ferry* was printed in 1907 extolling the healthful atmosphere and



historic sites of Vischer Ferry. Today, visitors to the Vischer Ferry Historic District can still enjoy the atmosphere of a typical mid-nineteenth century era canal hamlet, and can hike, bike or ski along the remains of the canal on the original towpath within the six hundred acre Vischer Ferry Nature and Historic Preserve. Enjoy the summer! ■



The Areas
Newest Distributor for

Wood-Mode
FINE CUSTOM CABINETRY

BROOKHAVEN
CABINETRY
by WOOD-MODE

HOURS:

Mon. Tues. Wed. 8:30 - 5:00

Thurs. 8:30 - 8:00

Fri. 8:30 - 5:00

Sat. 10:00 - 2:00

EVENINGS BY APPOINTMENT

518 688-0898

144 Freeman's Bridge Rd.

Scotia, New York 12302

(A Division of Solid Surface Craftsman)

After 10 years we have moved to a New Larger Facility **paulperrykitchens.com**

Welcome to the Neighborhood

By Pete Bardunias, President/CEO, the Chamber of Southern Saratoga County



Chamber of Southern Saratoga County representatives were on hand to help celebrate the official grand opening of a joint location of **Adirondack Trust and Stewart's Shops** at 51 Luther Forest Blvd in Malta on May 19. Enjoying ice cream alongside "Flavor the Cow" are (L-R): David Snyder of Adirondack Oral and Maxillofacial Surgery, the CSSC's 2017 Ribbon Cutting Sponsor; Garry Packer



of Walton Realty Group; CSSC Vice President Liz Roggenbuck; Linda Tepper of the Tepper Group; Beth Silvestri of the Brookside Museum; Rich Griesche of Catskill Hudson Bank; and Tom Cronin of Success Public Relations. Rich had better watch out, it appears that Flavor is going for his wallet. Perhaps he wants to make a deposit at the new branch!



A reception was held at the Hilton Garden Inn in Clifton Park in early May for the grand opening of a new type of real estate listing service, **WhoWantsMyListing.com**. The company's strategy is that "when real estate agents compete, you win," so the site solicits competing offers to list customer's homes from qualified real estate agents, free of charge. The site helps assist both agents and home owners in getting started and utilizing its features. Pictured at center is Jules Ianniello, wife Becky and their two sons, along with family, friends and area real estate agents, plus volunteer Ambassadors of the Chamber of Southern Saratoga County.

Meet other business neighbors at www.southernsaratoga.org.

MABEL MP CHENG MD, PLLC
BOARD CERTIFIED OPHTHALMOLOGISTS

TIRED OF YOUR GLASSES?

Be glasses
free with
LASIK
today

Accepting new patients & most insurances

Board certified eye physicians and surgeons offering comprehensive eye care with cutting edge medical technologies to the greater Capital District for more than 25 years.

3140 Troy Schenectady Rd,
Niskayuna NY 12309
518-782-7777
www.mabelchengmd.com



MABEL MP CHENG &
NICOLE A LEMANSKI

SPECIALIZING IN: No stitch small incision and bladeless cataract surgery with reduced or eliminated need for glasses, laser surgery for glaucoma and refractive surgery (LASIK and PRK), dry eye, glaucoma and macular degeneration management, diabetic retinopathy, and other diseases of the eye. Also performing cosmetic procedures such as Botox injections and Pelleve skin tightening for facial wrinkles.



People Caring for People





Assisted Living
Studio and one bedroom assisted living apartments with tiered levels of services.

39 Swaggertown Road
Glennville, NY 12302
518-831-2400
JudsonMeadowsAssistedLiving.com

Transitional Care
Choose Homeward Bound Transitional Care at Baptist Health for your post-hospital rehabilitation.

297 N. Ballston Ave.
Scotia, NY 12302
518-370-4700
BaptHealth.com



Skilled Nursing Care
Celebrating our 40th year of offering long term comprehensive care and memory focused services.



Thursday Evenings

SPIRIT TREE'S EVENING MEDITATIONS

@Spirit Tree Connections, Latham
Each Thursday evening, we will have a different meditation lined up for you with a different meditation facilitator each week. We have drumming meditations, crystal bowls, medicine bowls, chanting, Shamanic Journeys, Angels, hypnotic meditations and much more. Register online or at 518-362-8383.

Time: 6-7pm

Cost: \$10 drop in

Sunday, Jul 2

PERFORMING ARTS AT THE COMMON: THE ACCENTS

@Clifton Common Stage, Clifton Park
One of the Capital Region's hottest party bands, The Accents, provides high energy entertainment that will keep the dance floor packed! This ensemble will fill your soul with the groove that has been missing.

Time: 7pm

Cost: FREE

Monday-Friday Jul 3-7

SPANISH FUN CAMP

@Bilingual Genius Academy, Clifton Park

The goal of this program is to introduce campers to the Spanish language and help campers start their journey on bilingualism.

Time: 8:30am-3pm

Cost: \$116

Tuesday, Jul 4,

JULY 4TH CELEBRATION

@Clifton Common, Clifton Park
Parade, live music, rides, games, food and craft vendors. The parade route begins on Route 146 in front of Shenendehowa School campus and ends at Clifton Common. Largest locally-sponsored fireworks in the Capital Region! For further information, call Parks & Recreation at 518-371-6667.

Time: 12-10pm

Cost: FREE

Wednesday, Jul 5

TRI-CITY VALLEYCATS VS. BROOKLYN CYCLONES

@Joseph L. Bruno Stadium, Troy

What's not to love about a good ole' fashioned baseball game? At the Tri-City ValleyCats games in Troy, you experience a whole lot more than just quality baseball. The ValleyCats games are a place where everyone can enjoy the game, not just die-hard baseball fans!

Time: 7pm

Cost: \$5.75-\$12

Thursday, Jul 6

BALLSTON SPA FARMERS' MARKET

@Wiswall Park, Ballston Spa
The market features 100% locally grown produce, farm fresh agricultural products, flowers, baked goods, wine, beer & locally crafted spirits, custom blended spices, dressings, marinades, handcrafted jewelry and more.

Time: 3-6pm

Cost: FREE

Saturday, Jul 8

CUSTOM & CLASSIC CAR SHOW

@Gavin Park, Wilton

Got a custom or classic car you want to show off? How hot is your ride? Enter ParkFest's custom & classic car show for a chance to find out! First,

INSPIRING A LOVE OF LEARNING

NURSERY - GRADE 9



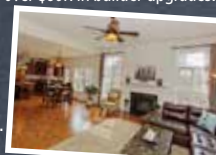
Brown School
SINCE 1899

190 Corbair Ave.
Schenectady, NY
518-370-0366
BrownSchool.org

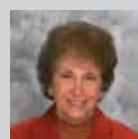


14 Honey Hollow Clifton Park

Only 8 Months young and includes over \$80K in builder upgrades!
3200+ sq ft, 4 BR upstairs with outstanding media/theatre room and 2nd flr laundry, guest BR w/bath on 1st flr. Detailed wrap-around porch. Can't build for this price w/all these upgrades. \$548,000



Schedule a Personal Showing, or
visit our Open House on Sunday, July 9th, 1-3pm



Lauri Morrissey, GRI
Licensed Associate Real Estate Broker
President's Council
Cell: 518.376.3636
Office: 518.371.1137
LMorrissey@RealtyUSA.com

Kathleen's Fiber Art

Unique, High Quality
Gifts & Supplies!

Hand-woven: blankets • rugs • scarves
shawls • hand-dyed silk scarfs
knitted items • Fair Trade

Beautiful yarns, many locally produced, knitting needles, notions & equipment for knitters and weavers, such as looms, yarn bowls, etc. Classes also available.



29 Third Street | Troy NY 12180
518-326-0919



second and third place trophies and prizes totaling more than \$500 will be awarded. As space is limited, pre-registration is strongly advised.

Time: 8am-4pm

*Cost: FREE for spectators;
\$10/car to enter*

Saturday, Jul 8

THE NEW YORK CITY BALLET
GALA AT SPAC - THE RHYTHM OF
ROMANCE

@Saratoga Performing Arts Center,
Saratoga Springs

This year's annual New York City
Ballet Gala at SPAC will feature three
pieces set to scores by the legendary
Richard Rodgers.

Time: 8pm

Cost: Varies

Sunday, Jul 9

23RD ANNUAL SECRET GARDENS
TOUR

Sponsored by Soroptimist
International of Saratoga County, this
self-guided tour of 11 private gardens
in and around Saratoga Springs is
a major fund-raiser to support local
and global initiatives. The featured
gardens are a mix of styles and sizes,
in both sun and shade, sure to inspire
garden lovers of every level.

Time: 11am-5pm

Cost: \$20-\$25

Tuesday, Jul 11

ABUNDANCE AND ANGELS
WORKSHOP

@Spirit Tree Connections, Latham
Work more abundance into your life
with intentions and manifestations,
and the Angels are ready and
willing to help you reach your goals.
Register online or at 518-362-8383.

Time: 6pm

Cost: \$20

Tuesday-Wednesday Jul 11-12

CIRCUS SMIRKUS

@Saratoga Casino Hotel, Saratoga
Springs

Embark on an enchanted journey
with Jurassic jugglers, astonishing
aerialists, courageous clowns and
wily wire walkers as they explore a
museum that springs to life when
the clock strikes midnight. Circus
Smirkus, presented by the Waldorf
School of Saratoga Springs, invites
you to witness ultra-talented kids
from across the country - ages 12
to 18.

Time: 1-6pm

*Cost: \$20 children 2-12/ \$25 ages 13+/
under 2 free on an adult's lap*

Friday, Jul 14

YOUNG LIVING PLAYDATE

@Spirit Tree Connections, Latham

Always wondered what else you can



Complete Car Care Center
Family Owned and Operated Since 1966!
Quality Domestic & Import Repairs



Burnt Hills - 518.399.3363



Halfmoon - 518.631.6700

WWW.GILSGARAGE.COM

do with some of your oils? This is the workshop for you. Make some goodies that you can bring home to use!! Register online or at 518-362-8383.
Time: 6:30pm
Cost: \$5

Saturday, Jul 15

THE CHIP FESTIVAL

@Saratoga Springs City Center, Saratoga Springs
Salty? Spicy? Cheesy? Potato? Corn? Thick-cut? Razor-thin? No matter how you slice or flavor them, people love their chips. And that's precisely why you should join us for The Chip Festival in the birthplace of the potato chip: Saratoga Springs, NY!
Time: 10am-4pm
Cost: \$5 Adults; FREE Kids 12 and Under

Saturday, Jul 15

MABEE FARM CANAL

@Mabee Farm Historic Site, Rotterdam Junction
CanalFest at Mabee Farm celebrates the vibrant canalway culture of Schenectady County and all things Erie Canal-related! Visitors are invited to discover the impact the Erie Canal has had on our region's culture and heritage, and explore the recreational

opportunities along the canal today.
Time: 11am-3pm
Cost: FREE

Saturday, Jul 15

KIDS DAY AT THE PLAZA

@Empire State Plaza, Albany
Presented for the first time by MVP Health Plans, Kids Day is this area's "kid-centric" outdoor event. Nowhere else can children enjoy an array of favorites such as live music, the Two by Two Zoo, Touch a Truck, face painting, bounce rides, puppet shows, arts and crafts, balloons and more all in one place.
Time: 12-5pm
Cost: FREE

Tuesday, Jul 18

CRYSTAL 101 CLASS

@Spirit Tree Connections, Latham
In this fun and interactive workshop, you will learn all the basics of different healing crystals: how they can be used to propel healing, protection, peace and calming energies. Come experience by holding on and feeling each crystal's vibration. Register online or at 518-362-8383.
Time: 6:30pm
Cost: \$15

Friday, Jul 21

SARATOGA RACE TRACK OPENING DAY

@Saratoga Race Course, Saratoga Springs
The highlight of summer in Saratoga is the summer racing meet, featuring world class thoroughbred horse racing! Get ready for another thrilling season of racing in Saratoga Springs!
Time: 11am
Cost: \$5-\$25; FREE for children under 12

Friday-Saturday Jul 21-22

HATS OFF FESTIVAL

@Downtown Saratoga
Enjoy six different bands ranging from rock & blues, to instrumental, solos & chorus spread throughout downtown to celebrate the opening of track season.
Time: 7-11pm
Cost: FREE

Saturday, Jul 22

FAIRY 101 CLASS FOR CHILDREN

@Spirit Tree Connections, Latham
Toni Craft, our resident Fairyologist, will teach your children all the magical qualities and fun stories about fairies. This is a fun and interactive workshop

**It's not too late
for a healthy lawn
this season!**

Gift Certificates Available



APEX TURF, LLC
...bringing lawn care to new heights

PROUD TO BE
LOCALLY OWNED
AND OPERATED!

With dedication to integrity & professionalism we provide residential lawn care of the highest quality with our comprehensive 6-treatment program.

INCLUDING:

Timely Fertilization	Crabgrass Prevention
Broadleaf Weed Control	Grub & Insect Control
Flea & Tick Treatments	Mole Control
Soil Testing	Over-seeding
Core Aeration	Soil Amendments

AND MUCH MORE!

CALL TODAY!
(518) 288-3687
beterservice@apexturf.com
www.apexturf.com



for your kids. Register online or at 518-362-8383.

Time: 10-11am

Cost: \$10

Saturday, Jul 22

21ST ANNUAL SILKS AND SATINS 5K RUN

@Fasig Tipton Sales Pavilion, Saratoga Springs

The 21st Annual Silks & Satins 5K Run to benefit Special Olympics New York takes runners on a tour of beautiful Saratoga Springs. Register today or the day of the race to earn goodies and support a great community organization!

Time: 8am-11am

Cost: Pre-Register \$25 / Price increases to \$30 day of race

Saturday, Jul 22

SARATOGA BRIDGES ANNUAL

GALA: "THE WHITE PARTY"

@Saratoga National Golf Club, Saratoga Springs

'The Party of the Summer' debuts at the elegant Saratoga National Golf Club! The event will feature complimentary cocktails all evening, buffet dinner and desserts, live and silent auctions, music by Gravity, wonderful artwork by Saratoga Bridges' Creative Endeavors Artists, Heather Bohm-Tallman Photography's Photo Booth and Valet Parking.

Time: 6-10pm

Cost: Reservations by June 30: \$175; \$125 (Under 35) - Price increases by \$25 after June 30

Sunday, Jul 23

ELKS RIDE FOR VETS

@Saratoga-Wilton Elks Lodge #161, Saratoga Springs

Enjoy Upstate NY's race season and support a good cause by participating

in the first Annual Elks Ride for Vets Charity Bike Ride! The event will run rain or shine, starting and ending at Saratoga-Wilton Elks Lodge #161. All funds raised will go directly to the Elks Veterans Charity, which works to help improve the lives of local veterans.

Time: 7am

Cost:

64 Mile Ride - \$65 before 7/1/17; \$70 after

31 Mile Ride - \$30 before 7/1/17; \$40 after



THE MEADOWS AT GLENWYCK

Live well. Age well.

Our 110-unit independent living community is designed for those 55+ who want to maintain an active, healthy lifestyle without all the hassles of home ownership.

Community highlights include:

- Mix of one- and two-bedroom apartments ranging from 715 to 1,095 square feet
- Transportation services
- Senior Engaged Life® program, which promotes healthy aging through varied physical and social programs
- Balconies/patios for all apartments
- Full-size washers and dryers

The Meadows at Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302
MeadowsAtGlenwyck.com
518-280-7340



STRONG-ARM DIRT
WITHOUT LIFTING A FINGER.



WE FIGHT DIRTY.

EXPERIENCE THE UNFAIR ADVANTAGE OF A PROFESSIONALLY TRAINED TEAM.

Nothing refreshes a home like a good, deep spring cleaning. Find out why The Maids® is always the smartest choice in home cleaning.

Call now for a free, no-obligation estimate

518-464-8963

Maids.com Locally owned and operated



Referred for a reason.

The Saratoga County Fair

Contributed by the Saratoga County Agricultural Society

The 176th Saratoga County Fair will be held on July 18-23 at 9am at the Saratoga County Fairgrounds. Newly announced entertainment includes the only touring "Lumber Jill" show in North America known as The AXE Women Loggers of Maine.

This high-energy show set to today's top rock music hits features ladies who are world champions in logging, emphasizes the nature and difficulty of the sport as well as focuses on its beginnings and historical significance. Mimicking the falling of a tree, these athletes race to chop through 12 to 14 inches of a vertical log.

In between the Axe Women Logger shows, during daylight hours, there will be a special opportunity for the event attendees to take part in one-on-one log rolling instruction and one-on-one axe throwing instruction. The interactive log roll and axe throwing instructors will charge participants a nominal fee to learn. Participants will be required to sign a two page wavier in advance. Anyone under the age of 18 will need a parent or guardian to fill

out and sign the wavier.

In addition to the Axe Women, fairgoers can find loads of entertainment at the "Star to Star" Talent Show, Lego Competition, Baking Contest and Pie Eating & Donut Eating Contest. Individual, duet or group act entries for the talent show need to be submitted by July 8 in the categories of music, dance, gymnastics, comedy, magic and storytelling. Winners from July 22 and 23 will advance to the State

is no entry fee; however, you must pay regular admission to the fair. All entries must be labeled with form completed and brought to the Trustco Talent Building between 10am-12 noon on July 19.

The Baking Contest is open to all ages with an entry fee of \$2.00 for five muffins on a sturdy disposable plate. Entries close on July 8 at 5pm and can be made at www.saratogacountyfair.org. The Pie Eating Contest will be



The AXE Women Loggers of Maine

Fair Competition. The application form is available for printing at www.saratogacountyfair.org (click on Exhibitor Forms/Talent Search Entry Form).

The Lego Competition's theme this year is "A Day at the Fair" and there

held on Friday & Saturday at 1pm at the Grandstand Meadow. The Donut Eating Contest will be held on Thursday & Sunday at 1pm also at the Grandstand Meadow.

Check the Saratoga County Fair Facebook Page for more information! ■






Finished Basements
Additions
Kitchens & Bathrooms
Repairs/Renovations

518-339-7246

wlashwayconstruction.com

A smarter Way to Cool & Heat Any Room

Single Zone Cooling System Fully Installed for \$2499







COOLING & HEATING
MAKE COMFORT™
Personal

FREE Consultation (518)719-5614



Saratoga Arts Events

Contributed by Emma Huneck, Saratoga Arts

You're Invited!

10x10 Exhibition
Opening Reception
Saturday, July 8, 6-8pm

Saratoga Arts | 320 Broadway, Saratoga Springs

Craft beer and light refreshments provided by
Druthers Brewing Company.

The annual 10x10 show exhibits the artwork of new artists, veteran artists, young and old artists, artists who are showing their work for the first time and artists who have been exhibiting their work for years. This exhibition also features the 10x10 artworks created by hundreds of young artists participating in Saratoga Arts Visual Arts Summer Camp Program. By the end of August, this exhibition will present over 800 works by over 500 artists! All artwork is for sale at or around \$100. ■



At The Library... Don't miss artwork on display at the Clifton Park-Halfmoon Public Library! Two separate exhibits featuring the photography of local artists Eric Seplowitz and Greg Cuda will be on display from June 27 - July 31. Both exhibits are located upstairs and promise to be impressive!

Heritage CUSTOM TILE



Kitchen Bath Design & Build
15 Years Experience

518-253-2462

tom@heritagecustomtile.com
www.heritagecustomtile.com



**Creative
Photo & Graphic**

Commercial &
Industrial Photography
in the studio or on location

PhotoAndGraphic.com
(518) 490-1757

SEPTIC & GREASE HAULING • RESIDENTIAL • COMMERCIAL



BUDGET

**SEWER
& DRAIN**

YOU NAME THE PRICE

(518) 785-1475

IMPORTANT TOWN PHONE NUMBERS

Town Supervisor *Phil Barrett*.....371-6651
 Town Board Members.....371-6651
 Animal Control Officer371-6756
 Town Attorney *Tom McCarthy*371-6651
 Assessor *Walter Smead*.....371-6460
 Building & Development Director
Steve Myers371-6702
 Building & Grounds Director
Mike Handerhan371-6651

Town Clerk *Pat O'Donnell*.....371-6681
 Town Court, 5 Municipal Plaza371-6668
 Storm Water Management Technician
Scott Reese.....371-6054
 Director of Communications & Tech
Dahn Bull.....371-6651
 Highway Superintendent *Rick Kukuk*...371-7310
 Parks and Recreation Director
Myla Kramer.....371-6667

Planning Director *John Scavo*371-6054
 Receiver of Taxes *Lorraine Varley*371-5720
 Director of Safety and Security
Lou Pasquarel.....348-7311
 Town Security Officers369-6651
 Sewer Director *Mike O'Brien*348-7313
 Transfer Station Supervisor
Jeff Vedder.....371-6669

If the person you wish to reach is not on the list above, please call 371-6651 to speak to a receptionist who will direct your call to the appropriate individual or department. The Town's office buildings are open from Monday through Friday, 9am to 5pm, excluding holidays. The Town Clerk's Office is open until 7pm every Thursday. The Building and Parks and Recreation Departments are open at 8am Monday through Friday.

You Only Do Solar Once. Why Not Do It Right!



Solar for your home or business is a great way to reduce your electric bills, earn an excellent return on investment, and help the environment.

We've installed thousands of solar electric systems since 1993. We use only the industry's best: SunPower® solar panels.

Roof. Ground mounts. Tracker poles. Battery systems.



LOTUS SOLAR

The only Elite SunPower dealer in Upstate NY.

www.LotusSolar.com

98 Green St., Hudson, NY

SUNPOWER®

Elite Dealer

Call (518) 828-3105; special savings now in effect for a limited time.

MAKE YOUR SUMMER EASIER



STIHL®

**ALL SEASONS
EQUIPMENT INC.**
 "Buy Where Service Counts!"

Open Daily 8-6
 Thursday 8-8
 Saturday 8-1



/stihlusa

60 Freeman's Bridge Road, Scotia 372-5611