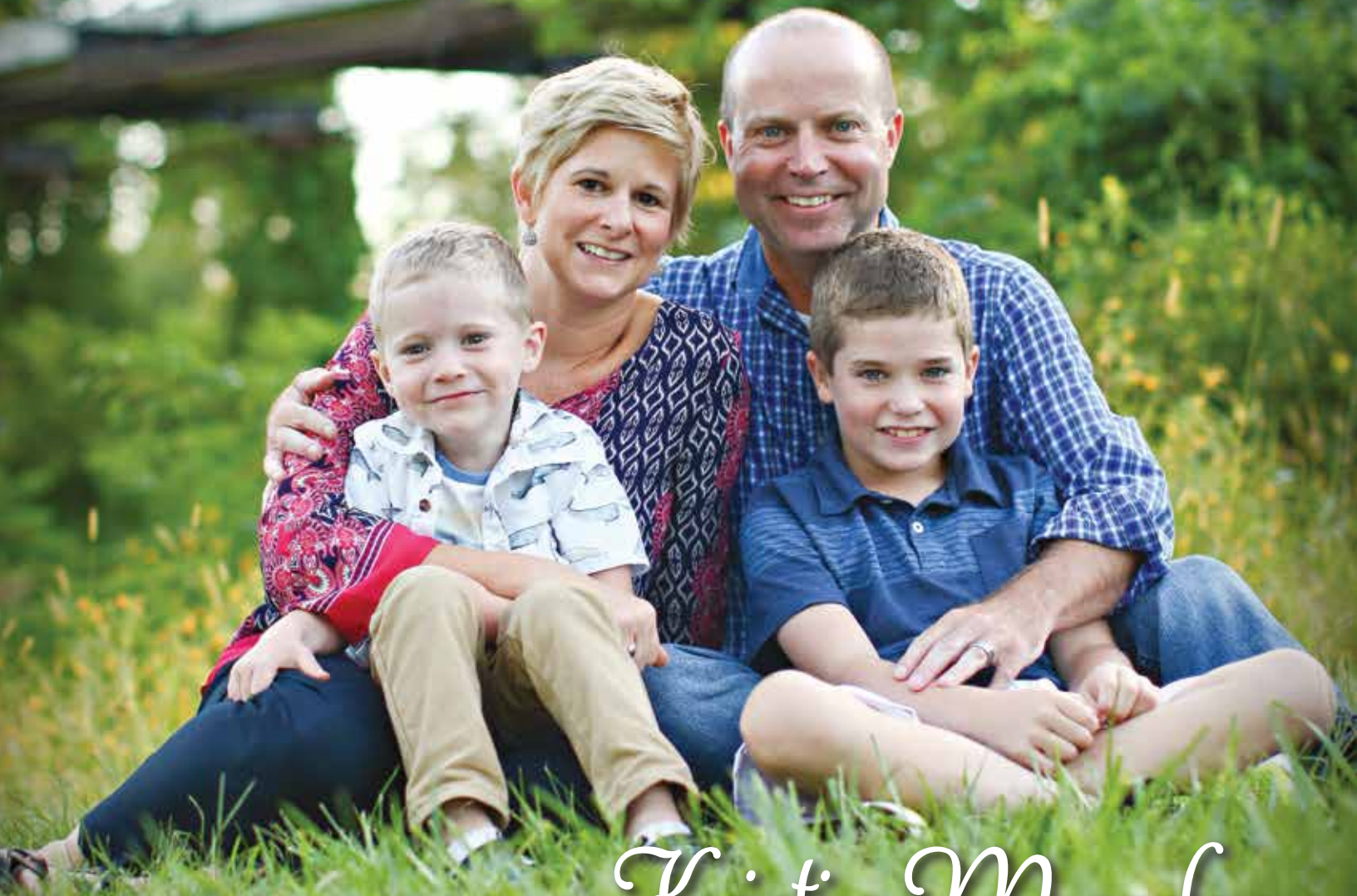


OCTOBER 2016

CLIFTON PARK

AN EXCLUSIVE MONTHLY PUBLICATION
FOR RESIDENTS

Neighbors



Kristin Murphy
Isn't Afraid of Things That
Go Bump in the Night



Best Version Media

Cover photo by Louis Torres Photography

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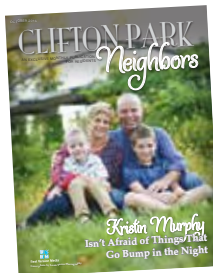
Have feedback? New ideas? We would be happy to hear from you! Please contact Jenna Caputo at jcaputo@bestversionmedia.com for information on how to submit ideas, articles, updates, reminders, events, high-resolution photos and more. We will do our best to include as much community information as we can within our space limitations.

MAGAZINE DEADLINES

Please submit your content by the 10th of each month.

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ON THE COVER

The Murphys:
Kristin, Joe,
Declan, Liam

Hello CLIFTON PARK RESIDENTS

I think of October as one of those transitional months – we've surrendered our shorts for sweaters, trees have shed the last of their leaves and the holidays are right around the corner. So, I thought it was a good time to send a warm hello and share my excitement as your new publisher! *Clifton Park Neighbors* will continue to bring you interesting stories about your neighbors, for you to learn more about each other and what makes this community such a great place to live. We also hope to introduce some new features to keep things fun, so stay tuned ☺!

In this month's feature story, we introduce you to the Murphy family. Kristin Murphy is a strong advocate for open space, and a leader in developing outdoor activities for families to enjoy nature and all that this area has to offer. This month she is busy planning her "Things that Go Bump in the Night" event to get you in the Halloween spirit! But I don't want to steal Kristin's thunder here... be sure to check out the feature story to learn more.

We love to hear from you, so please continue to send any comments, or story ideas for future issues to myself or Jenna Caputo. This is YOUR magazine to share what Clifton Park Neighbors are all about! And lastly, a special thanks to the growing number of business sponsors who make this magazine possible. Please let them know you saw their ad in our magazine, and if what they offer interests you, we encourage you to support them, as good neighbors do!

Thanks for reading and Happy Halloween to all!

Jill Behunin
PUBLISHER



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Totes for Hope

By Ally Donovan

Velvet Kyle, founder of Velvet's Totes for Hope, knows how it feels to watch loved ones suffer from cancer. Being a nurse and breast cancer survivor herself, she is no stranger to the anxiety-inducing experience of treatment days. "I've seen both sides of this unwanted diagnosis," she tells us. "My mother was diagnosed with lung cancer in 2001 and lost her battle in 2002. In 2003 my father was diagnosed with lung cancer and lost his battle in 2011."

Kyle was diagnosed in 2012,

despite having no family history of breast cancer. "I kept asking why, what is the reason for this?" she said. However, she clung to her father's assertion that everything happens for a reason and began a non-profit organization dedicated to lifting the spirits of cancer patients, one tote at a time.

Velvet's Totes for Hope's mission is to minimize the stress and anxiety of cancer patients on treatment days by providing a tote filled with items they may want to take with them to the hospital. In addition to the convenience of having everything they need in one place, Kyle hopes that the totes will serve as sources of comfort, support and "well-deserved pampering to aid in the healing process."

Knowing that treatment centers can often be quite cold, Kyle encloses a blanket and fuzzy slippers inside each tote. There is a calendar to keep



track of important appointment dates, as well as a number of personal care items such as hand sanitizer, lip balm and sunblock. Every tote also contains a journal for a patient to record his or her thoughts, contact information of friends and important information a doctor may share during treatment. Thanks to feedback from patients, the assortment of items in Kyle's totes is

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Velvet's Totes for Hope, Ready to Go!

is, in fact, so devoted to her mission that she donates 5% of transactions she makes as a real estate agent for Coldwell Banker Prime Properties to Totes for Hope. Whether they need a blanket to keep them warm or the distraction of a word search book to take their minds off their treatment, Kyle hopes that her totes will lift up the spirits of patients by reminding them there is someone in the world who cares about them and their battle with cancer.

**The best way to donate to Velvet's Totes for Hope is through this website: <https://www.fundabilities.com/totes-for-hope>. ■*

ever evolving. In the past, the totes have incorporated Beanie Babies, word search books, ear buds for phones and neck pillows—all things that a patient may find helpful during

recovery.

"As a breast cancer survivor, I knew what I wanted to do in memory of both of my parents who lost their battles with cancer," Kyle tells us. She

Know of a great local non-profit? Let us know so we can spotlight them here. Send submissions to jcaputo@bestversionmedia.com



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COVER STORY

By Jenna Caputo

Photos by Louis Torres Photography

Everyone seems to be running around busy non-stop these days. It's hard to escape it. With technology constantly at our fingertips and an ever-growing to-do list, some days it seems as if there is no stop in sight. But Kristin Murphy has found a simple solution to help us all keep our sanity – Get Outside.

Clifton Park has many parks and outdoor activities year round to provide the resources we need to get out and get moving. "You can hit the pause button on life for just a little while and escape into nature," says Kristin. "Our parks are great for families and offer a plentitude of non-strenuous trails, perfect for young kids."

Kristin was born in Los Angeles and moved with her family to Connecticut when she was 13. Even from a young age, she always loved to go on outings. "I credit my Dad for instilling in me my love for the outdoors. He loved to go hiking and explore wonderful places – anything from local and state parks, historic places, to rundown buildings." When in Connecticut, she would run the trails in the woods, canoe on the lake and visit the cows on the farm across the street. "As a child, rural Connecticut was like heaven on earth to me!" she remembers.

But despite her love of nature, Kristin decided to do her undergraduate degree in accounting at Castleton State College. She spent many years unhappy in her field before she decided to go back to school to get her Master of Public Health degree. "I have always been interested in health and well-being," she says. "So public health seemed like a good fit, particularly because public health is focused on community-level interventions, which



Kristin Murphy

Isn't Afraid of Things that Go Bump in the Night

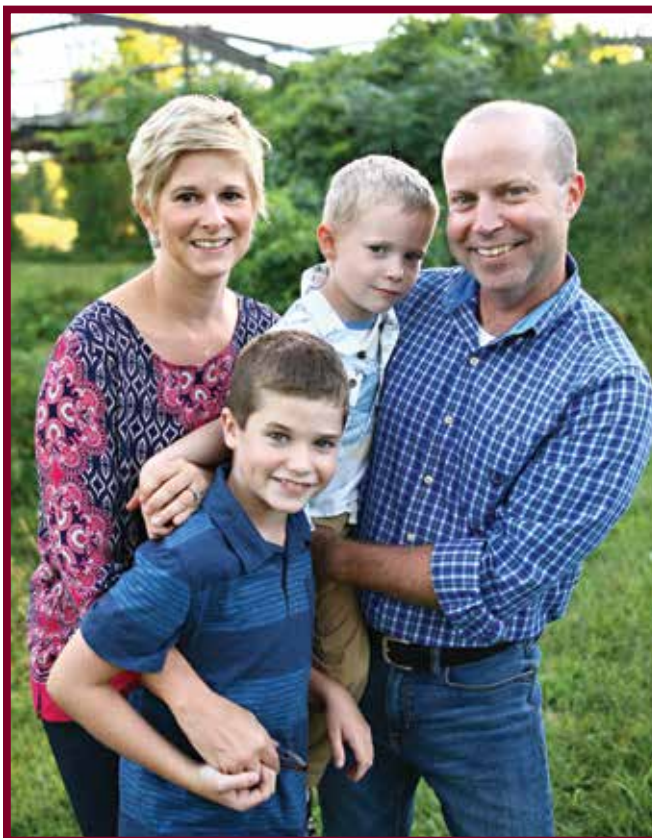
means education and helping large numbers of people.”

This background in public health is what eventually led to her involvement with Clifton Park’s Open Space, Trails, and Riverfront Committee.

“The built environment, environmental health and having the availability of open spaces as places to promote exercise and environmental conservation are huge focus areas in public health. I was excited to become part of the efforts to help preserve open space and to protect the beauty and natural assets of our wonderful town.” Much of the committee’s efforts focus on how to best manage the town’s current public lands as well as to make recommendations on land acquisitions to conserve natural areas for wildlife habitat and farmland. Kristin’s role, however, is primarily to develop activities and events to bring community members to the parks to learn about some of the things that makes Clifton Park so special.

“I think that when many people think of Clifton Park, particularly those that may not live here, they think of Clifton Park Center and its wealth of retail businesses and restaurants. But our town has done a wonderful job preserving a great deal of its farmland heritage and works hard to maintain its rural components.” Currently with nine parks and preserves that include about 2000 acres of land and 20 miles of community trails, Clifton Park certainly has a lot to choose from.

Kristin is excited for the upcoming “Things that Go Bump in the Night” event on October 15th from 6-8pm. This event was their most popular last year, despite being a new addition to the schedule. This year will include some new features. Taking place at Veteran’s Memorial Park, small



groups will head out on guided walks starting at dusk. Each group will stop at designated stations to learn about various nocturnal creatures. Entertainment will be provided along the trail. Jonesville Fire Department will man a bonfire, Cub Scout Troop 45 is donating jack-o-lanterns and refreshments will also be available.

While Kristin and her husband, Joe, have lived in the Capital Region for over 20 years, they have lived in Clifton Park for the last five. They were looking for a family-friendly town with a good neighborhood for their family. They settled in Clifton Knolls and couldn’t be happier. Their family now also includes Declan, 9 and Liam, 5. Active members of St. Edwards Roman Catholic Church, their family enjoys participating in neighborhood and town activities whenever they are able. Self-proclaimed foodies, they support the local food culture while also taking advantage of the available free music and arts events. Kristin also enjoys history and tries to learn the stories associated with the places in the area she has visited. “It makes you

appreciate where you live that much more and makes the area feel even more special!” explains Kristin.

The boys both enjoy sports. Declan participates in recreational and travel baseball and is involved in Scouts. Liam is in gymnastics and looks forward to joining the Scouts in the future as well. The family has also recently welcomed a new pet to their home – a juvenile ball python snake named Burrito, after the kids’ favorite meal.

Kristin is happy to have finally found her place both in her career and in the Capital Region. “What I enjoy most about being on the Open Space Committee is planning events that will showcase our beautiful parks with the hope

that more people will come out and enjoy nature and become more active. You can walk, run, snowshoe, even cross country ski on the miles of trails our parks have to offer. Another thing I enjoy about planning events with the Committee is that we really try to integrate other local businesses and community members into our events whenever possible. It’s not just our natural spaces that make our town unique, but the business owners and residents as well.”

And perhaps that “pause button” on life is really a pause button for the noise of life. Because perhaps, when we walk out into nature, that’s when life really begins.

For more information on the Open Space committee or Things that Go Bump in the Night, visit <http://www.cliftonpark.org/townhall/open-space-trails-and-riverfront-advisory-committee> ■

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at jcaputo@bestversionmedia.com.

Keeping Student Athletes Safe with Preseason Testing



By Audrey Paslow, PT, DPT, Ellis Physical Therapy

It is estimated that more than 1.6 million sport-related concussions occur each year in the United States,

but concussions are often difficult to diagnose quickly and accurately, especially mild ones. Early recognition is crucial as young athletes with a concussion are more likely to not only sustain another concussion, but also nearly four times more likely to sustain a secondary bone or joint injury.

How can parents of student athletes keep their children safe on the field? By having them undergo preseason baseline cognitive and balance tests to aid in concussion evaluation and treatment.

Parents can help ensure their child's long-term health as an athlete by thinking ahead and scheduling a preseason evaluation. Preparation for any sports season should begin with a baseline test to gain greater understanding of a child's health in case of injury. Having baseline information available when evaluating for a possible concussion is very helpful in getting to the right diagnosis. Also, proper concussion care leads to safer play and return-to-play decisions.

The Centers for Disease Control (CDC), National Collegiate Athletic Association (NCAA) and National Football League (NFL) all recommend that athletes undergo baseline neurocognitive and balance assessments annually.

Ellis Physical Therapy offers baseline testing using state-of-the-art technology. Used by professional sports organizations, Ellis utilizes the NeuroCom® Balance Master™ to provide comprehensive balance assessments. Ellis is one of only two organizations in the Capital Region with the NeuroCom® Balance Master™ and the only facility with stability testing designed exclusively for evaluating an athlete's balance.

Using a three-pronged approach for the most accurate and objective determination on when an athlete is ready to return to play, an evaluation at Ellis Physical Therapy includes symptom screening, cognitive testing and balance assessment. Post-injury comprehensive evaluations and treatment are also provided by the Ellis Physical Therapy team. These interventions follow the latest evidence-based guidelines for return to play and are covered by most insurance companies.

Concussions are usually caused by a blow to the head but can be caused by sudden head movement due to a blow to the body. Most of the time, loss of consciousness is not involved. Sports-related concussions can happen during drills, practices and games, and injuries that occur during practice can be just as serious as those that happen during competition.

To schedule an appointment for baseline testing, please call 518.631.9158. To learn more, or to request an appointment online go to <http://ellismedicine.org/services/concussion-management.aspx>. ■

Common Signs of Concussion*

Things You Can Observe

- Behavior or personality changes
- Blank stare, dazed look
- Changes to balance, coordination or reaction time
- Delayed or slowed spoken or physical responses
- Disorientation (confused about time, date, location, game)
- Loss of consciousness (occurs in less than 10 percent of people with concussion)
- Memory loss of event before, during or after injury occurred
- Slurred/unclear speech
- Trouble controlling emotions
- Vomiting

Symptoms of Concussion* Things the Athlete Tells You

- Blurry vision/double vision
- Confusion
- Dizziness
- Feeling hazy, foggy or groggy
- Feeling very drowsy, having sleep problems
- Headache
- Inability to focus, concentrate
- Nausea (stomach upset)
- Not feeling right
- Sensitivity to light or sound

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For a Family with Special Needs, Life Care Planning Takes a Traditional Financial Strategy to a Higher Level



By Christopher Spratt, Lambert and Spratt Financial Partners

Having a Life Care Plan – a coordinated program of future care planning, financial and legal strategies – is especially vital

when a member of the family has special needs. A Life Care Plan changes through time and is provided by a team that may include legal and tax advisors as well as insurance and investment professionals. Every family has unique circumstances. Once the individual or parents accept those circumstances, they realize they must begin planning now, not later.

Traditional Life Care Plan

Typically, a Life Care Plan can be divided into three components that address the needs of an individual, couple or family at various stages of life.

Protection: a broad foundation upon which the rest of the lifetime strategy is built, composed of such elements as:

- insurance
- medical coverage

- advance medical directives, such as a health care proxy
- wills
- powers of attorney
- budget
- emergency savings account
- tax strategies
- good credit history
- team of advisors

Accumulation: strategies to help start and grow savings for major lifetime needs, including:

- long term care
- retirement
- college education
- large purchases,
- trusts and other estate planning strategies

Preservation: strategies to manage a lifetime of accumulated wealth, such as:

- managing the strategies you've put in place
- determining how to pass wealth on to future generations,

Considering how being named as a beneficiary in wills or on insurance policies will affect eligibility for

government benefits: The government allows a limited amount of time to spend down the funds before benefits are cancelled. However, if they are, it can be difficult and time consuming to re-qualify. Communicate with friends and family to be sure an innocent mistake on their part doesn't affect your Life Care Plan. Even something as simple as a grandparent buying savings bonds when a grandchild is born can be trouble.

Establishing a special needs trust (SNT) if appropriate and naming a trustee to oversee it: Gifts from family and friends, inheritances from wills and life insurance policies can be directed to the SNT.

Overwhelmed? Start small.

A Life Care Plan is fashioned over a lifetime, not all at once. Begin with a review of your financial picture. Build a foundation. Take small steps and build upon them. The ultimate goal? A plan that best meets the needs of the person with the disability — during your lifetime and beyond.

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Sunday, Oct 2

9TH ANNUAL PET FEST-HOME SHOW

@Clifton Commons

"Bring a pet...adopt a pet." Join many shelters and rescue groups as well as vets, groomers, trainers & pet hotels as Clifton Park celebrates this great family affair. Free pony rides, clowns, etc. as well as over 50 vendors.

Sponsored by Mohawk Honda, Zappone Auto & Keybank. For more information, call Frank at 371-4547.

Time: 10am | Cost: FREE

Thursday, Oct 6

RINGLING BROS B&B CIRCUS

@Times Union Center, Albany

It's time for your family to be amazed by all the X-TRAORDINARY things you know and love about America's favorite live family entertainment experience. It's time to awaken the spirit of Children Of All Ages and stir the imagination of your family!

Time: 7:00pm

Saturday, Oct 8

ELKTOBERFEST 2016

@Clifton Park Elks Lodge #2466

Beer, wine & liquor tastings, together with authentic German food, games, raffles and prizes to benefit the Cerebral Palsy Association of NYS. Bring the whole family for a great

meal! Must be 21 or over for alcohol tastings. Cash or checks only. For more information contact the Elks at elktoberfest@cliftonparkelks.org or 518-877-5200.

Time: 12-6pm

Cost: \$15 each – includes commemorative glass and 6 tastings of your choice, Seniors - \$10

Saturday, Oct 8

ART IN THE PARK AT THE SARATOGA BATTLEFIELD

@Saratoga National Historic Park, Stillwater

Meet at the visitor center for basic historical background, then head onto the battlefield to capture the colors of autumn in paint, pencil, pastel or pixel!

Time: 10:00am - 4:00pm

Sunday, Oct 9

10TH ANNUAL TROY CHOWDERFEST

@River Street, Troy

Cast your vote for the People's Choice best local chowder after sampling your share of chowders from over 30 area restaurants! These restaurants must use local fresh ingredients in their recipes, so visitors will enjoy not only the freshest product, but will also be benefitting local business. Enjoy live, local musicians and fun for the whole family!

Time: 12-4pm | Cost: FREE

Thursday, Oct 13

TASTE!

@Hilton Garden Inn, Troy

Taste! is CEO's annual food, dessert, wine and beer tasting event, which draws over 300 people from around the Capital Region. The night features delectable treats from the area's best restaurants and dessert shops, unique silent and "surprise" auction items, and musical entertainment. This year's event will be a fun-filled evening to remember!

Time: 6-9pm

Saturday, Oct 15

INTRO TO FENG SHUI

@Spirit Tree Connections, 987 New Loudon Rd, Latham

Basic intro to Feng Shui workshop with Heather Shaloub, Creatively Fit Coach. Acrylic paintings will be 11x14 on canvas with writing exercises.

Time: 6:30pm

Cost: \$45 (supplies included)

Saturday, Oct 15

16TH ANNUAL GREAT PUMPKIN CHALLENGE TO BENEFIT SARATOGA BRIDGES

@Saratoga Spa State Park

The 16th Annual Great Pumpkin Challenge will be run in Saratoga Spa State Park to benefit Saratoga Bridges. This event features 5K (walk or run) and 10K (run) through the beautiful

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and historic Saratoga Spa State Park. The day also includes a Fun Run for kids 12 and under. Costumes are welcome!

Time: 9:30 AM

Cost: 5K & 10K Fees: \$25 (by 10/1); \$28 (by 10/12); \$30 (after 10/12); Kids Fun Run Fees (12 & under): \$5

Sunday, Oct 16

CATWALK FOR KIDNEYS

@Excelsior Springs Banquet Hall, Saratoga

The Northeast Kidney Foundation has collaborated once again with local boutiques to put on a fashion show to help raise money and awareness for those who have been affected by kidney disease. Come help support not only those suffering with kidney disease, but the Northeast Kidney Foundation and the boutiques as well!

Time: 9am – 9pm

Sunday, Oct 16, 2016

AN AFTERNOON WITH JENNIFER WEINER

@Congregation Shaara Tfilie, 84 Weibel Avenue, Saratoga

Northshire Bookstore will present #1 *New York Times* best-selling author Jennifer Weiner in conversation with Elaina Richardson, President of Yaddo. This event will feature Weiner's book *Hungry Heart: Adventures in Life, Love*

and Writing. The on-stage interview will be followed with an audience question and answer session and a book signing.

Time: 1pm | Cost: \$34

Thursday, Oct 20

CARE LINKS VOLUNTEERS OPEN HOUSE

@Clifton Park-Halfmoon Library

Learn more about volunteering with Care Links through a panel of speakers and join Care Links members in a meet and greet and answer any questions you may have about volunteering with this organization that provides care for hundreds of seniors in the Capital District. We need volunteers to help fulfill the needs of this exploding population. Light snacks and beverages available.

Time: 4-6pm

Cost: FREE

Thursday, Oct 20

ANIMAL COMMUNICATION WORKSHOP

@Spirit Tree Connections, 987 New Loudon Rd, Latham

This 3 week workshop led by David Louis, Animal Communicator, guides you through how to communicate with animals.

Time: 6:30pm

Cost: \$90 for the series

Friday-Sunday, Oct 21-23

FALL FESTIVAL

@Spirit Tree Connections, 987 New Loudon Rd, Latham

Come see our fall themed events from the spooky to the soothing!

Check our calendar at www.spirittreeconnections.com.

Sunday, Oct 23

EMBASSY SUITES "SARATOGA CHIC" BRIDAL SHOW

@Embassy Suites, Saratoga

Join us for a day dedicated to you! Dozens of wedding professionals will be gathered in one space to help you with all the details of planning your wedding day. You won't want to miss this premier opportunity to see the chic Embassy Suites by Hilton in its wedding décor splendor and enjoy tastings, giveaways and fun.

Time: 11am-3pm | Cost: FREE

Sunday, Oct 23

TO LOVE A CHILD FALL CRAWL

@The Sheldon Hills Clubhouse, Mechanicville

Invite your neighbors, friends & relatives to join you for this festive celebration of the fall season hosted by Holidays Travel to benefit To Love a Child. Our Chartered BROWN Motor coach will depart promptly from The Sheldon Hills Clubhouse in Mechanicville at 1:00pm for an



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CALENDAR OF EVENTS

afternoon of seasonal beverages in multiple venues throughout Saratoga County. Finish the day with a delicious Oktoberfest Dinner at Lake Ridge Restaurant. Visit www.toloveachild.net and check for complete information under events to secure your reservation.

Time: 1pm | Cost: \$75 per person

Sunday, Oct 23

MEDITATIVE EXPLORATION

@Drew Cali, LLC, Washington Street, Saratoga

Drew Cali's group meditations are to quiet the mind in a safe, comfortable and supportive environment. Sessions generally consist of two meditations.

One will be guided with Drew's voice and light music and one will be a silent meditation. No experience necessary.

Time: 11:30am-1pm

Cost: \$20 (cash @ door)

Saturday, Oct 29

VETERANS BALL

@Saratoga Military Museum, Saratoga

Vet Help is hosting their first Veterans Ball for community members and veterans to say thank you to our homeless, disabled veterans for their years of service.

The funds will be used for Vethelp's homeless veteran housing programs. The evening will include food tastings from a selection of the area's finest restaurants, a cash bar, live music, silent auction and grand prize drawing.

Time: 6-10pm | Cost: \$50

Monday, Oct 31

CROSSGATES MALLOVEEN

@Crossgates Mall, Albany

B95.5 will be at Crossgates providing fun, prizes and games on the lower

level by Apple. The event kicks off with traditional trick-or-treating at the many mall merchants and throughout the common area, then finishes off with a cool costume contest at 5pm—every participant will receive a prize. The Crossgates Malloveen promises free digital photos to the first 100 children to visit the lower level photo area near Gap. Don't miss it!

Time: 3-6pm | Cost: FREE



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By Sheryce Stewart, Adirondack Basement Systems

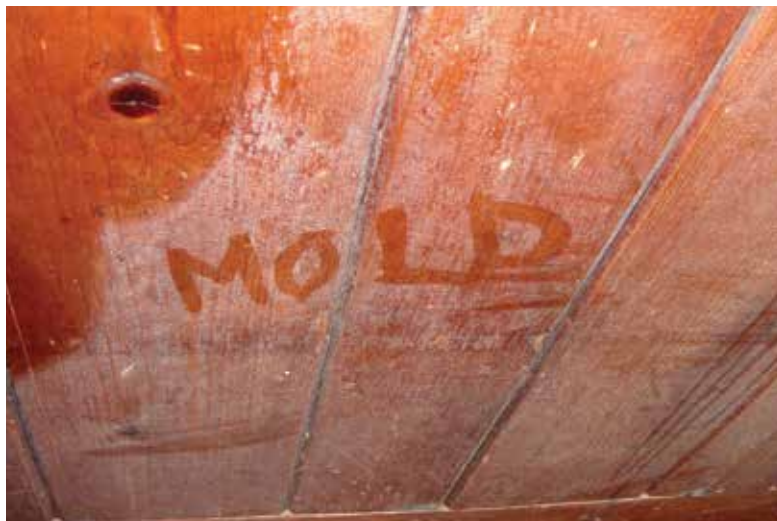
You Breathe Basement Air – Like it or Not...

As warm air rises in a home, it leaks out of the upper levels. New air must enter to replace air that escaped. In fact, in an average home, about half of the air escapes each hour out the upper levels. This creates suction at the lower levels to draw in replacement air. In older, leaky homes the air exchange rate can be as high as a full air exchange per hour. What this “stack effect” does is create an airflow in your home from bottom to top. Air from the basement is drawn upwards to the first floor, and then to the second floor. It dilutes with other air in your home, but building scientists say that up to 50% of the air you breathe on the first floor came from the basement. Therefore, whatever is in your basement air is affecting you, no matter how much time you spend in the basement.

Many people are sensitive to high concentrations of mold spores in the air and react with allergy-like symptoms. Being exposed to high concentrations for extended periods of time can cause sensitivity in some people who were not allergic before. Some mold can produce toxins in the air, which can cause reactions of the worst kind, even hospitalizing some people!

Basement Systems International, our parent company, holds the patent on the brand new SaniDry Sedona. The SaniDry Sedona is a high performance dehumidification and air filtration system. This type of system eliminates damp, musty odors and also removes toxic mold spores and conditions the air your family breathes. Particulate filtration is a process that removes particles out of the air down to 2 microns in size – and ALL mold spores are bigger than that.

Besides mold, Dust Mites are the #1 indoor allergen – parasites that live in your carpeting, bedding and furniture. Their droppings are microscopic and float in the air, and are the number one thing people with asthma and allergies react to indoors. Dust mites don’t drink water; they absorb it. When the relative humidity is more than 50% they thrive and when it drops below 50%, they dry up and die (leaving their larvae behind to hatch when it gets damp again). The best way to combat dust mites is to dry up your wet basement and keep the relative humidity below 50%. The Sedona Basement air systems have 10 times the cold surface area of an average dehumidifier and a very unique heat exchange core. This enables the SaniDry to remove 10 times the water out of the air in your basement, freeing your home of dust mites and mold!



To find out how healthy your basement is, please contact us to have a certified System Design Specialist inspect your basement for moisture. Educating our customers and improving their living space is our mission!

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Clifton Park's One Room Schoolhouse

By John L. Scherer, Clifton Park Historian

The students made the quilt to send to a soldier in World War II. The school was on the site of the Clifton Park Town Hall. From left to right are: Tom Klingbeil, ? Crowley, Alice Millington, unknown, Keith Peck, ? Crowley, Don Berthiaume and three other unidentified students. At one time there were sixteen school districts in Clifton Park, each with its own schoolhouse. These one room schoolhouses served the town until the districts were centralized in 1950 and the new Shenendehowa Central School opened on Route 146 in 1953. Until then, if a student wanted to go beyond the eighth grade, it was necessary to attend a high school in one of the nearby towns or cities. Many students from the Jonesville area would ride the train from Elnora to Mechanicville or Troy to attend high school. ■



District School No. 6, northeast corner of Vischer Ferry and Clifton Park Center Road, 1942.

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Welcome to the Neighborhood

By Pete Bardunias, President/CEO, the Chamber of Southern Saratoga County

Cutting the ribbon at **T&J Electrical Associates** (5 Fairchild Square, Clifton Park, (518) 406-3046, www.tandjelectric.com) to celebrate a year in its current location and the start of their 40th year in business. Pete decided to try out the bucket while the CSSC's volunteer Ambassador Team joined elected officials and T&J owners Anthony and Nick Sestito and other T&J employees for the occasion. This was Clifton Park County Supervisor Jonathan Schopf's (3rd from left) first ribbon cutting with the Chamber, and Assemblyman Jim Tedisco also lent a hand. T&J does electrical contracting work for many area firms both large and small, and is a major sponsor of the Mechanicville XO Tower rehabilitation project.



Smashburger comes to Clifton Park: On July 20, Franchise owner Marc Goldstein (center with scissors) and operating partner Leo Butera (8th from right, red shirt) joined fellow employees, Clifton Park Town Supervisor Phil Barrett and County Supervisor Jonathan Schopf, friends, neighbors, staff and volunteers of the Chamber of Southern Saratoga County in cutting the ceremonial ribbon bringing this new restaurant to the community. Smashburger (309 Clifton Park Center Rd, (518) 373-9871, smashburger.com), serves 100% all Natural Angus beef burgers, chicken sandwiches, entrée salads, kids meals, famous Smash fries, milkshakes handspun with Haagen-Dazs ice cream and bottled beer, and is locally owned and operated. The Clifton Park Center mall is expanding and bringing many exciting new businesses into the growing downtown area.



Meet other business neighbors at www.southernsaratoga.org.

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Anniversary Invitational

By Emma Huneck, Saratoga Arts

Don't miss it: Saratoga Arts' 30th Anniversary Invitational is on display in The Arts Center Gallery until October 29! The exhibition features artists who have exhibited at Saratoga Arts since we opened the doors to The Arts Center Gallery, located at 320 Broadway in Saratoga Springs.

All are welcome to view artwork by Kathy Byrnes, on display at the Clifton Park-Halfmoon Public Library from September 27-October 31, 2016.

Are you an artist looking to display your artwork? Become a member of Saratoga Arts and exhibit your work in the Annual Members Show, open from November 4-December 31, 2016. For more information about how to exhibit in this astounding show, please call Saratoga Arts at 518-584-4132. ■



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Town Supervisor *Phil Barrett*.....371-6651
 Town Board Members.....371-6651
 Animal Control Officer.....371-6756
 Town Attorney *Tom McCarthy*.....371-6651
 Assessor *Walter Smead*.....371-6460
 Building & Development Director
Steve Myers.....371-6702
 Building & Grounds Director
Mike Handerhan.....371-6651
 Town Clerk *Pat O'Donnell*.....371-6681

Town Court, 5 Municipal Plaza.....371-6668
 Community Development Director
Barb McHugh.....371-6651
 Town Comptroller *Mark Heggen*.....371-6651
 Storm Water Management Technician
Scott Reese.....371-6054
 Director of Communications & Tech
Dahn Bull.....371-6651
 Highway Superintendent
Rick Kukuk.....371-7310

Parks and Recreation Director
Myla Kramer.....371-6667
 Planning Director *John Scavo*.....371-6054
 Receiver of Taxes *Lorraine Varley*.....371-5720
 Director of Safety and Security
Lou Pasquarel.....348-7311
 Town Security Officers.....369-6651
 Sewer Director *Mike O'Brien*.....348-7313
 Transfer Station Supervisor
Jeff Vedder.....371-6669

If the person you wish to reach is not on the list above, please call 371-6651 to speak to a receptionist who will direct your call to the appropriate individual or department. The Town's office buildings are open from Monday through Friday, 9am to 5pm, excluding holidays. The Town Clerk's Office is open until 7pm every Thursday. The Building and Parks and Recreation Departments are open at 8am Monday through Friday.

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