

APRIL 2018

# CLIFTON PARK

AN EXCLUSIVE MONTHLY PUBLICATION  
FOR RESIDENTS

## Neighbors

Frank  
Popolizio,  
Jr.



Enters the  
National Wrestling  
Hall of Fame



Best Version Media  
Cover photo by Mark Bolles



Jim reviewed Myopolis — 5★

★★★★★

This is a fantastic app. Much better than Facebook. It has a great filter that lets you filter unwanted posts! Great idea!



Joanie reviewed Myopolis — 5★

Love the filter option and that you can have public and private worlds! The things that bother me about FB are addressed.

Great App!

★★★★★

Miguel880088

Love the idea of leaderboards! It's a great way to have a fun bit of competition between friends. Also fun being able to see only what you want to see when scrolling through your feed!



Mary reviewed Myopolis — 5★

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Kathleen reviewed Myopolis — 5★

This is refreshing. Read what you want, share what you want and in the right forum. #socialmediathatkeepsyousocial

★★★★★

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Erin reviewed Myopolis — 5★

I love that you can tailor your feed! This is "custom" social media!



Andrea reviewed Myopolis — 5★

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## ON THE COVER

Frank, Marilena, Luca,  
 Cecilia & "Cooper"  
 Popolizio

# Dear CLIFTON PARK RESIDENTS

It's mid-March as I am writing this, watching our 3rd Nor'easter of the month(!) blanket us once again in white. Maybe all these months of cold and snow is what makes this area so full of such warm and generous hearts! As you'll see in this issue many of our local events are geared for giving; just check them out! You can Run, Eat, Drink, Shop and even Show Off Your Car for a good cause!

Speaking of good causes, our Non-Profit Spotlight covers the Peppertree Rescue, a local non-profit that rescues homeless dogs and helps bridge the connection and expand the network of other rescue groups, shelters and organizations working with homeless animals.

Giving back to the community is one of Frank Popolizio's strong suits as well! When you read our feature story, you'll understand why he is getting the Lifetime Service Award among others. We could all learn something from him about success, whatever our passion is. Having the drive, determination and tenacity to keep up the discipline for whatever we do, will help us all become champions in our own right!

I hope you can all sit back and enjoy these articles about your community and in turn share your own because that's what this is all about – a publication for you and about you and the wonderful community of Clifton Park!

Barb



BARB SCHRADER,  
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# Brown School's Charlie Barnett Inspired By Teachers, Proves To Be An Inspiration Himself

By Caroline Boardman

Brown School 8th grader Charlie Barnett of Pattersonville, NY is one of its best known and most well-rounded and inspirational leaders. He's been a student there since he entered their nursery school program.

Brown School faculty and staff say that he seems to enjoy everything to which he puts his mind. He enjoys the classes and he likes the teachers and the extracurricular activities.

Charlie participates in a number of sports at Brown School including soccer, cross-country, volleyball, basketball and track. He also participates in the Science Bowl and Olympics of the Visual Arts (OVA). Charlie has also been a member of the school play's backstage crew for several years and plays drums in the band.

"We are proud of him in so many ways - he has a great work ethic; he is considerate of others; he is willing to try anything at least once; and he always puts forth his best effort," said Janet Barnett (Charlie's mother). Charlie admits that at this point in his life, his biggest mentors have been his parents.

When asked what Charlie considers to be the best part about Brown School - he said it's definitely the teachers - that they really know how to make classes fun.

Outside of the classroom, Charlie finds great enjoyment playing soccer and reading. He's been a member of a travel soccer league for a long time, and cites the challenge of the game as what keeps him coming back. He also likes the fact that books can take him to new places and help expand his thinking. In fact, Charlie said that someday he would like to try to write a book.

He's not yet sure what he wants to do long term, but is confident that his career choice will probably be something science-related. ■



Charlie Barnett

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# Resisting Ageism

By Nancy McKiernan

Commonly-held beliefs and stereotypes about older adults are pervasive in our youth-obsessed culture. The effects of ageism are significant.

Ageism is defined as prejudice or discrimination on the basis of a person's age. Older adults are commonly subjected to negative stereotypes – they may be described as bumbling, cranky or helpless, for example. Most people don't view stereotypes about seniors as prejudice, although they can be just as detrimental as racial or gender bias. Anyone over 50 who has been job searching can relate to the existence of ageism in our society.

Ageism has real mental and physical health consequences, and derogatory comments about older people can take their toll. Age stereotypes are often internalized even in younger people, and have detrimental effects on health. A university study showed that people aged 50 and older with negative self-perceptions of aging had an average 7.5-year shorter lifespan than those with positive feelings about getting older. They also experience a decreased will to live and less desire to live a healthy lifestyle. Negative thoughts about age can cause us to

recover more slowly from illness and increase our stress levels.

Health care professionals may routinely attribute physical or mental symptoms such as pain and depression as part of the natural aging process without looking for other causes.

Older adults don't have to accept ageism and the first step in fighting it is to be able to recognize it when it occurs.

- **Speak up** when you hear something negative and be mindful of how you refer to your own aging. We tend to joke about having "senior moments" or being "over the hill," but over time these subtle negative messages can have a detrimental effect on our self-esteem.
- **Develop a positive attitude.** A recent study found that older adults who were exposed to frequent positive messages about aging over the course of a year showed improvement in mobility and balance.
- **Embrace your age.** Remember that your worth isn't based on what you look like or what you can or can't do, but on the complete person that you are.



Younger people can also take steps to be aware of ageist behaviors:

- **Check your thoughts, words and actions.** Do you immediately make assumptions when you meet an older person? Do you say things like, "You look great for your age?" or "Are you still driving?"
- **Get to know older people better.** The more time you spend with older people the less likely you are to stereotype.
- **Put yourself in your elders' shoes.** Eventually, you're going to get older too. How would you feel about the way older people are treated if you were being treated similarly? ■

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# Frank Popolizio, Jr.



Enters the  
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## COVER STORY

By Jenna Caputo

Photos by MarkBolles.com

Frank Popolizio, Jr.'s family has always had a rich Italian heritage. His father was born in Italy and immigrated to the U.S. in 1954. Growing up, Frank enjoyed tracing back his family names and learning where they came from. "I spent quite a bit of time visiting town halls and cemeteries in Italy. The Italian town halls had, and continue to have, extensive record keeping up to the late 1700s, then it transitions over to the church. We have a tradition of millers on the Popolizio side. Hundreds of years of millers – until we found wrestling."

Wrestling was a big part of Frank's life, even from an early age. He never thought about participating in wrestling initially, until Niskayuna High School coach, the legendary Hall of Famer Joe Bena, mentioned the idea to him when Frank was in seventh grade. Frank's cousin was wrestling in high school at the time, so the idea didn't seem too far-fetched. Frank gave it a try and quickly found his life's passion.

After his high school wrestling career came to a close, he continued the sport by coaching his brothers and cousins. He enjoyed it so much he never stopped coaching, obtaining his New York State Coaching License certification. He graduated Springfield College with a degree in Business, while also learning from some of the best coaches in the nation, including John W. Smith and Pat Smith at his brother's school, Oklahoma State University. After school he looked for a fulltime job that would allow him the schedule he needed to commit to assisting coaching with Bena at Niskayuna High School. He first worked as a manager in a fish market, then became an insurance agent with Dicesare & Spataro before jumping into wrestling full time.

His experiences learning at Oklahoma State was one of the catalysts to making this leap. "Being in Oklahoma heightened the entire experience," Frank says. "Historically, it was one of the hot beds of wrestling, so wrestling is immersed in everyday life. It's more of a mainstream sport, so I felt I could replicate some of that philosophy at home. I always had an entrepreneur mind. I loved the idea of

bringing organization, creativity and the element of business to the great sport of wrestling. And that's exactly what I did."

Frank began the Journeymen Wrestling Club in 2003 with the purpose to advocate, showcase, promote and teach wrestling to the immediate community. In the years since, it has been an important vehicle in the character development of many young men and women in our area while they trained in the sport they loved. Countless numbers of these athletes have since gone on to become state and national place winners and champions, including Nick Gwiazdowski. "Gwiaz is the man, myth and legend!" says Frank. "He came to our program when he was in seventh grade via Duaneburg. He is a real student of the sport, immensely loyal and he's extremely humble. Above all, Gwiaz loves his hometown and the people of Duaneburg." Nick has gone on to earn the titles of two-time State Champion (high school), two-time NCAA Champion and three-time finalist (college) and a World Bronze Medalist for Team USA.

There are four facets (the 4Cs) to Journeymen – club, camps, clinics and competitions. The club portion is a non-profit, established early in Journeymen history to advocate, teach and showcase wrestling throughout the Northeast. Set up similar to a school, the club conducts lessons and classes five times a week for 10 months out of the year. These classes help the athletes to learn wrestling at an in-depth level, covering all aspects of the sport including weight training, weight management and nutrition as well as technical skill and the other skills needed to be a successful, well-rounded athlete.

They also run camps throughout the state as well as in Georgia and North Carolina in conjunction with the coaching staffs at Penn State University, Oklahoma State University and North Carolina State University. The newest



*Frank watches from the sideline at the Times Union Center as Shen wrestler and Journeymen Club member, Stevo Poulin, wins this year's state championship for Shen!*

camp offered this year is an international camp housed right here in the Capital Region from May 14-21. The athletes will be coming from Russia, Tajikistan, Kazakhstan, Kyrgyzstan, Mongolia, Bolivia, Italy, Sweden, France and New Zealand. Three months out of the year, Journeymen also hosts Michele Liuzzi, a 12-time World / Olympic team member for Italy and the current Italian National Coach, to teach Olympic freestyle wrestling.

Frank's passion for wrestling is evident in everything he does. Why does he love wrestling so much? "Because it's raw, pure and essentially primitive. Wrestling mirrors life perhaps better than any other sport. In the end, wrestling demands you have the same attributes that life requires of us – tenacity, drive, discipline and there's no excuses!" Coaching is hard work, but Frank is honored to play a part in the development of so many athletes. "I thoroughly enjoy working with young people. It's an incredible privilege to develop and influence a young person's confidence, attitude and belief system. It's something that's impactful and stays with them forever." He urges people to remember that a working system is essential to success. "Sometimes the simple belief in the system is more critical and important than the system itself. As success comes, athletes gain attention and recognition from the outside. When this happens, outside influences try to enter and change the system. This can often complicate the growth



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and development of the athlete. Stay the course and stay with the system that got you where you are!"

All of Frank's hard work and dedication to the sport has paid off, not only for the many champion athletes that have trained under Frank's direction, but also in recognition for his service. Frank has been nominated this year for the Order of Merit award for the 4th time. This national award is presented to an individual that has made a significant contribution to the advancement of wrestling, other than just success as an athlete or coach. The Distinguished Members of the National Wrestling Hall of Fame vote for the winner. This is one of the most prestigious honors in the Hall of Fame, with only 25 people nationwide ever having received this title.

Frank is also being inducted to the National Wrestling Hall of Fame this year with the Lifetime Service Award. This award is given every year as a tribute to the coaches, officials and contributors who represent the best qualities of the sport and who share these qualities with young people each day. Frank is honored to receive the award this year, but his work is far from over. "Even though this is called the 'Lifetime Service Award,' I am still very active in the sport and hope to be for quite some time," he says. "I think of this award as a tool to help better promote wrestling, at least for me. At the very least it will motivate me to work harder, smarter and better. I see my best work ahead of me."

Although wrestling is Frank's greatest passion, he also enjoys many other things as well. His minor in college was Religious Studies and he had an opportunity to participate in an archaeological dig in Israel coordinated through the University of Nebraska. The dig site was at the ancient city of Bethsaida, possibly the site where Jesus miraculously fed thousands with only five loaves of bread and two fish (Mark 6:32-44; Luke 9:10-17).

Frank takes time out of the club during wrestling season to help coach at Shenendehowa High School every year. He also loves working out, hunting/fishing, farming, living clean, and most importantly, spending time with his family. His wife, Marilena, is originally from Sicily, Italy,



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## Frank loves motivational quotes.

Here are a few he lives by and shares with his athletes:

"You can sleep when you're dead."

"If you listen to other people, you'll only be as good as they think you can be."

"If you're going to hoot with the owls, you need to rise with the roosters."

"If you work from 6am-6pm, that's a half of days worth of work. Work the whole day - dark to dark!"

"Is that the hill you want to die on?"

"Be comfortable being uncomfortable."

immigrating to the U.S. in 1981. They have two children, Luca (9) and Cecilia (7), and live on a farm in Clifton Park with their cat, Joe, and Goldendoodle, Cooper, as well as five cows and 20 chickens. Frank is very proud of their little farm that currently sells eggs, hay and meat to family, friends and other farms, with turkeys coming this fall. "It's a small farm, but it meets the NY State farm threshold nonetheless," he says. "We have 5.65 wonderful acres in Clifton Park and that entails livestock - five Angus and a variety of chickens, along with some horse boarding. There's another 100+ acres in the Duanesburg/Knox area, which focuses on hay crop and firewood. This year we had the experience of birthing two calves for the first time! Awesome experience!"

Cecilia's hobbies include horses, soccer and piano, and Luca enjoys hunting, wrestling and soccer as well. Both kids love to cook and assist Marilena in the kitchen all the time. "They do a fantastic job!" says Frank. "I have watched them make cavatelli pasta from scratch, bread from scratch and even cook venison from one of our hunts."

Their family loves spending time together regardless of where they are but Jade Bistro on a Saturday night is a family favorite. They also like to partake in the Italian tradition of Sunday afternoon lunches whenever they can too - meeting at a relative's house for a meal together with many family members.

Frank has tried to live his life by one of his favorite philosophies and works to instill it in all his athletes as well. It is a motto that continues to bring him success.

"You need to be first, best, or different." -Loretta Lynn

For more information on Journeymen Wrestling Club, visit <http://www.journeymenwrestling.com>. ■

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at [jcaputo@bestversionmedia.com](mailto:jcaputo@bestversionmedia.com).



# Welcome to the Neighborhood

By Pete Bardunias, President/CEO, the Chamber of Southern Saratoga County

**Khawar Nasim**, Deputy Consul General of Canada in New York, spoke at a reception in Albany on February 5, celebrating the strong economic partnership between Canada and New York State. The I-87 Northway traverses a commerce corridor, which has been the route of exploration, revolution, industry and tourism, and business interests on both sides of the border are well served by the good relations between our two countries. The large “canals” placard was erected by volunteers from the Chamber of Southern Saratoga County at the Clifton Park Rest Area (Exit 9) to illustrate the vast network of connected waterways that link thousands of miles of international territory.



**Mocha Lisa's Caffe**, in the Clifton Park Center Mall ([www.mochalisa.com](http://www.mochalisa.com), 518-383-5373), recently made some great upgrades to better serve its customers – a new bar, improved seating, a reserved meeting space, music and open mic nights, and beer and wine to go along with great coffee and a delicious menu. Owner Kari Cook and her team provide guests a wonderful experience and are solid supporters of the local business community and its chamber of commerce.

Entrepreneurs like Kari are the backbone of the local business community and it was a real treat to celebrate the completion of the renovations at a recent ribbon cutting with local dignitaries, staff and volunteers of the Chamber of Southern Saratoga County.



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# Peppertree Rescue

By Brianna Cochran Photos by Peppertree Rescue

"The focus is not the people, but the dogs," says Mary Ellen Grimaldi, Director of Peppertree Rescue. The non-profit organization helps to place dogs, many neglected, abandoned, lost or abused, into caring foster homes and eventually transition to permanent homes. Their motivation for starting their organization began in 1995 after helping to close a puppy mill in Schoharie County and rescuing over 30 Labrador and Golden Retrievers under Golden Retriever Rescue Operated With Love (GRROWL).

Eventually, Peppertree Rescue emerged from GROWWL in 1999 with a mission to help good-tempered dogs find homes that will offer a good quality of life, especially senior dogs. The organization expanded to include any breed of dog, including mixed breed, that resembled the friendly, peaceful and good temperament of Golden Retrievers. They select dogs that have potential to become loving family members, with priority given to dogs facing euthanasia and those in untenable living situations, shelters or pounds.

The organization is completely funded by donation, adoption fees and grants as well as home-run and powered by volunteers to ensure funds are focused on helping the

dogs. Beyond caring for the dogs in their program, Peppertree Rescue also encourages people to adopt from a shelter, a rescue, a private party or a responsible breeder that ensures that they will devotedly care for their dogs and guarantee to take them back should there be any reason the dog cannot stay with the family.

One of their goals is to help bridge the connection and expand the network of rescue groups, shelters and different organizations working with homeless animals. Through connecting with other rescue groups, more animals in need can be addressed and helped, beyond Peppertree Rescue's population.

Peppertree Rescue annually helps place 160 dogs per year with an impressive list of 40 or so foster homes ready to help socialize dogs and prepare them to be adopted into permanent homes. The organization is committed to helping dogs in all situations, including requiring the dogs be returned to their care should there be any reason they cannot continue to stay in their new home.

One of the dogs they've helped place include Rover (now Axe), a bundle of energy that patrolled his foster home during the day and loved to learn new tricks. Rover caught the eye of Michael Knowlton of New York State Homeland Security after Michael read Rover's web description online. Knowlton recognized Rover's potential and he soon found a home and family with NYS Homeland Security.

Peppertree Rescue is unswerving in their cause to helping dogs in vulnerable and neglected living situations. One of the most rewarding parts of the organization's work is watching a dog that has been dumped or abused transition from being scared and nervous into trusting and loving. Eventually, Peppertree would love to see the day where their work is no longer needed!

For more information about Peppertree Rescue, please visit <http://peppertree.org>. ■



"Quinn"



Scott Kulmhey from the NYS Academy of Fire Science Canine Accelerant Detection, Axe (Rover), and foster caretaker Wendy Krebs

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# Clifton Park Baptist Church, Clifton Park Center, c. 1900

By John L. Scherer, Clifton Park Town Historian

Founded by Abijah Peck in 1794, the church pictured was built in 1837 replacing an earlier building, and features a large tub under the sanctuary where full immersion baptisms could take place. Abijah Peck (1757-1848), a weaver from Galway, is buried in the cemetery in back of the church. Built from local materials, the brick mason in charge may well have been a member of the congregation named Joseph Shotwell (born in 1789), who is known to have been a mason and constructed several other brick structures in Clifton Park.

The church is located on a hill, the highest elevation in the Town of Clifton Park, and together with the cemetery behind it is associated with the early settlement and subsequent development of Clifton Park. Located



in the center of town, the hamlet around the church became known as Clifton Park Center. The church and cemetery were placed on the National Register of Historic Places in 2004 as a highly intact, representative example of mid-nineteenth century vernacular Greek Revival church architecture. Unfortunately, the church is no longer used and has recently fallen in to disrepair. There are many descendants of Abijah Peck still living in Clifton Park today. ■

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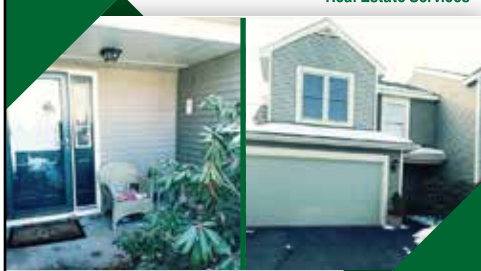
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Nice End-Unit Townhouse w/newer appliances in Kitchen. LR has vaulted ceiling w/2 newer skylights. Formal DR w/French atrium door leading out to brick patio. Upstairs Loft area can be an extra sleeping area or office use. 2 car attached garage w/pull down storage area in ceiling. C/A, gas heat, washer/dryer included. Walk to pool and tennis courts. Appliances & furnace/HW heater all under Home Warranty Program.

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**Lauri Morrissey, GRI**

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President's Council, Circle of Excellence Recipient  
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Office: 518.371.1137  
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## Monday-Friday, Apr 2-6

### SPRING BREAK CHESS CAMP

@Locust Lane Clubhouse, Clifton Park

Have your child join other enthusiastic chess players of all levels for a five-day, intensive training camp under US Chess Federation certified chess coach and tournament director, Rob Fusco! Students are only required to bring lunch, snacks and drinks for the day.

All chess materials will be supplied by Coach Rob. Register at [Cliftonpark.org](http://Cliftonpark.org) or at the Parks and Recreation office.

Any questions call 518-371-6667.

Time: 8:45am-4pm | Cost: \$150

## Monday-Saturday, Apr 2-7

### ALBANY CRAFT BEER WEEK 2018

@Albany

Albany Craft Beer Week 2018 will be filled to the brim with craft beer events held all over Albany emphasizing / celebrating the long-cultivated craft beer scene and elevated gastronomic fare that the area has to offer. Stay tuned as more information is made available!

## Friday, Apr 6

### DISNEY VACATION PLANNING SEMINAR

@Historic Grooms Tavern, Rexford

Free Guidance to the Magic Kingdom with Jennifer Price of Mickey Travels LLC.

Have you always dreamed of a trip to Disney but are too overwhelmed with all of the details or afraid that a trip is out of your reach? Come hear insider tips and tricks for having the best Disney vacation experience shared by a professional Disney planner. Whether it's your first or 50th visit, you will be amazed at how much you miss without the FREE guidance of an expert.

Time: 7-9pm | Cost: FREE

## Friday, Apr 13

### ANIMAL PROTECTIVE FOUNDATION TAILS BY TWILIGHT GALA

@Glen Sanders Mansion, Scotia

The Animal Protective Foundation is celebrating our star-studded event, Tails by Twilight – Hollywood Nights. This event is dedicated to providing funding for our care center including companion animal shelter and community spay and neuter clinic so that we may give medical attention, housing, food and behavioral training to the thousands of cats and dogs who come through our doors. Your support will contribute directly to their daily care and provide hope that each may find their loving forever home.

Time: 5-10pm

Cost: \$125 per ticket

## Saturday, Apr 7

### FRANKLIN COMMUNITY CENTER BENEFIT POKER TOURNAMENT

@The Parting Glass Pub, Saratoga Springs

The 2nd Annual fundraising benefit for the Franklin Community Center: A Texas Hold 'Em Poker Tournament! This year with a new BIG DEAL: if you get a Royal Flush at the Final Table, you get a \$10,000 check! Plus \$1,000 Cash Prize Pool for all those that make it to the Final Table (see prize schedule). But even if you're not a hardcore poker pro, there's still fun to be had for you! All levels of expertise are serviced: there will be a separate "Rookies + Beginners" tourney running in parallel to the Main Event (where the poker hounds roam). So grab some friends and get here, even if you don't know a straight from a full house!

Time: 2-6pm

Cost: Main Event or Rookies Tourney: \$25/in advance; \$35/door

## Saturday, Apr 14

### 4TH ANNUAL BLUE NEEDS YOU 8K RUN

@High Rock Pavilion, Saratoga Springs

Over 600 runners participate in this unique race to support individuals seeking temporary respite from harsh winter conditions at Code Blue Saratoga Emergency shelter. This event has raised over \$100,000 to support safe shelter since it began in 2005. Registration is capped at 600 runners. As a participant you have the opportunity to make a difference in the lives of individuals who are living on the streets. We hope you will join us this year and that you'll Run for Blue! For more information and to register, visit <http://www.codeblueneedsyou.org>.

Time: 8am-12pm

Cost: \$30 before Apr 1; \$35 after Apr 1

## Tuesday, Apr 3

### FOOD FOR THOUGHT & ALL THAT JAZZ

@Schenectady County Community College, Schenectady

The event will highlight two of SCCC's signature academic programs: Hotel, Culinary Arts and Tourism and our renowned Music program. New this year, we will be featuring an online auction, student art gallery and an exclusive book signing with our Honorary Co-Chairs. Proceeds from this event are critical as the College strives to launch new academic and career programs to meet the demands of the economic landscape. Community backing has transformed the experiences of SCCC students, particularly low-income students and students of color, by supporting programs such as Achieving the Dream; an initiative created to help students achieve their goals for academic success, personal growth, and economic opportunity. Reserve your spot today! <https://sunysccc.networkforgood.com/events/5012-27th-annual-food-for-thought-all-that-jazz-presented-by-marshall-sterling-upstate>

Time: 5:30-10pm | Cost: \$100 for General Admission



**Friday-Saturday, Apr 13-14****THE CAPITAL REGION GUITAR SHOW**

@Saratoga Springs City Center, Saratoga Springs

Dealers from the Northeast will be on hand to buy, sell, trade and appraise your musical equipment. No matter what level of playing or interest you have, the Capital Region Guitar Show is sure to please the eyes, ears and fingers! The public is encouraged to bring along a guitar or amplifier to receive a discount of \$2.00 off of the \$7.00 admission charge. The discount is also honored when you bring in at least two cans of food for the local food bank. Kids 10 & under are free with the folks. The Capital Region Guitar Show is presented by Starving Arts LLC, Saratoga Guitar and SaratogaMusic.com.

*Time: Friday 5-9pm,*

*Saturday 10am-5pm Cost: \$7*

**Saturday, Apr 14****DOWNTOWN ALBANY RESTAURANT WEEK**

@Participating Locations,

Downtown Albany

You're invited to the 2018 Downtown Albany Restaurant Week! Join a few thousand of your closest friends and enjoy a 3-course meal for just \$25 at participating restaurants.

Restaurant list coming soon!

Phone: 518.465.2143 x10

*Time: 5-10pm | Cost: \$25*

**Monday, Apr 16****CLIFTON PARK NURSERY SCHOOL OPEN HOUSE**

@Clifton Park Nursery School, Clifton Park

Come visit us at Clifton Park Nursery School on Monday, April 16th from 5-7pm at 344 Moe Road, Clifton Park. We are a cooperative, family-centered organization. Our parents, children, and teachers all work and play together. Here, children have an opportunity to grow socially, intellectually and emotionally within their age groups as well as interact with multiple adults. We currently offer classes for 2, 3 and 4-year-olds. To learn more about our program, please visit [cliftonparknurseryschool.org/](http://cliftonparknurseryschool.org/) or call (518) 371-5850.

*Time: 5-7pm*

*Cost: FREE*

**Tuesday, Apr 17****CUCINA ITALIANA: VEGETARIAN**

@Chianti II Ristorante,

Saratoga Springs

Explore Italy and learn tips from a master while you sip wine and watch a fantastic vegetarian meal prepared from start to finish. When you attend a Chianti Cucina Italiana Cooking Class, you're attending an unforgettable night of excitement, creativity, anticipation and classic Italian food & wine. During the evening Executive Chef Fabrizio Bazzani recreates three historical Italian dishes inspired by the pages of La Cucina Italiana.

*Time: 6:30pm*

*Cost: \$65 (+tax and tip)*

**Thursday, Apr 19****BROWN BAG LUNCH LECTURE SERIES – JACK WILPERS: THE MAN WHO CAPTURED TOJO**

@H. Dutcher Community Room, Saratoga Springs

"Jack Wilpers: The Man Who Captured Tojo," presented by Chris Carola, Reporter, The Associated Press, Albany, NY, tells the story of Jack Wilpers, a Saratogian who found himself making global headlines days after World War II ended. Lt. Wilpers was part of an Army intelligence unit that captured former Japanese Prime Minister Hideki Tojo, and the then 25-year-old Saratoga Springs resident played a key role in keeping Tojo alive after he attempted suicide. Carola will

**Tuesday, Apr 17****A TASTE OF TROY**

@Franklin Terrace Ballroom, Troy

The 8th Annual "A Taste of Troy" fundraiser will be held at the Franklin Terrace Ballroom to benefit Hope 7 Community Center's Youth Programs and Food Pantry. Please join us and treat your taste buds to delectable offerings from Troy area restaurants, specialty eateries and caterers while aiding our community center's work. Come enjoy live music, DJ, auctions and raffles! The raffles and silent auctions have great items waiting for you to take them home! Follow Hope 7 Community Center or A Taste of Troy on Facebook to find out which restaurants and vendors will be attending.

*Time: 6-8:30pm*

*Cost: Tickets required*

**Saturday, Apr 14****1ST ANNUAL TOMVO PUB CRAWL – DAY DRINKING FOR A GOOD CAUSE!**

@Saratoga Springs

Please join us for our 1st annual charity pub crawl! All proceeds will benefit Things of My Very Own, Inc. based in Schenectady, an amazing organization that provides crisis intervention services to children impacted by extensive abuse and/or neglect. Just \$25 to register, and you'll get a great t-shirt to wear at the event, drink specials and the chance to win tons of prizes throughout the afternoon. Once registered, we'll email you a link to let us know what size shirt you'd like, the route details & any updates. Please share with friends and help us spread the word! <https://www.eventbrite.com/e/1st-annual-charity-pub-crawl-to-benefit-things-of-my-very-own-inc-tickets-40998746354>

*Time: 1-5pm*

*Cost: \$25*

also detail how he finally convinced Jack Wilpers to talk to a reporter about that historic day for the first time in 65 years - thanks to Mother Nature, a chance encounter on a New England beach and a Saratoga Race Course giveaway hat.

*Time: 12-1pm*

*Cost: FREE*

## Thursday-Saturday, Apr 19-21

### KT KIDS SPRING CONSIGNMENT SALE (AND PRESALE)

@American Legion, Saratoga Springs  
KTNS School will host its annual Spring Consignment at the American Legion in Saratoga Springs. Items for sale include children's spring/summer clothing (sizes infant to size 12), car seats, strollers, high chairs, cribs, bikes, puzzles, games, books, DVDs and more! Proceeds will benefit Katrina Trask Nursery School, a non-profit organization. In addition, several items are donated to local charities. For more information about the sale, how to become a consignor or to sponsor our event, please email [sale@ktnurseryschool.org](mailto:sale@ktnurseryschool.org), or call 518-584-8968.

*Time: Presale Thursday 4-7pm,*

*Sale 3-8pm,*

*Half Price Sale 9am-10pm*

*Costs: Presale \$10 per person,*

*Sale and Half Price Sale are FREE*

## Thursday, Apr 19

### "TASTE OF ITALY" COOKING PARTY & WINE PAIRINGS

@Normanside, Delmar

Join us for the first Cooking Party of the new year! We are thrilled to be featuring a four-course Italian inspired menu paired with Banfi wines. Along with award winning vineyards, Banfi winemakers are recognized as pioneers in elevating the standards of Italian winemaking. We have hand selected the best pairings in effort to curate an authentic Italian experience.

Reservations can be made by calling 439-4505 x10.

*Time: 6:30-9:30pm*

*Cost: \$65 per person*

## Saturday, Apr 21

### MASTER CLASS SERIES:

#### IT'S ALL RELATIVE

@Lilananda Yoga, Glenville

It's almost spring! Take these three

Master Classes with Vanessa to

practice Steadiness in Transition.

Practice yogic techniques to create

an internal steadiness that will be

unassailable. The change from winter

to spring can be unsettling. Let's stand

steady within the change so we're not

bowled over by it.

*Time: 2-4pm*

*Cost: \$27 per class/ per person*

## Sunday, Apr 22

### INSIDE THE DRESS

@Albany Institute of History & Art, Albany

Lecture with Diane Shewchuk,

Curator at the Albany Institute of

History & Art. We have explored

what is under the dress, but now we

will look at what is inside the dress!

Garments from the collection will

be turned inside out and examined

in this lively talk with curator Diane

Shewchuk. Come see examples of

boning, taping and other techniques

that nineteenth-century dressmakers

used to create the perfect fit and

silhouette. We have limited space for

our lectures and seats are available

on a first-come, first-served basis.

Attendees will receive a wristband

at the admission desk the day of the

lecture.

*Time: 2pm*

*Cost: Included with admission*

## Thursday, Apr 26

### MANAGING RISK AND STRATEGIC GROWTH

@Desmond Hotel and Conference

Center, Albany

Upstate Capital and the Center for

Economic Growth are co-hosting

an event for startups and growth-oriented companies to explore best practices and lessons learned in managing risk through startup, launch and scaling for established companies. Participants will include entrepreneurs, company executives, investors and business leaders across the region.

*Time: 3-8pm*

*Cost: \$75*

## Thursday, April 26

### DINING OUT FOR LIFE

@Participating Restaurants

The Alliance for Positive Health

(formerly the AIDS Council of

Northeastern New York) will host

the 15th Annual Dining Out For

Life® event at restaurants across

Northeastern New York! On this

day, restaurants will commit 25% (or

more!) of their food and beverage

sales to the agency's local HIV /

AIDS programs and services. To

participate in this year's event,

simply donate your appetite and

dine out at any participating

location. To find participating

restaurants visit <https://www.diningoutforlife.com/search-restaurants/>. All money raised will

stay local to support our neighbors

here in Northeastern New York

affected by HIV / AIDS.

*Time: 7:00 – 9:00pm*

## Saturday, Apr 28

### NEW ERA CAR SHOW 1975-2018

@Judson Meadows Assisted Living,

39 Swaggertown Rd, Glenville

Come show off your vehicle and win

a trophy for Best Paint, Best Engine,

Best Convertible and more! Open to

ALL cars and trucks; dash plaques

and door prizes, 50/50 raffle with

proceeds to the Leatherstocking

Honor Flights.

*Time: 10-2 pm (registration 8:30-10 am)*

*Cost: \$15 to register your car,*

*FREE for spectators*



# Saratoga Arts Events

Contributed by Emma Huneck, Saratoga Arts

## Arts Center Gallery

You're invited to the opening reception of **Elemental Narratives**, featuring artwork by Diane Fine, Daisy Rockwell & Oliver Schemm!

Saturday, April 7 | 6-8pm

Craft beer & light refreshments provided by Druthers Brewing Company.

**Exhibition Dates: March 30 - May 5, 2018**

## Summer Camp

Believe it or not, summer is right around the corner and your kids will be home from school! Want to keep them busy and creative? Sign them up for art, book or theater camp at Saratoga Arts! Half and full day programs are available for 10 weeks, for kids ages 5-14 and run from 9am-4pm. Visit Saratoga Arts online for more information and to sign your kiddo up today! [www.saratoga-arts.org/education/summercamp](http://www.saratoga-arts.org/education/summercamp).

## At The Library

Paintings by Frank Colleta & photographs by the Schenectady Photographic Society.

**Exhibition Dates: March 27 - April 30, 2018**



Oliver Schemm,  
"Baggage (detail)"



Diane Fine,  
"Illumination 6"



Daisy Rockwell,  
"Aleppo Cats 1"

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### IMPORTANT TOWN PHONE NUMBERS

Town Supervisor <i>Phil Barrett</i> .....	518-371-6651	Town Clerk <i>Pat O'Donnell</i> .....	518-371-6681	Planning Director <i>John Scavo</i> .....	518-371-6054
Town Board Members.....	518-371-6651	Town Court, 5 Municipal Plaza .....	518-371-6668	Receiver of Taxes <i>Lorraine Varley</i> .....	518-371-5720
Animal Control Officer .....	518-371-6756	Storm Water Management Technician		Director of Safety and Security	
Town Attorney <i>Tom McCarthy</i> .....	518-371-6651	<i>Scott Reese</i> .....	518-371-6054	<i>Lou Pasquarel</i> .....	518-348-7311
Assessor <i>Walter Smead</i> .....	518-371-6460	Director of Communications & Tech		Town Security Officers .....	518-369-6651
Building & Development Director		<i>Mathew Andrus</i> .....	518-371-6651	Sewer Director <i>Mike O'Brien</i> .....	518-348-7313
<i>Steve Myers</i> .....	518-371-6702	Highway Superintendent <i>Dahn Bull</i> .....	518-371-7310	Transfer Station Supervisor	
Building & Grounds Director		Parks and Recreation Director		<i>Jeff Vedder</i> .....	518-371-6669
<i>Dan Clemens</i> .....	518-371-6651	<i>Myla Kramer</i> .....	518-371-6667		

If the person you wish to reach is not on the list above, please call 518-371-6651 to speak to a receptionist who will direct your call to the appropriate individual or department. The Town's office buildings are open from Monday through Friday, 9am to 5pm, excluding holidays. The Town Clerk's Office is open until 7pm every Thursday. The Building and Parks and Recreation Departments are open at 8am Monday through Friday.



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