

MARCH 2018

CLIFTON PARK

AN EXCLUSIVE MONTHLY PUBLICATION
FOR RESIDENTS

Neighbors

Faye Falvo
Rispoli
Family First



Best Version Media

Cover photo by Mark Bolles



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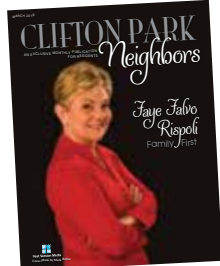
Have feedback? New ideas? We would be happy to hear from you! Please contact Jenna Caputo at jcaputo@bestversionmedia.com for information on how to submit ideas, articles, updates, reminders, events, high-resolution photos and more. We will do our best to include as much community information as we can within our space limitations.

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Please submit your content by the 10th of each month.

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ON THE COVER

Faye Falvo Rispoli

Dear CLIFTON PARK RESIDENTS

Happy March! The days are finally starting to get longer again and the brighter days are making me long for spring flowers. But then I remind myself that there are so many wonderful things going on around the Capital Region every day, regardless of the season!

What do you enjoy the most around the Capital Region at this time of year? What have you been doing this winter? Let us know what's going on around you and all those great projects you have all been working on so we can feature it here! Send all updates to jcaputo@bestversionmedia.com. We're looking forward to seeing what our neighbors have been up to over these past cold months!

Hope to see you all outside soon! Until then, I leave you with an Irish Blessing in honor of the upcoming St. Patrick's Day.



*May love and laughter light your days,
and warm your heart and home.
May good and faithful friends be yours,
wherever you may roam.
May peace and plenty bless your world
with joy that long endures.
May all life's passing seasons
bring the best to you and yours!*

— Irish Blessing



Jenna



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ALL ABOUT EYES

Ask an Ophthalmologist

By Susan Castronuovo, M.D., Ophthalmologist at Ophthalmic Consultants of the Capital Region

Q. Why does my eye exam take so much time?

A. If your eye exam is taking more than an hour, you're most likely having a dilated eye exam. During your dilated eye exam, both of your eyes will be inspected for any signs of vision problems and/or eye diseases such as glaucoma, macular degeneration, diabetic eye disease and cataracts. The view to the back of the eye is limited when the pupil is not dilated, so the dilated eye exam is a very important part of preventive eye care.

In order to dilate your eyes, we use special drops. The dilation eye drops may take approximately 15-30 minutes to begin working. However, if a patient has a serious eye disease, such as glaucoma, and is taking medication, their eyes may take up to an hour to dilate.

Once your pupils are dilated, your eye doctor will then look in with a bright light and use special instruments to see various parts of the eye. You'll be asked to look up, down, left and right while the exam is being performed.

This allows your eye doctor to see completely inside your eye including the macula, retina, blood vessels and optic nerve.

Whether you need to have a dilated eye exam depends on your age and your health. If you have diabetes, it is especially important to have an annual dilated exam. We recommend most adults have a dilated eye exam every year in order to detect and treat eye conditions that could potentially lead to vision loss.

Ophthalmic Consultants of the Capital Region offers comprehensive eye care services. We have locations in Albany, Clifton Park, Schenectady, Schodack and Troy. To make an appointment call 518-777-2777 or visit myoccr.com. ■



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Capital Region Third-Grader Continually Achieves Goals When it Comes to School and Extra Curricular Activities

Contributed by Susan Bardack

Charles Bewlay, a third-grade student at Brown School, an independent nursery through grade 10 school in Schenectady, NY, is making waves through some major accomplishments in both academics and extra curricular activities.

Charles, who lives in Niskayuna, loves math, the STEM curriculum, reading and writing stories. He especially loves the field of computer science. On Martin Luther King, Jr. Day, he wrote about his own hope for the future: "My dream for myself is to code in all of the coding languages and program Apple devices."

Charles has many interests outside of school and is especially passionate about swimming. He is on the Schenectady-Saratoga Sharks, a USA-affiliated swim team in the Adirondack division.

He swims four practices a week and competes in meets throughout the year. In addition, he likes to ice skate and is working on a short program with a coach. Charles loves to sing and is learning to play the violin.

Recently Charles participated in a Swim-A-Thon for the Sharks and to date has raised the most money out of all the

athletes on his team. His coaches set a goal for the 8-year-old swimmers to swim 100 laps in two hours. He set his own goal at 120 laps in that time period and surpassed it by reaching 168 laps.



Charles Bewlay

His family and educators at school are proud of him. "Charles is tenacious, curious and kind. He makes achievable goals and works steadily toward them, tracking his progress. He is never tired of learning," said his mother, Shoshanah Bewlay. His mother also points out that he is not afraid of asking questions when he wants to understand a concept.

Charles enjoys Brown School, exploring and interacting with friends. "I love the teachers, learning new stuff and using the computers," he said.

However, when it comes to goals, he has set one for swimming. "I want to reach a 10 and under USA swimming national time standard for all of the strokes," said Charles.

"We love that he is a student at Brown School. He is working hard to make a difference in this world through his actions," said Head of School Patti Vitale. ■

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*Faye with her
seven grandchildren*

Faye Falvo Rispoli Family First

COVER STORY

*By Jenna Caputo
Photos by MarkBolles.com*

Faye Falvo Rispoli loves her job. “After almost 47 years, I still have a love and passion for this business!” Faye exclaims. As the top RE/MAX real estate agent in upstate New York, Faye is a familiar face to the Capital Region, but real estate isn’t her only passion.

Originally from Schenectady, Faye has always viewed family as one of the most important things in life. Growing up, she loved having her family around and was often found walking back and forth to her grandmother’s

house just down the road from her own. She grew up helping out in her family’s restaurant business. Her parents owned Falvo’s Restaurant in Schenectady, where all the food was homemade. But Faye had a passion for dance and dreamed of living and working in New York City. She studied ballet for many years and moved to Manhattan after school to continue her training, also studying modern jazz and voice. Like most NYC dancers, she worked the Broadway audition circuit, however, she realized despite her deep passion for Broadway and dancing, that life wasn’t for her.

She came back home to work in

the restaurant. Although she loved to cook, she knew the restaurant business wasn’t her thing either. She met and fell in love with Frank, the man she would be married to for 52 years before he passed away last year. She decided to stay in the area and her path turned to real estate, initially because it offered her an entrepreneurship opportunity while also providing the flexibility she needed for a young family. She quickly took to it and saw herself grow into a true businessperson. It became a new passion in life. “I don’t think there is anything more gratifying than getting someone into their home. Clifton Park

is a prime area and I've had the satisfaction of both helping people settle into their homes as well as putting wonderful people into our community and schools," she says.

There is a reason that Faye is not only the top agent in upstate New York, but also ranked in the top 1% in the country. She offers her clients rich product knowledge from her vast experience, as well as honesty, integrity and a deep desire to make them happy and find them the best homes for their families. She has won several real estate awards over the years, is in the RE/MAX Hall of Fame, has been a featured speaker at the RE/MAX International Convention and has once again been invited to speak



Faye's children, Dawnmarie, Kelly & Frank

sitting in her office.

While she is devoted to her job, real estate isn't the only thing filling her days. She still dances and has fun trying different styles including character dances like Gypsy, Russian and Italian dance. She is an exercise enthusiast and if she's not dancing,

the Capital Region, she most enjoys nights at Proctors and summers in Saratoga. "There is nothing better than watching the horses work out at 5:00 in the morning!" she states.

In addition to being a long-term supporter of the Children's Miracle Network through RE/MAX, Faye's most treasured charitable activity is Jack's Place in Schenectady. Similar to the Ronald

McDonald House, Jack's Place is a hospitality home that offers anyone with a loved one in the hospital a free place to stay. Located across the street from Sunnyview and Ellis Hospitals, Jack's Place was created by her cousin, Jack Falvo, to honor his son, Jack III, after he abruptly lost his life in a boating accident. Listening to Faye speak about the foundation proves just what a special organization it is – not only to Faye but to the community as well.

Jack's Place focuses on three core values, values that also symbolize Faye's own compassion, sincerity and drive within her everyday life: *Faith* in community benevolence; *Hope* in the healing power and wellbeing of family members; and the assurance of a *Love*-filled environment that offers safety and serenity when people need it the most. The house offers eight bedrooms with eight bathrooms. If anyone is in

“Always do the right thing and you'll never go wrong!”

at the International Conference in Washington, D.C. this year as one of the panelists. But you would never know all this from her calm demeanor. Sitting down with Faye, even on a busy day when she's ready to run out to another appointment, she gives you her full attention and focus. Her obvious love of the arts and her family shines through in her character and makes you feel at home, even while

she can be found practicing yoga or working out at Orange Theory Fitness. She often frequents Broadway shows and loves the classics like *Phantom of the Opera* (which she's seen 7 times), *Les Miserables*, *Chicago* and *Miss Saigon*, as well as some of the newer shows like *Beautiful* and *Jersey Boys*. She has a passion for cooking and is learning to speak Italian in preparation for a culinary trip to Italy this fall. Within

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need of a place to stay, or would like to volunteer, she says the best thing to do is call (number below). One of the volunteer opportunities available is to cook a meal for the guests. Jack's Place offers dinners on Thursdays and Fridays and breakfast on Friday mornings and they are always in need of help with the cooking.

Faye also participates in many of the local and national charitable events for autism, in honor of her grandson who has been diagnosed with the disease. Even with this busy schedule, Faye is still sure to dedicate special time to spend with her family. "Family time, always!" she says. She has three children (Dawnmarie, Kelly & Frank) and seven grandchildren, ranging in ages from 8-19. Two of her children (and six of the grandchildren) now live in Boston and the other lives in Loudonville.

Faye is very grateful for finding a business that she is so passionate about and for the support, confidence and loyalty she has received from the community. She frequently attends classes and workshops throughout the country to continue learning, knowing that it's important to constantly improve yourself and to grow not only

in knowledge but also as a person. "Never stop learning," she says. "I don't care how old you are. There is always something new to learn. If you walk away with just one thing that can improve your business or life, then you've had a good day!"

She also lives by a motto shared between her, Frank and their children throughout the years. It has been a guiding light for their family and they are words that ring true for us all: "My husband always said, 'Always do the right thing and you'll never go wrong.'" It has worked for her unfailingly through the years and she's looking forward to many more great adventures ahead, both within the community that she loves, and within her own life as well with her greatest love, her family.

For more information about Jack's Place, visit www.jackfalvoiiiifoundation.com or call 518-952-7648. ■

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at jjcaputo@bestversionmedia.com.

Welcome to the Neighborhood

By Pete Bardunias, President/CEO, the Chamber of Southern Saratoga County

Area McDonald's franchise owner Roger Grout recently celebrated several grand re-openings of his local stores, now updated with new features to better serve the public and stay current with fast food industry trends. Roger's southern Halfmoon store (1517 Crescent-Vischer Ferry Rd) now boasts digital order boards, "Uber Eats," improved seating, remodeled restrooms and a game table for children. A veteran of 48 years in the industry, Roger (near center, holding scissors) is a popular employer who expects these improvements to allow him to better train and support all who work for him. Local McDonald's franchisees support the Ronald McDonald House Charities, which in turn help other organizations such as CAPTAIN.



The Clifton Park Center Mall welcomed **Omni Fit Kitchen** to its food court in early January. This modern eatery, designed to deliver fresh and healthful foods and drinks exclusively designed to meet dietary needs, represents a departure from the typical fare found at shopping malls, and greatly compliments the new Planet Fitness, which recently opened next door. Their "Omnilicious" menu combines great taste with healthy ingredients, and it's fun to try the unique combinations served up with a smile. The CSSC's staff and volunteer Ambassador Crew joined State Senator Jim Tedisco, Gina Wierzbowski representing Assemblywoman Mary Beth Walsh and mall GM Rob Ristau in helping kick off the grand opening of this great new restaurant. Now, you CAN eat healthy at the mall!

Ristau in helping kick off the grand opening of this great new restaurant. Now, you CAN eat healthy at the mall!

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CAPTAIN Community Human Services Recipient of \$10,000 Donation

The Real Story Is the One Behind the Donor

Contributed by Wendy Page

CAPTAIN Community Human Services, a non-profit grassroots human services organization in Saratoga County that supports and empowers people of all ages to reach their goals of personal growth and self-sufficiency, received a \$10,000 donation at the end of December from the Zachary Culnan Memorial Family Fund.

CAPTAIN received a call in the summer of 2017 from Sean Culnan, a Sand Lake resident who owns Culnan Insurance Agency, LLC. His son, Zachary, had passed away two years prior at the age of 21 from a heroin overdose, and Sean and his wife, Kim, felt that for them to start healing, they needed to help others.

Heroin is a national epidemic. Culnan believes that his son turned to drugs as an answer to an underlying anxiety that went unrecognized. "We need to get to the young adults before they have the opportunity to get involved with drugs," he states. "I feel

they pursue drugs because they don't feel good about themselves. We need to empower them and make them feel good about themselves. Empower them now, because once they get entangled in drugs, we may never get them back."

Culnan doesn't live in Saratoga County, but when he learned about CAPTAIN's programs and services, especially with regard to youth, he knew that CAPTAIN was who he wanted to work with. Through CAPTAIN, Culnan will be a mentor to certain youth in CAPTAIN's runaway and homeless youth shelter, street outreach program and at the outreach center, Cheryl's Lodge.

"As an adult," Culnan continued, "I really feel we all have a responsibility to our teenagers and young adults to provide guidance. I do not think anyone with any success in anything has not achieved their success without a mentor providing that



Kim, Sean and Mikayla Culnan,
with CAPTAIN Associate Executive
Director Andy Gilpin

guidance. Success does not have to be financial success; a greater success is being empowered to feel they can accomplish anything they choose to pursue. I want to help the young adults involved with CAPTAIN to feel that sense of empowerment."


Another way Culnan can empower youth is through powerlifting: "They set a goal and they achieve it," he shared. Culnan is highly respected in the powerlifting community, having won numerous competitions over the 30 years he's been involved in the sport and at one time, being ranked in the top five powerlifters in the world. For his 50th birthday, he organized Culnan's King of the Deadlift fundraiser, hoping to raise \$3,000 to donate to CAPTAIN. Attesting to how many people have rallied around him and his family, the event raised \$10,000.

Sue Catroppa, CAPTAIN's Executive Director, said, "We were so moved by Sean's passion – for his son, for his family and the impact that powerlifting has had on his life. That he chose CAPTAIN to connect with will be meaningful for both of us. He and his family can know that they're making a huge impact in the community, not only financially, but by connecting with youth before they make a poor decision that could forever change or end their life."

To learn more, visit www.captaincares.org or call 518-399-4624. ■

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Naturalization Ceremony

Contributed by Rebecca Carman, Shenendehoa Central Schools

On February 8, 2018, the Shenendehowa Middle School Gr. 7 hosted and witnessed a Naturalization Ceremony where 18 people became U.S. citizens. The Honorable Mae D'Agostino Presiding, United States District Judge of the United States District Court for the Northern District of New York. ■



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Thursday, Mar 1

2018 CHILDREN'S MUSEUM ANNUAL GALA

@Saratoga National Golf Club, Saratoga Springs

Please mark your calendars for our annual party in celebration of the wonderful work that is being done at The Children's Museum at Saratoga. This event is a spectacular evening of dinner, live music, silent and live auctions and a chance to learn more about the museum's impact on the Saratoga Springs community.

Cost: TBD

Friday-Sunday, Mar 2-4

SARATOGA HOME AND LIFESTYLE SHOW

@Saratoga Springs City Center, Saratoga Springs

The Saratoga Home & Lifestyle Show features a variety of home and lifestyle businesses in categories such as home improvement, landscaping, décor and fine finishes, heating and plumbing, pools, financial and professional services and many more. There are also hourly door prizes, a grand prize and other special activities taking place throughout the weekend!

Time: Friday 5pm-9pm,

Saturday 9am-7pm, Sunday 10am-4pm

Cost: FREE

Friday, Mar 2

INVASIVE SPECIES IDENTIFICATION WALK

@Vischer Ferry Nature & Historic Preserve Hike, Clifton Park

Experience our many natural areas open to the public in Clifton Park while evaluating site conditions and learning some natural history along the way. Be sure to arrive 10 minutes early. Meet at Whipple Bridge. Wear appropriate footwear and gear. For snow conditions, bring your own snowshoes and poles. RSVP at 518-371-6054

Time: 1pm | Cost: FREE

Saturday, Mar 3

2018 HANNAFORD KIDZ EXPO

@Empire State Plaza, Albany

The 13th Annual Hannaford Kidz Expo takes over the Empire State Plaza for a day chock full of entertainment and activities to keep your kids happy and on the go. Find activities galore from meet-and-greets with beloved characters, theater performances, bounce rides, arts and crafts, mini-golf and even reptiles.

Time: 10am-5pm | Cost: FREE

Sunday, Mar 4

YOGA FOR TEENS AGES 11-17

@Lilananda Yoga, Glenville

Yoga for Teens will be held the 1st Sunday of every month starting in January and ending in April. Mindful Study Tips: Learn how to apply mindfulness to academics. Whether it's test taking, homework, college, public speaking or writer's block, yoga practice can help smooth out the stress that comes with the life of a student.

Time: 1-2pm

Cost: \$15 per person

Monday, Mar 5 (and Mar 12)

PJ STORYTIME

@Clifton Park-Halfmoon Public library, Clifton Park

Join library staff on Monday evenings for a quiet story time for working parents to spend with their children. Children, ages 2-6, along with their families are encouraged to wear their pajamas. This is a drop-in program; no registration is needed. The program will take place Mondays through March 13 in the Children's Library upstairs.

Time: 6:15pm

Cost: FREE

Wednesday, Mar 7 (All Wednesdays of March)

PARENT & BABY MEETUP

@Northshire Bookstore, Saratoga Springs

From January through March, we are pleased to offer a weekly new parent meetup on Wednesday mornings at 10:30am. Parents and babies from birth to one year are invited to stop by for conversation & to spend time with other new parents. The conversation will be facilitated by Rebecca Rovner, birth and postpartum doula.

Time: 10:30am

Sunday, Mar 11

DISCOVER BUTTERFLIES AT MISCI

@miSci, Schenectady

For a small child, there are few things more magical than rainbows... and one would be: butterflies! Escape cabin fever, and discover hundreds of brilliantly colored native butterflies at miSci. Watch butterflies at every stage of life - from egg to the chrysalis chamber to adulthood. Learn about different species of butterflies from the area, what butterflies eat and how scientists use butterflies as examples for new technology. The butterfly house at miSci is open from February 17 through April 22, 2018 and free with admission (miSci members are also free).

Time: Monday-Saturday 9am-5pm,

Sunday 12-5pm

Cost: FREE

Friday, Mar 16

KIDS FUN NIGHT

@Maple Avenue Middle School, Saratoga Springs

Fun for the kids (grades K-5) while you shop, dine or relax! Kids enjoy open gym, crafts, games, activities, snacks. Hosted by Saratoga HS Boys Cross-Country and Track & Field teams. Coaches, athletes and athletes' parents supervise all activities.

Snacks/drinks available for purchase. No advance registration needed. More information: racingcitytc@gmail.com.

Time: 7-9pm

Cost: \$10/child

Saturday, Mar 17

THE MAGIC OF FAIRY GARDENS

@Malta Community Center, Malta
Join us and The Garden Goddess to learn about the flower fairies, dance like a flower fairy and create your very own fairy garden to take home with you. Children will receive a starter container with soil, 2 plants, stone and a fairy or gnome to live in their garden. Class time will include a dance activity, coloring activity, fairy story circle and instruction on how to plan out their very own fairy garden. Bring your imagination and be ready to have fun! Parent participation is requested for younger ages and encouraged for all ages. Ages 4-12 recommended for this event.

Time: 10am-12pm | Cost: \$46

Saturday, Mar 17-18

ADIRONDACK SPORTS & FITNESS SUMMER EXPO

@Saratoga Springs City Center, Saratoga Springs
Join us for the 13th annual Adirondack Sports Summer Expo with over 100 exhibitors and thousands of attendees. This is an event you won't want to miss! Activities that will be represented include running, cycling, triathlon, hiking, paddling, travel and healthy living. Attendees can also enjoy seminars, clinics, demos, prizes and giveaways.

*Time: Sat 10am-5pm, Sun 10am-4pm
Cost: FREE*

Sunday, Mar 17

FREE ST. PATRICK'S DAY CAB RIDES HOME

@Capital Region
Free Cab Ride Home program is a service that has been provided for over a decade in an effort to reduce the incidents of drinking and driving in the communities they serve, especially during celebratory times. Martin, Harding & Mazzotti, LLP

provides free cab rides home to those who have been drinking, on a "no-questions asked" basis. Free Cab Ride Home Areas: Albany, Schenectady, Troy, Saratoga Springs, Amsterdam, Fulton and Montgomery County, Utica & Plattsburgh, NY; Burlington, VT and Springfield, MA. To get your free cab ride home simply call our toll-free number 1800LAW1010 or 1.800.529.1010.

Time: 12pm-12am | Cost: FREE

Sunday, Mar 18

BIG BROTHERS BIG SISTERS OF THE CAPITAL REGION'S BOWL FOR KIDS' SAKE

@Spare Time Clifton Park, Clifton Park

Join Big Brothers Big Sisters of the Capital Region for its annual Bowl for Kids' Sake on Sunday, March 18! Get together with a team of four or five people, register online and contribute \$25 per person to bowl! All of the money raised will support the life-changing work of Big Brothers Big Sisters of the Capital Region. Bowling includes two games, shoes, pizza and a drink. The event will take place at Spare Time in Clifton Park. Teams will have a choice to bowl from 11am-1pm, or 1-3pm. To learn more, visit bbbscr.org or call 518-862-1250.

Time: 11am-3pm | Cost: \$25 per person

Monday, Mar 19

OPEN HOUSE AT CLIFTON PARK NURSERY SCHOOL

@Clifton Park Nursery School, Clifton Park

We are a cooperative, family-centered organization. Our parents, children and teachers all work and play together. Here, children have an opportunity to grow socially, intellectually and emotionally within their age groups as well as interact with multiple adults. Parents likewise have a unique chance to participate in their children's early school

experience. We currently offer classes for 2, 3 and 4-year-olds. To learn more about our program, please visit cliftonparknurseryschool.org or call (518) 371-5850.

Time: 5-7pm | Cost: FREE

Monday and Tuesday, Mar 19-20

THIS WAS THE END AT EMPAC

@Experimental Media and Performing Arts Center (EMPAC), Troy

This Was the End is a multimedia performance inspired by canonical Russian playwright Anton Chekov's Uncle Vanya. Director Mallory Catlett is in residence at EMPAC with sound designer G. Lucas Crane and video designer Keith Skretch to develop their theatrical production into a multimedia installation about memory and time. Note: Both the performance and installation are being presented as works-in-progress. As such, these events are free!

*Time: Mon 7:30pm Performance, Tues 1-5pm Installation/ Onview
Cost: FREE*

Monday – Sunday, Mar 19-25

HUDSON VALLEY RESTAURANT WEEK: WEEK 2

@Participating Hudson Valley Restaurants

To dine out in the Hudson Valley is to enjoy world-class cuisine against a backdrop of historic wineries, picturesque villages, palatial homes and a mighty river. Over 200 participating restaurants will feature local products and exclusive prix fixe menus including three-course dinners for \$32.95 and lunches for \$22.95. Make your reservations now! For more information, visit <https://www.valleytable.com/hvrw>

Cost: Three-course dinner for \$32.95 and/or three-course lunches for \$22.95 (excluding beverage, tax and tip)

Friday, Mar 23

MAESTRO: ONE COMEDIAN TO RULE THEM ALL!

@The Mopco Improv Theatre, Schenectady

This a comedy elimination showdown. Many competitors enter but only one will emerge as the "Maestro." A king or queen to rule the stage! Actors perform in a barrage of scenes and songs for the audience's delight and approval. Will they succeed, or join the ranks of the eliminated? Come laugh and cheer to see who will be this month's Maestro! Tickets at mopco.org/shows.

Time: 8-10pm | Cost: \$6-\$10

Friday-Sunday, Mar 23-25

CAPITAL DISTRICT GARDEN & FLOWER SHOW

@Hudson Valley Community College, Troy

The Capital District Garden & Flower Show at Hudson Valley Community College marks the annual arrival of spring to upstate New York. It's been a tradition for 31 years for 15,000 annual visitors to view stunning gardens and amazing floral arrangements, shop the bustling Marketplace or to get motivated at any of our 50+ lectures & demonstrations. This is an event not only for garden enthusiasts but also anyone who wants to escape winter for a taste of spring. An exhibitor list, schedule of events and advance sale tickets are available online at gardenandflowershow.com. FREE Parking. Partial proceeds benefit Wildwood Programs.

Time: Fri 10am-8pm, Sat 9am-7pm, Sun 10am-5pm

Cost: \$14 at the door, \$20 for a 2-day pass, FREE for children under 12 with a paid adult

Saturday, Mar 24

9TH ANNUAL

MAC-N-CHEESE BOWL

@Marcelle Athletic Complex, Siena College, Albany

Thirty local restaurants will feature their own variations of macaroni and cheese for sampling. There will be two sessions of tasting at 11am and at 12:30pm. The event is a fundraiser for the Regional Food Bank of Northeastern New York. The Mac-n-Cheese Bowl has raised about \$300,000 over the past several years, which equates to nearly 1.2 million meals provided by the food bank. Tickets go on sale on Sunday, February 4th at all Price Chopper locations. These tickets will be good for admission at either time and will be capped at 2,000. Tickets for the later admission are only available online from the food bank and at the food bank's Latham headquarters.

Time: 11am-2pm

Cost: \$20 for adults and \$5 for kids 5-12, kids under 5 free

Saturday, Mar 24

PALACE PERFORMING ARTS CENTER BACKSTAGE BALL

@Palace Theatre, Albany

Join more than 300 guests at the historic Palace Theatre, downtown Albany's premier destination, for an evening of arts and entertainment throughout the grand theatre. Highlights include specialty cocktails, food stations and entertainment. Each spring, the Backstage Ball raises unrestricted funds to support free arts education programming, low cost and free community movies for the entire family and performing arts experiences that reach thousands each year.

Time: 6-10pm | Cost: \$150

Tuesday, Mar 27

NORTHERN RIVERS TRIVIA CHALLENGE

@Brown's Brewing Revolution Hall, Troy

Northern Rivers Family of Services' Trivia Challenge is the perfect opportunity for your coworkers and friends to team up, test your knowledge

and help children and families! We provide the snacks, cash bar and prizes; you provide the correct answers, laughs and celebrations. There are a limited number of tables, and priority is given to sponsors. Proceeds benefit the 16,000 children and families served through our 60+ programs.

Time: 5:30-8:30pm

Cost: \$250 for a team of 10, sponsorships available \$500+

Wednesday, Mar 28

SCREENING: THE VIETNAM WAR, EPISODE 1 "DEJA? VU" (1958-1961)

@Albany Public Library Pine Hills Branch, Albany

After a century of French occupation, Vietnam emerges independent but divided.

Time: 6-8pm | Cost: FREE

Thursday, Mar 29

STAG'S LEAP WINE DINNER

@Prime at Saratoga National, Saratoga Springs

Join us March 29 for a delicious 5-course wine-pairing dinner featuring the wonderful wines of Stag's Leap Cellars!

Time: 6-9pm, 6:45pm seating

Cost: \$100+ per person

Saturday, Mar 31

THEATRESPORTS! AT MOPCO

@Mopco, Schenectady

Two teams of improvisers compete in this laugh-a-minute comedy competition. Two teams compete for the highest score in this fast-paced comedy showdown. Performing scenes and songs inspired by audience suggestions, teams are awarded points by our panel of judges. Come cheer on your favorite team (and jeer those nasty judges) as they compete for laughs and the sweet taste of victory in this multi-week tournament.

Time: 8-10pm

Cost: \$10 general admission, \$6 for students and seniors

Saratoga Arts Events

Contributed by Emma Huneck, Saratoga Arts

Arts Center Gallery

There's a lot happening at Saratoga Arts this spring! Stop into The Arts Center Gallery to view *Bound & Unbound*, featuring artwork by Regis Brodie, Susan Hoffer and Simeon Youngmann. The exhibit will be up until March 24. The Arts Center Gallery at Saratoga Arts is located at 320 Broadway in downtown Saratoga Springs, and is open from 9am-5pm on weekdays and 11am-5pm on Saturdays.

Spring Break Camp

Get your kids off the couch and creating this April break! Saratoga Arts offers half and full day art and theater camps for kids ages 5-14. Camps run from 9am-4pm on Monday-Friday, April 2-6, 2018. For more information and to register them today, visit www.saratoga-arts.org/education!

At The Library

On display at the Clifton Park-Halfmoon Public Library this March, works by Mikki Brassard and a group exhibit by Saratoga Bridges, Creative Endeavors. Both exhibits are located on the second floor at the top of the stairs. You won't want to miss them!

The Local Actor's Guild of Saratoga Presents: The Boys in the Band

In his upper Eastside Manhattan apartment, Michael is throwing a birthday party for Harold, a self-avowed



"32-year-old, pock-marked, Jew fairy," complete with surprise gift: "Cowboy" a street hustler. As the evening wears on, fueled by drugs and alcohol, bitter, unresolved resentments among the guests come to light when a game of "Truth" goes terribly wrong.

Production dates are March 16, 17, 23 & 24 at 8pm
March 18 & 25 at 2pm

Saratoga Arts Center, 320 Broadway, Saratoga Springs NY
\$20 General Admission. For reservations call 518-393-3496.

A poster for 'Brunch with the EASTER Bunny' on March 31, 2018. It features several photos of baby farm animals, including a goat, a white rabbit, and a brown rabbit. The text includes 'Brunch with the EASTER Bunny', 'MARCH 31, 2018', 'Brunch 🐰 Easter Egg Hunt', 'Baby farm animals', 'Photos w/Easter Bunny', and 'RESERVATIONS NEEDED: LIBERTYRIDGEFARMNY.COM'. A circular logo for 'LIBERTYRIDGE FARM EST. 1998' is also present.

An advertisement for Josh Velez, a sales and leasing consultant with 14 years of experience. It includes a photo of Josh, his contact information (518-490-9061, JoshVMitsubishi@gmail.com), and a photo of a blue Mitsubishi SUV. The text also mentions 'SHER PRIDE' and 'GOLDSTEIN Mitsubishi' with the address '613 New Loudon Rd Latham, NY 12110'.

An advertisement for Creative Photo & Graphic, featuring a vintage camera and the text 'Creative Photo & Graphic', 'Commercial & Industrial Photography in the studio or on location', 'PhotoAndGraphic.com', and '(518) 490-1757'.

IMPORTANT TOWN PHONE NUMBERS

Town Supervisor <i>Phil Barrett</i>	518-371-6651	Town Clerk <i>Pat O'Donnell</i>	518-371-6681	Planning Director <i>John Scavo</i>	518-371-6054
Town Board Members.....	518-371-6651	Town Court, 5 Municipal Plaza	518-371-6668	Receiver of Taxes <i>Lorraine Varley</i>	518-371-5720
Animal Control Officer	518-371-6756	Storm Water Management Technician		Director of Safety and Security	
Town Attorney <i>Tom McCarthy</i>	518-371-6651	<i>Scott Reese</i>	518-371-6054	<i>Lou Pasquarel</i>	518-348-7311
Assessor <i>Walter Smead</i>	518-371-6460	Director of Communications & Tech		Town Security Officers	518-369-6651
Building & Development Director		<i>Dahn Bull</i>	518-371-6651	Sewer Director <i>Mike O'Brien</i>	518-348-7313
<i>Steve Myers</i>	518-371-6702	Highway Superintendent <i>Rick Kukuk</i> ...	518-371-7310	Transfer Station Supervisor	
Building & Grounds Director		Parks and Recreation Director		<i>Jeff Vedder</i>	518-371-6669
<i>Mike Handerman</i>	518-371-6651	<i>Myla Kramer</i>	518-371-6667		

If the person you wish to reach is not on the list above, please call 518-371-6651 to speak to a receptionist who will direct your call to the appropriate individual or department. The Town's office buildings are open from Monday through Friday, 9am to 5pm, excluding holidays. The Town Clerk's Office is open until 7pm every Thursday. The Building and Parks and Recreation Departments are open at 8am Monday through Friday.

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