

Niskayuna NEIGHBORS

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SUBMISSION DEADLINES

Please submit your content by the 1st of each month. Your ads no later than the 15th.

ADVERTISING

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FEEDBACK/IDEAS/SUBMISSIONS

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 1st of each month for the following month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: JCaputo@bestversionmedia.com. Ad creative is due the 15th of the month prior to run date.



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Dear Readers,

We made it to July! Our parties may not look quite the same this year, but we still have much to celebrate. One of the wonderful things about the independence of our country is our rights to our own opinions and the ability to seek the life we want. And with that independence comes a responsibility to remember that we ALL have that right, even if our opinions may differ from each other. How lucky we are to live in a place that allows for freedom of our citizens! We may not feel quite as festive this year, but there is still much to be grateful for!

We may not be able to gather together all at once, but we can gather in spirit. While having a smaller BBQ, we can still celebrate the ideals that have made people dream the American dream for so many years!

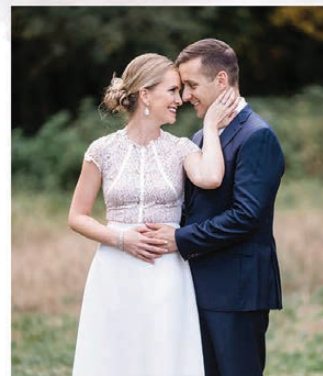
As our cover story, Brittany DeMarco-Furman, shows us, "normal" is what we make it. Check out her story to read about her latest adventures and why she hates talking about reptiles.... Then be sure to try the yummy red, white & blue recipes to brighten up your 4th of July. You'll also find uplifting stories like the history behind the Logan Strong Foundation, as well as the latest with the local real estate market.

Remember, we can still support each other and our community, even while "distant." As restaurants and stores continue to open, we can order and safely pick up curbside. We can share social media posts letting everyone know what's going on with our favorite businesses and artists, as well as to stay connected with each other during this "quieter" summer. We can also support virtual programs throughout the summer, as well as the socially distant options throughout the area and the many non-profit groups that continue to work hard to take care of everyone in our community who need it at this time. And to top it off, we can enjoy the many wonderful outdoors venues we are so lucky to have in and near the Capital District!

When life changes in the blink of an eye, sometimes it's hard to remember all the "wonderful" still surrounding us. I plan on taking the opportunity to slow down this summer as a challenge to more mindfully enjoy each day with my family, doing the "little" things that actually mean so very much! It will be a flashback to summers of my youth, when playing in the backyard, riding bikes, running through sprinklers and jumping in the pool were what it was all about!

Cheers to a fabulous summer!

Tenna



tara wiley

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