



# Best Version Media®

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## COMMUNITY SUBMISSIONS

Have feedback? New ideas? We would be happy to hear from you! Please contact Jenna Caputo at jcaputo@bestversionmedia.com for information on how to submit ideas, articles, updates, reminders, events, high-resolution photos and more. We will do our best to include as much community information as we can within our space limitations.

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## ON THE COVER

Pete and Eileen  
 Bardunias



# Dear CLIFTON PARK RESIDENTS

Happy May!

It seems like the better weather and fun of summer is finally within reach! May is a transition month. It's that weird time in between winter and summer when we feel like we're just waiting for something. Waiting for things can be hard. We are wired these days for instant action; but these transitional times are important too. It is during these times that the seeds begin to grow. Even though we can't see them, they're doing important work beneath the surface of the earth and soon something amazing will bloom for all the world to see.

This is much like running your own business. As any entrepreneur will tell you, there are times of immense frustration – when you know that something great is right within your reach, but you have to just hurry up and wait, feeling like you're going nowhere. However, it's all the things happening “beneath the surface” during this transitional time that will really make the difference and the next step is that beautiful bloom – success! This month's feature, Pete Bardunias, works with local businesses through every step of their development to help ensure their success here in the Capital Region. Check out the story behind the man we know as the face of the Chamber of Southern Saratoga County on page 6.

High school upperclassmen are also going through a transitional time as they search for the right college. This process is stressful for any student, but if they are also an athlete and are looking to continue their chosen sport in college, it can be an added layer of stress. This month's Family Corner offers a few tips to make the college athletic recruitment process a little smoother during this important life transition.

Also included this month is the story behind our Non-Profit Spotlight, the Fast Break Fund; important information on what you might expect during cataract surgery and a little history behind Memorial Day in our area.

If you're feeling bored waiting for summer to appear, check out some of the many fun events listed on our events page to help pass the time, or visit Saratoga Arts for a culture break for your brain.

Hope you all have a wonderful month, a peaceful Memorial Day and a very happy Mother's Day! Our blooms are coming!

## Jenna



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