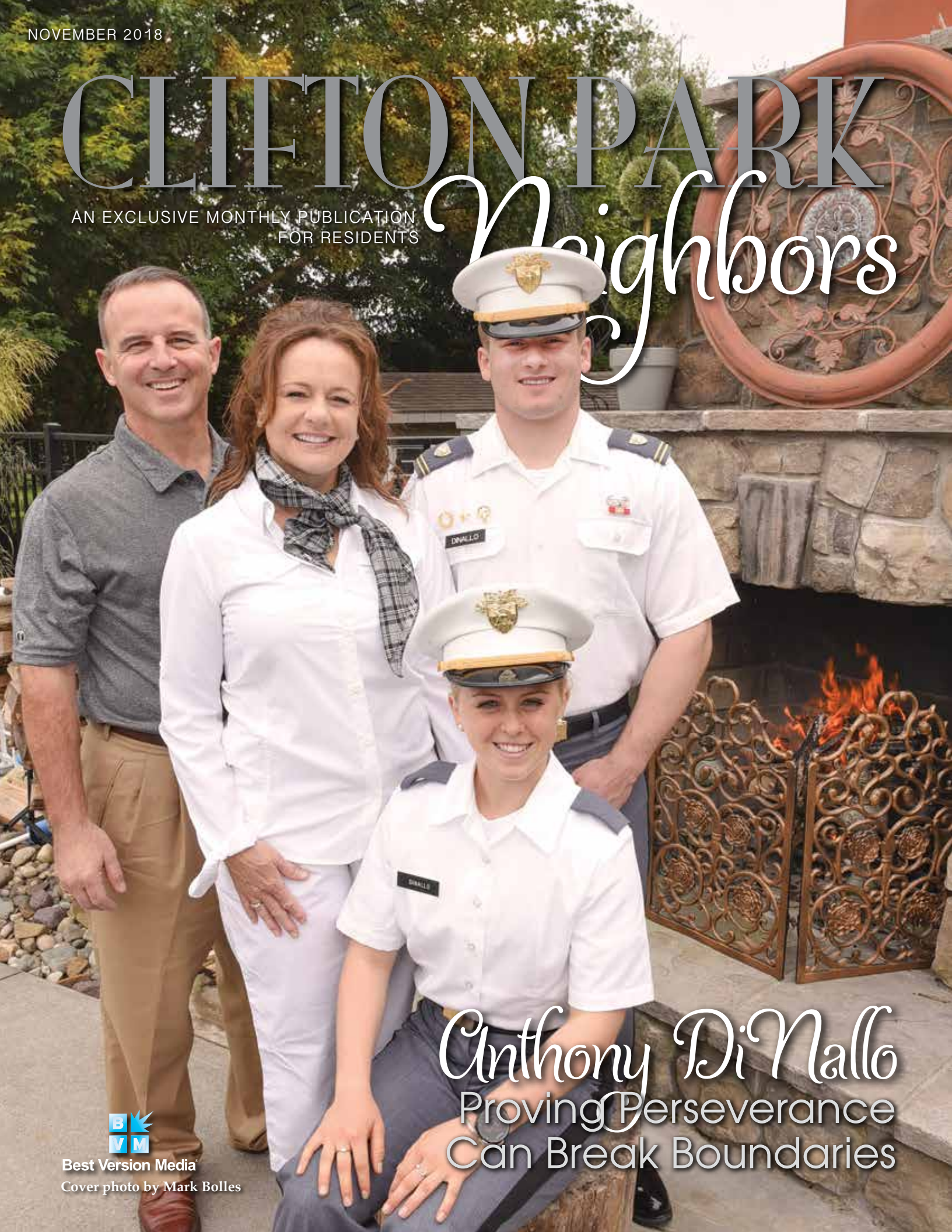


NOVEMBER 2018

CLIFTON PARK

AN EXCLUSIVE MONTHLY PUBLICATION
FOR RESIDENTS

Neighbors



Anthony DiNallo
Proving Perseverance
Can Break Boundaries



Best Version Media
Cover photo by Mark Bolles

Dear CLIFTON PARK RESIDENTS

I have a love/hate relationship with November. On one hand, I hate it because the dark, dreary, damp weather really gets to me. All the pretty leaves are gone and life starts moving much more indoors.

On the other hand, it is also a month that symbolizes gratitude, family and service. First, we thank our veterans as we remember their sacrifices for our country. Then, at Thanksgiving, we are reminded to be grateful for our many blessings as we celebrate with family and friends before preparing for the December holiday craziness.

This is a time that I love. While I may hate Mother Nature limiting the activities I want to do, I love the "break." That time to be mindful of all that I have in my life and to prepare myself for all that is to come in the year ahead – both personally and professionally.

May you also find that renewal at the beginning of this holiday season, as we thank our veterans, celebrate with loved ones and prepare for the winter ahead. As always, *Clifton Park Neighbors* is packed with stories of all the wonderful things happening in the community, the people that make it great and events to add to your calendar for some end-of-fall fun!

Please be sure to keep all the stories coming – we are so grateful for the community support and look forward to another fun year ahead!

Happy Thanksgiving!

Jenna



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Have feedback? New ideas? We would be happy to hear from you! Please contact Jenna Caputo at jcaputo@bestversionmedia.com for information on how to submit ideas, articles, updates, reminders, events, high-resolution photos and more. We will do our best to include as much community information as we can within our space limitations.

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ON THE COVER
Anthony DiNallo



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The Importance of Purpose

Contributed by Nancy McKiernan, Baptist Health System

While attending a workshop on Alzheimer's disease recently, I started a conversation with the woman seated next to me. She was retired, and I asked her what brought her to the training session. She said that since she had stopped working, she was missing a sense of purpose. She wanted to learn more about Alzheimer's disease and dementia so she might be able to help individuals and families that have been affected by this condition.

Most of us look forward to the day that we can retire from full-time employment. We envision many stress-free and happy days, but it's important to use that freed-up time wisely after we stop working.

According to a recent study, having a purpose in life may help people maintain their function and independence as they age. Purposeful living has been linked to longer life, lower risk of disease, better sleep and healthier behaviors. They found that a sense of purpose may play an important role in maintaining physical function among older adults.

How Do We Find Purpose in Life?

The answer to this question will be different for every individual. Most people focus on getting involved in something greater than personal satisfaction, but it doesn't mean that you have to be doing something extraordinary to find purpose in life.

Many people can find purpose in very simple things, like taking care of a pet, growing a vegetable garden or doing favors for the neighbors. Taking care of grandchildren is a way that older adults often find their purpose, as well as volunteering or becoming involved in community service. Many retired people finally find time to really get into projects or develop skills that they could only dream about when they were busy working. There is finally time to apply paint to canvas or learn a new song on the guitar, or to teach those skills to others.

People of advanced age, especially those who live in nursing homes or assisted living communities, may have an especially difficult time finding their purpose in life. They find themselves in a living situation where others have to help them with things they're no longer capable of doing

themselves, such as dressing or bathing. It's extremely important to their physical and psychological wellbeing to find opportunities for them to do activities that are meaningful to others.

Depending on the person's capabilities and background, such opportunities might include doing simple prep work for a meal, such as laying out napkins or mixing ingredients together; folding laundry; giving advice on how to grow plants or explaining how electricity works. Families who have older people in their lives may often forget that their older relative was once a working and

functioning individual, and has a wealth of knowledge and experience that they're excited to be able to share. Give them a valuable gift – the sense of purpose. ■



Connie Remscheid (L) and Jennie DeSorbo knitted hats and scarves to donate to the Schenectady City Mission.
Photo by Nancy McKiernan.

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By Dr. Lucie Capek



Who We Are

As a board-certified Plastic Surgeon, I founded my solo practice in Latham 18 years ago. We specialize in cosmetic surgery of the face, breasts and body, and our progressive MedSpa offers on-trend, non-invasive cosmetic treatments such as skincare, injectables, LASERs and CoolSculpting.

Wellness is our top priority. I consider myself a quality-of-life doctor, and a perfectionist with an artistic eye who strives to achieve natural, beautiful results. I lead an elite team of like-minded nurses and aestheticians who are the best at what they do in the aesthetics.

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Our MedSpa services include skin treatments like HydraFacials, micro-needling with PRP (the Vampire facial), LASERs for sun damage and spider veins, PRP for

hair loss and TempSure RF skin tightening. Our expert aestheticians can develop a customized home skincare program for you that is simple and effective, using medical-grade products from SkinMedica, ZO Skin Health and others.

Ready for more? We also offer a full range of injectable treatments for every age. Botox and fillers, collagen stimulators like Sculptra and fat-reducing Kybella can be used to enhance appearance and slow the aging process for patients in their 20s to well past 70. Our techniques are current and innovative, using some products 'off-label' for truly customized care. For example, Kybella is approved for treatment of a double chin but is equally effective at reducing fat behind your knees!

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As a plastic surgeon, I spend much of my time in the operating room. Some of my top procedures are facelifts, eyelid lifts, rhinoplasty, breast enhancements and body contouring, like tummy tucks and liposuction. I've customized all these procedures with my signature techniques that include the use of the latest technology, like the Harmonic Scalpel, and using your own tissue, like autologous fat injections for facial rejuvenation, breast augmentation and buttock lifts.

Our Philosophy

My staff and I believe in treating you like we would want to be treated. We listen with care and consideration of your needs and goals, develop a customized plan to achieve what is possible and offer you the best and latest options available. The best part of our job is seeing your confidence soar!

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TARYN KLEIN

Loves the Theater and Knows the Value of Teamwork

By Christine Matthews

This fall, eighth grade Brown School student, Taryn Klein, will take to the stage to play the lead role in the musical *Mary Poppins*.

Klein said that she first got into acting and singing at age seven to have fun after school, and also attended drama camp. She soon found that she loved the experience of portraying different characters. Since coming to Brown School, she's been active with the annual school musical. "I am looking forward to getting to play the role of Mary Poppins," said Klein. "I love the movie and I think it is a very unique experience to play such an iconic character."

Inside the classroom, Klein confesses that her favorite subjects are science and social studies. "You get to discover things you might not have known, or dig deeper into the things you do know. I also love that, in both these classes, we get to learn through hands-on activities, one of my favorite ways to learn."

Of the many fulfilling aspects of Brown School, Taryn said that one of the major highlights is the field trips. She believes that they are very unique to the school and that students get to enjoy a variety of different experiences. Her favorite is the middle school's annual school trip to Camp Chingachgook. "It's a great way for all of us to bond as a class and work on life skills that you can't get from sitting in a classroom," said Klein.

She recalls during that trip her class was in a canoe on the lake on an overcast day. It quickly started to rain, and the current became quite strong, so they tried to turn back to shore, only to get caught on a rock.



Fortunately, they were near a ledge of grass which led to a house, so the students and chaperones climbed out to wait for help. The property owners arrived to lend a hand.

"Once we got back to camp, we all sat down in the cafeteria sipping our hot chocolate saying, 'What just happened?' That's a story we get to tell forever; that kindness and teamwork can help solve any problem," said Klein. ■



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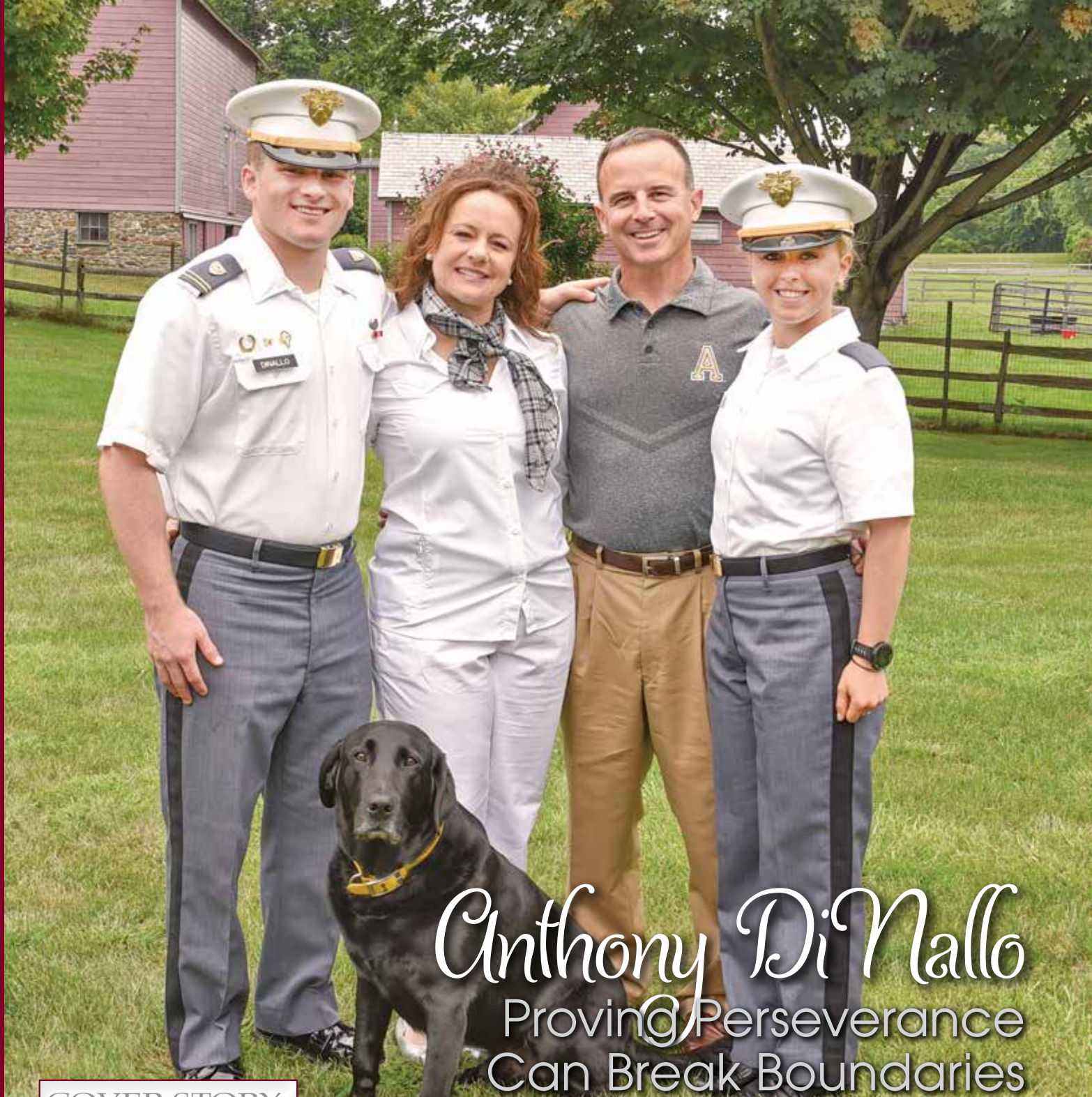
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Anthony DiNallo

Proving Perseverance Can Break Boundaries

COVER STORY

By Jenna Caputo

Photos by SuperSourceMedia.com

Even from a young age, Anthony DiNallo always felt a pull to be in the military. Growing up in Mechanicville, he enjoyed living in a small, close-knit town, where he was friends with almost everyone there. As an eight-year-old boy, Anthony visited West Point with his Cub Scout pack. The trip made an instant impression on him, and his dream of someday being in the military was born. "I went home and told my mom all about the trip. I told her I wanted to go to college there, although I thought it was an impossible

dream. Fortunately, my mom kept me focused on my goals and she and my dad were very supportive in my pursuit of my dream of attending the United States Military Academy (USMA). I can remember watching reports of the Vietnam War on the evening news. I somehow thought that I belonged there. I guess patriotism is in my DNA."

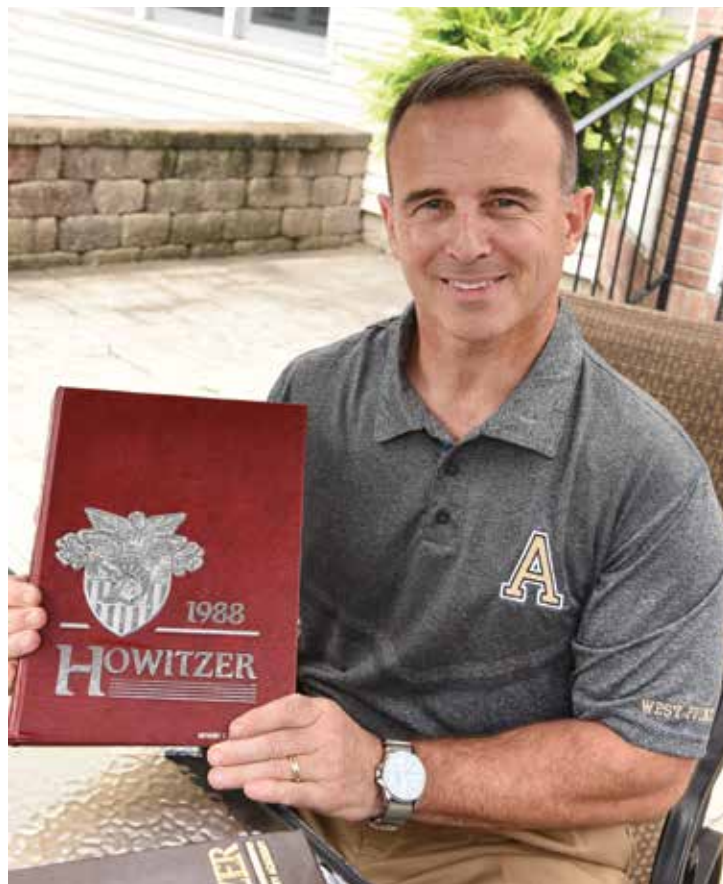
In 1988, Anthony realized that dream, graduating with a mechanical engineering degree from West Point before earning his MBA from Union College and later becoming a Certified Financial Planner. He planned to stay in the military for his career, yet only spent 2.5 years in the US Army,

CLIFTON PARK *Neighbors*

working his way to 1st Lieutenant with the 101st Airborne Division before he had to medically retire. "The Army was my dream job," he says. "I was privileged to work with some of our nation's best young soldiers in the 101st Airborne Division. Being a leader in such a high-paced environment was exhilarating. My soldiers and I competed in every way possible – whether between ourselves or other units in the division. We were very hard on one another, but that is what made us great. I had excellent training to include Ranger, Airborne and Air Assault schools. I would have stayed on active duty for a long time had I not been injured and medically disqualified."

The injury happened in 1990 in the line of duty. He was conducting a rappelling demonstration for the Indiana National Guard and their families. Just before the demonstration was to begin, he was ordered to perform a "slack rappel" by an Indiana National Guard Colonel. Unbeknownst to Anthony, the colonel had incorrectly set up the ropes. "When I stepped off the tower," remembers Anthony, "I fell 50 feet and landed in a seated position, which caused three vertebrae in my spine to explode; it is referred to as a burst fracture. The injury left me paralyzed and I spent the next seven months learning to walk again in the West Roxbury VAMC. It was a very difficult process."

This arduous process included both physical and occupational therapy. Anthony found himself slowly moving from full paralysis, to moving his toes a bit, then walking in parallel bars, to walking with a walker. With his hard work and determination, he then moved on to walking first with

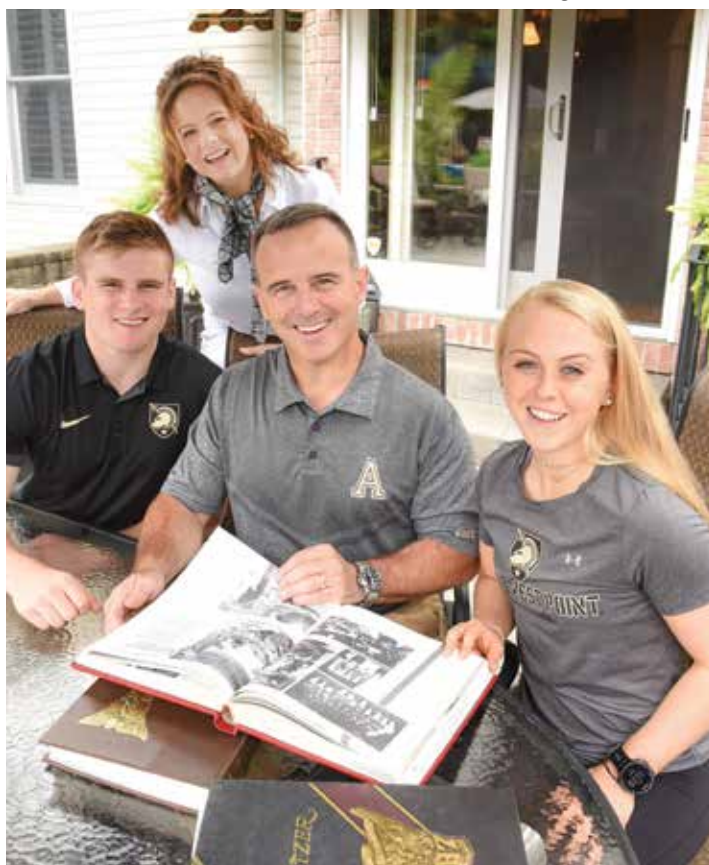


forearm crutches, then regular crutches, before transitioning to a cane and finally walking without any aid at all. "My mom would walk with me and (at my request) scrutinize my gait in the extreme," he says. "It was my goal to walk without a limp. I viewed my rehabilitation as my job. I rehabbed like I was training for the Olympics." His recovery was a success, but as with any serious injury, there were still some lingering effects. As a result of his spinal injury, Anthony continues to deal with pain on a consistent basis.

Now, Anthony works at Wells Fargo Advisors in Albany. Along with his business partner, C.W. Kelleher, they manage assets for local families, small businesses and retirement plans. While the unpredictable nature of the financial markets can be frustrating, he really enjoys the challenge of earning the trust of his prospective clients and working with them to achieve their financial goals.

He also is developing a second business. Command and Control Solutions Corp is a computer consulting and staff augmentation company that works primarily with the federal and state governments. He will be hiring more veterans to work with him as he continues to build this new venture.

Anthony met his wife, Marybeth, in high school and, after they were married, they moved to Clifton Park to begin their lives together in a place that was still close to their families. Marybeth was a tenured teacher before deciding to stay home to take care of their family, which includes Anthony III (20), Emily (18) and their dog, Ranger. Anthony says, "As a teacher and loving mother, Marybeth did a wonderful job





providing an environment from which the children could succeed academically and in sports, while also allowing me to grow my own business." Marybeth volunteers at her parish, All Saints on the Hudson, in Mechanicville, where she continues to teach second grade faith formation. Her love of teaching has never waned.

Anthony III was a wrestler and football player during his time at Shenendehowa High School. He began his 47 month experience at West Point in the summer of 2016 and is now in his third year, majoring in Space Science. Currently ranking in the top 5% of his class, Anthony is also on the Army Strength Team. He has been through Space School, Air Assault, Scuba and was chosen to complete an internship at Johnson Space Center for NASA this past summer. "He displays character traits of a great leader and has great potential in whatever he sets his mind to," says his Dad. In their spare time, the two of them enjoy hunting and fishing.

Emily was a three-season, four-sport athlete at Shenendehowa High School, playing lacrosse, field hockey, cross-country and indoor/outdoor track while maintaining her high level academic coursework. She has participated in equestrian competitions since she was a young girl and still continues to compete. Like her brother, she also possesses a killer combination of athleticism and intellect. Continuing the family's tradition of attending West Point, Emily is now a freshman (Plebe) at the USMA. Since she is just beginning her academic career, she has not yet chosen a course of study, but will likely be pursuing Biology or Chemistry. Recently, Emily competed for a coveted spot on USMA's Marathon team. With determination running through her blood, she beat out 30 competitors for one of two open slots. Emily ran her first half marathon the weekend of September 23rd and finished first in her age group.

Growing up, both children had the opportunity to visit USMA, spending time with Anthony and Marybeth while attending football games and reunions. Anthony III and Emily seemed to have internalized the motto of the academy – "Duty. Honor. Country." – their whole life. The hectic pace of the academy, coupled with the intense academic and military rigor, challenges both kids, but they wouldn't have

wanted their college years to go any other way.

While most schools require 120 credit hours in four years, West Point requires that every student graduates with 158 credit hours. In addition to their academic studies, each cadet is required to participate in a sport year round and they all receive extensive military training during most of the summer months. Everything at West Point is merit based and their scores in their athletics and military training, as well as their academics, will all be considered when choosing which Army branch they will serve.

Since they are such a hardworking family, down time is something the DiNalloos value. Anthony loves the outdoors and enjoys spending time in the woods, fishing and hunting. He bought an overgrown dairy farm along the Hudson River in Easton, NY, to allow him, his family and friends a place to do these things. "I enjoy working with my hands on the weekends, as it completely engages me in such a



way that is very different than the intellectual pressures of managing my clients' financial affairs during the week. It is a wonderful distraction, a labor of love, a real sanctuary from my professional responsibilities," he says. It is a great place for him to renew his spirit and regroup for the week ahead.

Anthony knows that he and his family will always continue on in success, as well as anyone that continues to work towards their dreams and overcome any challenges standing in their way. His mantra for success? "I believe with perseverance a person is almost limitless in potential."

For more information on how Anthony's business, Command and Control Solutions, helps state and federal governments, visit <http://www.cacsolns.com/>. ■

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at jcaputo@bestversionmedia.com.

Welcome to the Neighborhood

By Pete Bardunias, President/CEO, the Chamber of Southern Saratoga County



Our neighbors to the north in Ballston Spa have a wonderful, close-knit business community. The local camaraderie was on display this past August 16, as **Prolific Marketing** (518-309-3047, www.prolificmarketing.org) dedicated its new offices at 27 Kent St. Suite 107B, Ballston Spa. Mayor John Romano (3rd from left), Assemblywoman Mary Beth Walsh (3rd from right) were joined by representatives of Senator Jim Tedisco's office, plus staff and volunteers of the Chamber of Southern Saratoga County and the Ballston Spa Business and Professional Association. A total marketing guru, Dan Barner (center) and his family are well known in the Ballston community as active volunteers for the area business organizations and the rotary club.

The Chamber of Southern Saratoga County said goodbye to longtime **Vice President Nigar Hale** (right) in September, as she and husband Michael relocated elsewhere in New York State. The Burnt Hills-Ballston Lake Business and Professional Association held a cocktail party at Carney's in Ballston Lake to honor their longtime neighbor, friend and supporter. Pictured (L-R) are CSSC Vice President Liz Roggenbuck, President Pete Bardunias and former VP Hale. This team is responsible for establishing the chamber as a key supporter of the Tech Valley economy, as well as a statewide-recognized leader in the marine, manufacturing, agriculture, transportation and hospitality sectors. The CSSC serves 18 communities, with Clifton Park and Halfmoon being its center of operations. For more information please visit www.southernsaratoga.org.



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Protect Your House This Winter

By Eddie Godino

It's getting to be that time of year again. The warmth of summer has faded, and in its place come the chills of winter. Harsh cold weather is a familiar foe around these parts; most people have already begun shopping for the necessary clothing to keep warm in the coming months. But, in truth, our houses have to face off against Old Man Winter more so than we do. Wind, rain and snow will hammer our homes from all sides; the least we can do is make sure they're ready for it.



PROTECT THE PIPES

Frozen pipes are one of the most common – and most annoying – problems people encounter during the winter. If a pipe freezes, the water inside it will expand and cause the pipe to burst, which could flood your house and make for expensive repairs. To prevent this, consider investing in heat tape or insulation sleeves to keep the pipes warm. You should also drain the water from any outdoor gutters, faucets or hoses you may have, as they would be even more prone to freezing.

CHECK THE CHIMNEY

There's nothing like cozying up next to a fire on a cold winter's night, but you may want to examine your chimney and fireplace before you do. Make sure the damper, the device that seals the fireplace when it's not in use to prevent heat from escaping up the chimney, is in good condition. Getting the chimney cleaned altogether couldn't hurt, as

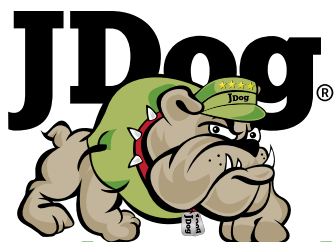
buildup on the inside can cause a fire – one that would likely burn your house down rather than just keep you warm. Now is the perfect time to check your batteries on your carbon monoxide and smoke detectors (or buy them if you don't already have them). You may want several, depending on the size of your home. Risk of carbon monoxide poisoning increases in winter due to sealed up houses and improper ventilation from furnaces, generators, gas-run appliances and fireplaces.

OTHER PREVENTATIVE MEASURES

There's no way to know in advance how bad the upcoming winter will be. If you want to be as prepared as possible, have a contractor examine your roof to make sure it can sustain heavy snowfall. If there are any overhanging tree branches that could cause damage to the property should they fall, consider removing them safely before the weather intensifies. Add weather strips and caulk to doors and windows to reduce drafts, and make sure to stock up on snow shovels and de-icing salts to ensure you can still get in and out of the house. In case of power loss or extreme storms, keep a few emergency kits with batteries, flashlights, radios, first-aid kits and small supplies of food and water in both your home and your car. Considering that severe snowstorms are not uncommon around here, a generator may also be a prudent investment, as it can keep your whole house – or at least the heat – running if the power goes out.

Follow these steps, and your house should be ready for anything winter can throw at it! ■

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Saratoga WarHorse

By Eddie Godino

As American citizens, we owe our lives to our military, who fight on our behalf and defend us every day. But the sad truth is that, for many soldiers, the war does not end when they come home; they bring a piece of it back with them. Saratoga WarHorse is a veteran-led organization that aims to help soldiers cope with the trauma that often comes with military service.

Started in 2011, Saratoga WarHorse became a non-profit organization in 2013 and is open to both veterans and active members from any branch of service, regardless of when or how long they served. The free, three-day program pairs participants with off-the-track thoroughbred horses. "Racehorses are pushed to their absolute limit, and when their careers end, finding their way presents challenges," said Executive Director



animals, but I left a lot of baggage in that pen," said a veteran named Chris in a testimonial on the official site. Sometimes, the connection lasts longer than the program itself, like was the case in Saratoga WarHorse's Aiken, South Carolina location. A local, formerly homeless veteran attended the program and was impacted so significantly that he now owns the horse he bonded with. He was later offered a position within the organization and continues to help his fellow veterans today.

More than 900 veterans have graduated from Saratoga WarHorse since its beginning, and the program continues to grow. A third location in Cockeysville, Maryland opened earlier this year to an incredible response. "[Attendees'] enthusiasm and belief in the program led Baltimore County's government leadership to pursue this partnership with Saratoga WarHorse," said Dr. Cherkosly. "The County funded and completed the construction of a nearly \$3 million facility where the Saratoga WarHorse program operates at no cost to the organization. This location opening is a great step for us in reaching our main goal to positively impact as many veterans as possible."

Saratoga WarHorse is grateful for

all of the support they have received. Every donation makes an impact with the money going to various services like:

- \$5,000 provides transportation for a class of six to attend the program
- \$3,000 enables one veteran to experience the program
- \$1,000 pays for their coaches to guide a class through the program
- \$500 covers meals for a class of veterans
- \$250 covers accommodations for one veteran

For more information about Saratoga WarHorse and information about volunteer options, please visit their website at www.saratogawarhorse.com. If you think you or someone you know could benefit from this program, don't hesitate to contact the organization at 518-886-8131 or info@saratogawarhorse.com. ■



Photos provided by Dr. Allison Cherkosly

Allison Cherkosly, Ph.D. "This is very much like the challenges veterans face when transitioning from military to civilian life."

The bond formed between human and horse is key to the healing process. "I can't really explain what exactly happens when you have your 'connection' with one of these beautiful

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SCHEDULE A PERSONAL SHOWING!



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President's Council
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Thursday–Sunday, Nov 1-4

NUNSENSE THE MUSICAL

@Clifton Park-Halfmoon

Public Library

Not So Common Players Presents...

Nunsense. The story begins when the Little Sisters of Hoboken discover that their cook, Sister Julia, Child of God, has accidentally poisoned 52 of the sisters, and they are in dire need of funds for the burials. The sisters decide that the best way to raise the money is to put on a variety show. Co-sponsored with the Town of Clifton Park. Running time: approximately 2 hours with intermission. Seating is first-come, first-served.

Time: Thur; 7:30pm, Fri/Sat 8:00pm & Sun 2:00 pm, doors open half an hour prior
Cost: FREE

Saturday, Nov 3

FAMILY SATURDAY:

PUPPETS ON THE MOVE

@ Tang Teaching Museum, Saratoga Springs

We will look at the elaborate puppets by artist Karl Wirsum in 3-D Doings: The Imagist Object in Chicago Art, 1964-1980, and then create our own moving puppets using paper cut outs, fasteners, fabric, markers, buttons and various embellishments.

Time: 2:00pm-3:00pm

Cost: FREE

Saturday, Nov 3

THE WONDER YEARS CONCERT

@Upstate Concert Hall, Clifton Park NY

Come see the American pop-punk band The Wonder Years perform at the Upstate Concert Hall.

Time: 6:30pm-11:30pm

Cost: \$22

Sunday, Nov 4

REXFORD VOLUNTEER FIRE DEPT AUXILIARY FOR THEIR ANNUAL HOLIDAY CRAFT & VENDOR FAIR

@Rexford Fire Station, Rexford

This family-friendly community event

will have over 40 crafters & vendors for your holiday shopping. Included is a used book sale, a bake sale, a lunch counter with delicious fall foods with prices that can't be beat, and several drawings for Crafter/Vendor items and a Harvest Basket full of goodies. We will also be accepting non-perishable food and monetary donations for our Local Food Pantry.

Time: 10:00am-4:00pm

Cost: FREE

Monday, Nov 5

DROP-IN PJ STORYTIME

@Halfmoon Public Library, Clifton Park

Kids from ages 2 to 6 are welcome to come enjoy a lively story at the Halfmoon Public Library. Make sure to wear your PJs!

Time: 6:15pm

Cost: FREE

Wednesday, Nov 7

ANNUAL APPEAL FOR THE CHILDREN LUNCHEON

@The Vista Restaurant, Van Patten Gulf Club, Clifton Park

Support the Southern Saratoga Chamber Angels' Appeal for the Children to kickoff their holiday season providing local children a holiday to remember! NY Times best-selling author, Regina Calcaterra will speak about her memoir, *Etched in the Sand*, a story of tenacity and triumph. Each ticket includes a signed copy of the book. Wine pull & silent auction also available. (Sponsorship opportunities also available.)

Time: 11:30am-1:30pm

Cost: \$55 per ticket; \$425 for a corporate table (8)

Wednesday, Nov 7

GWAR CONCERT

@Upstate Concert Hall, Clifton Park
Come see GWAR perform at the Upstate Concert Hall as part of the Gore Core Metal & More Tour. Must be 16 or older.

Time: 8:00pm

Cost: \$33 (prices may vary)

Thursday, Nov 8

TO LOVE A CHILD 10TH ANNUAL DINNER & AWARDS CELEBRATION

@Hilton Garden Inn, Clifton Park

The I Dreamed of Africa-themed event will feature a silent auction, the Circle of Love Awards and the Annual Kids Helping Kids Auction to support local children in their efforts to help others. Come join us for an evening of fun and celebration and to learn more about the work we do in Haiti and Zimbabwe and how you can make a difference in the lives of severely impoverished children. Entertainment provided by The Okropoin Ensemble and Upbeat Occasions.

Time: 6:00pm-10:00pm

Cost: \$100 per Patron ticket, \$50 per student

Saturday, Nov 10

ANTIQUES & HEIRLOOMS

@Clifton Park-Halfmoon Library, Clifton Park

Appraiser, buyer, seller & collector, George Heigel will present, discussing what to do with antiques/heirlooms, effective & current market, and tips for choosing reputable dealers or businesses. Questions and experiences welcome!

Time: 1:30pm

Cost: FREE

Capital District YMCA is accepting donations for their Basket Brigade to help feed local families this season. Please drop off food donations (gravy, canned fruit, yams, vegies, cranberry sauce, stuffing and cake/brownie mix) to St Edwards Church at 569 Clifton Park Center Rd by Nov 11, 2018.

Saturday, Nov 10— Sunday, Nov 11

4TH ANNUAL SARATOGA HOLIDAY ART FAIR

@National Museum of Dance,
Saratoga Springs

A selection from among New England's top artists will exhibit works of art, including handmade jewelry, fine weaving and wearables, hand-blown glass, wood vessels and utensils, sculpture, functional stoneware and raku pottery, hand made quilts, mixed media, photography, paintings and more. Live performances and children's art activities will also be included.

Time: 10:00am-5:00pm

Cost: \$2, FREE with food item donation

Saturday, Nov 10

NOT TOO FAR FROM HOME COMEDY TOUR

@Holiday Inn, Saratoga Springs

Enjoy performances from Aaron David Ward, Mark Riccadonna and Paul Schissler. The proceeds for this show go to After the Fire, a non-profit organization that supports Saratoga County. For tickets, call 518-581-1823.

Time: 5:30pm-10:30pm

Cost: \$54 (dinner & show), \$20 (show only in advance), \$25 (at the door)

Saturday, Nov 10

NEW POLITICS CONCERT

@Upstate Concert Hall, Clifton Park
Come see the band New Politics perform at the Upstate Concert Hall. Must be 16 or older.

Time: 8:00pm

Cost: \$41 (prices may vary)

Sunday, Nov 11

THE CHRIS ROBINSON BROTHERHOOD CONCERT

@Upstate Concert Hall, Clifton Park

Come see the American blues-rock band The Chris Robinson Brotherhood perform at the Upstate Concert Hall. Must be 16 or older.

Time: 8:00pm

Cost: \$25 (prices may vary)

Tuesday, Nov 13

CURATOR'S TOUR WITH BECK KREFTING'S CRITICAL WHITENESS CLASS

@Tang Teaching Museum,
Saratoga Springs NY

Come to the Tang Museum at Skidmore College for a tour with Associate Professor Beck Krefting and students from her Critical Whiteness Course.

Time: 12 PM—1 PM

Cost: FREE

Saturday, Nov 17

THE CLIFTON PARK ELKS ANNUAL "HOOP SHOOT"

@Southern Saratoga YMCA, Clifton Park

The program builds character while promoting integrity, hard work, quality family time and good sportsmanship. All boys and girls in age categories 8-9; 10-11; and 12-13 (as of April 1, 2019) may compete.

There is no charge to participate. The best scores in each age group will receive an award. Winners advance through local, district, state, regional and national levels. The national finals will be held in Chicago, IL. National winners will have their name inscribed on the Elks National "Hoop Shoot" plaque at the Basketball Hall of Fame in Springfield. Last year, Aidan Karo from Clifton Park won the NYS Championship in the Boys 8-9 division and went on to finish 3rd in the national competition in Chicago.

Time: 1:00pm-3:00pm | Cost: FREE

Wednesday, Nov 21

MYLES KENNEDY & CO. CONCERT

@Upstate Concert Hall, Clifton Park

Come see Myles Kennedy & Co. perform at the Upstate Concert Hall as part of the Year of the Tiger tour. Must be 16 or older.

Time: 8:00pm-11:00pm

Cost: \$20 (prices may vary)

Thursday, Nov 22

ANNUAL CHRISTOPHER DAILEY TURKEY TROT

@Broadway, Saratoga Springs

This annual, Thanksgiving morning run benefits the Christopher Dailey Foundation, which provides support for economically at risk and developmentally disabled children. Registration required; visit ZippyReg.com to sign up.

Time: 8:30am

Cost: \$24 before Nov 12, \$27 from Nov 13—Nov 22

Saturday, Nov 24

REEL BIG FISH CONCERT

@Upstate Concert Hall, Clifton Park

Come see Reel Big Fish perform at the Upstate Concert Hall as part of the Tickle My Tiki TOURch, featuring performances from Ballyhoo! and We are the Union.

Time: 8:00pm

Cost: \$20 in advance, \$23 day of

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Rich, Creamy Corn Chowder

By Sarah Wright

Perfect for a cool autumn evening or a hearty lunch, this rich, thick, creamy chowder is bursting with the flavors of fall. It's a great way to use up leftover corn on the cob and fill up on wonderful root vegetables as well.



1 lb of plain (not maple) bacon
1 large Vidalia onion – finely chopped
2 large carrots – finely chopped
4 celery stalks – finely chopped
1 lb (approx. 4-6 medium-sized) potatoes – peeled and chopped into ¼ in cubes
4 cups of chicken broth
1 ½ cups of milk
1 cup of heavy cream
4 cups of corn kernels (approx. 4-6 ears)
2 ½ cups of shredded cheddar cheese
Salt & pepper

Start by cooking the bacon in a dutch oven, transferring the crisp strips to a plate with paper towels to drain. When finished, put them into a sealed plastic bag and crush to crumbs with a rolling pin. Set aside. Drain all but 2 tablespoons of the bacon fat.

In the same pot, add in the onion, carrots and celery and cook until soft; about 5 min.

Now add in your liquids: the chicken broth, cream and milk, along with the potatoes. Bring to a boil and then simmer for another 12-15 min until the potatoes are tender.

Using a submersible blender, blend this to thicken, but be sure to leave at least half the potatoes intact for texture. (If you don't have a submersible blender, remove approx. one third of the mixture to a blender, and then return to the pot, stirring it together.)

Now add your corn, 2 cups of shredded cheese and 2/3 the bacon bits and simmer another 5 min.

Serve in individual bowls with bacon and cheese to garnish.

**You can use leftover corn on the cob or frozen or canned corn – but I think fresh is best!*

**To make this a hearty meal by itself, add cooked chunks of chicken to the soup and serve with rolls! ■*

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Saratoga Arts

Contributed by Emma Huneck, Saratoga Arts



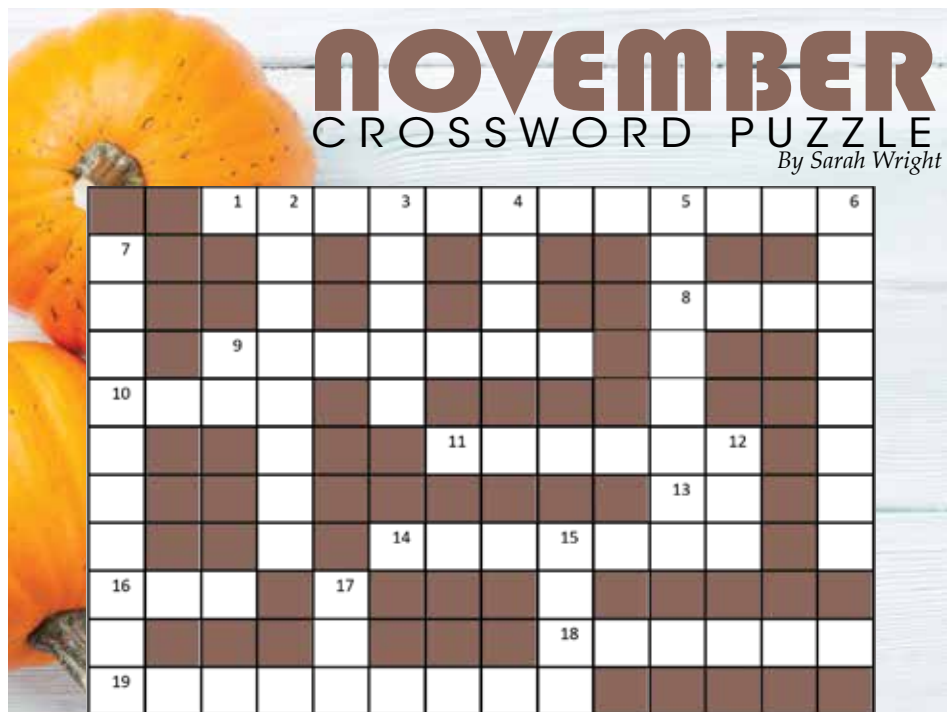
At The Gallery...

All are welcome to stop into The Arts Center Gallery at Saratoga Arts, located at 320 Broadway in Saratoga Springs, to view The Annual Members' Show. The Annual Members' Show features over 250 pieces of artwork created by Saratoga Arts member artists. Artwork of all mediums - painting, photography, printmaking, drawing, sculpture, ceramics and more - created by artists of all ages and skill levels will be displayed in this truly impressive show from November

10 - January 4. Saratoga Arts is open Monday-Friday, 9am-5pm and Saturdays from 11am-5pm.

At The Library...

View an exhibition of photographs by local artist David Fingerhut at the Clifton Park-Halfmoon Public Library from October 30 - November 26. Fingerhut's photos will be displayed on the second floor, outside of the children's section and should not be missed! ■

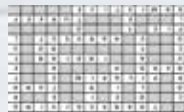


ACROSS:

- 1) National Holiday in November
- 8) Canned Fish
- 9) Founders of Plymouth Colony
- 10) Geek
- 11) Pocahontas
- 13) Opposite of yes
- 14) Gathering of Crops
- 16) Dessert
- 18) Main Course
- 19) Veterans Day

DOWN:

- 2) Days we celebrate
- 3) Horse's whinny
- 4) Apple's virtual assistant
- 5) Remembrance day
- 6) Thankful
- 7) Horn of Plenty
- 9) Public Relations
- 12) Won't means will ____
- 15) What you do on election day
- 17) Opposite of no



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IMPORTANT TOWN PHONE NUMBERS

Town Supervisor <i>Phil Barrett</i>518-371-6651	Town Clerk <i>Pat O'Donnell</i>518-371-6681	Planning Director <i>John Scavo</i>518-371-6054
Town Board Members.....518-371-6651	Town Court, 5 Municipal Plaza518-371-6668	Receiver of Taxes <i>Rose Savallo</i>518-371-5720
Animal Control Officer518-371-6756	Storm Water Management Technician	Director of Safety and Security
Town Attorney <i>Tom McCarthy</i>518-371-6651	<i>Scott Reese</i>518-371-6054	<i>Lou Pasquarel</i>518-348-7311
Assessor <i>Walter Smead</i>518-371-6460	Director of Communications & Tech	Town Security Officers518-369-6651
Building & Development Director	<i>Mathew Andrus</i>518-371-6651	Sewer Director <i>Mike O'Brien</i>518-348-7313
<i>Steve Myers</i>518-371-6702	Highway Superintendent <i>Dahn Bull</i>518-371-7310	Transfer Station Supervisor
Building & Grounds Director	Parks and Recreation Director	<i>Jeff Vedder</i>518-371-6669
<i>Dan Clemens</i>518-371-6651	<i>Myla Kramer</i>518-371-6667	

If the person you wish to reach is not on the list above, please call 518-371-6651 to speak to a receptionist who will direct your call to the appropriate individual or department. The Town's office buildings are open from Monday through Friday, 9am to 5pm, excluding holidays. The Town Clerk's Office is open until 7pm every Thursday. The Building and Parks and Recreation Departments are open at 8am Monday through Friday.



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