

## BECOME AN EXPERT!

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## Farmers' Markets

BY JENNA CAPUTO

While much of NY State is on "Pause," our local farms are still doing what they do best! And YES, many of the area's Farmers' Markets are still running with modifications to help keep people properly distanced and with increased opportunities for hand sanitization. Some of the markets are offering pre-ordering and curbside pickup as well. So instead of spending time at the grocery store, support our local farms at the following markets for the best food around. And while you're there, be sure to thank them for continuing to keep the community happy and healthy!

**Remember to wear your mask and be sure to check their websites for any updates or changes based on the latest recommendations.**

### Saratoga Farmers' Market

<https://www.saratogafarmersmarket.org/>  
Wilton Mall, Saratoga Springs  
Wednesdays 3-6pm and Saturdays 9am-1pm

### Spa City Farmers' Market

<http://www.spacityfarmersmarket.com/>  
Lincoln Baths, Saratoga Springs  
Sundays 10am-2pm

### Troy Waterfront Farmers' Market

<https://www.troymarket.org/>  
Carioto Produce, 80 Cohoes Ave, Green Island  
Pickup on Wednesdays and Saturdays 10am-2pm

### Schenectady Green Market

<https://www.schenectadygreenmarket.com/>  
Schenectady City Hall, 105 Jay St, Schenectady  
Sundays 10am-2pm

### Honest Weight Food Co-op

<https://www.honestweight.coop/>  
100 Watervliet Ave, Albany  
Daily from 8am-8pm and  
Mondays, Wednesdays  
and Fridays from 6-8am for  
at-risk customers

### Capital Roots Veggie Mobile

<https://www.capitalroots.org/>  
Various locations in  
Albany, Troy, Schenectady,  
Rensselaer, Watervliet,  
Cohoes and Mechanicville  
Monday-Friday, schedule  
varies by day

### Field Goods

<https://www.field-goods.com/>  
Home delivery  
Saratogians should place orders by 11:59pm on  
Sundays to guarantee delivery on Wednesday

### Farmers' Market Home Delivery

<https://www.farm2market.net/about-us>  
Home delivery  
Allow two days for delivery



tara **T** wiley

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