

STUDENT ATHLETE: EMILY BAUMES

By Jenna Caputo | Photos by Brian Van Sise, Stop Motion Sports Photography

Eleventh grader Emily Baumes enjoys failing because it makes it even more special when she succeeds. She made the varsity teams for both softball and soccer in her freshman year, with softball being her main sport. She plays third base on the Shen Varsity Softball team and travels with the Capital District Fusion team.

“I love the competitiveness of the sport and how every at bat is a battle between you and the pitcher. Softball is a sport of failure, and it makes success feel so good,” says Emily. “I love being able to work and train for the successful feeling. It has taught me that it is okay to have failures because they will soon always lead to success. It has helped me learn lessons in life and build up self esteem because it taught me to realize that no one is perfect. Another part of the game I love is being able to make your teammates into your family. It gives me a set of best friends, and my closest friends today were my T-Ball teammates.”

Her hard work has paid off. Her team won Sectionals in 2021 and were Sectional Finalists in 2022. She won Shen’s Green Award in 2020-2021 and in 2021-2022. Emily hit the High Honor Roll in both ninth and tenth grade and is a NYSPHSAA Scholar Athlete for 2020, 2021, and 2022.

Emily’s favorite subject in school is science. “I find it fascinating!” she says. She participates in multiple clubs including Math Honors Society, Student Athletic Advisory Council, and Student Varsity Athletes Against Substance Abuse, and she volunteers at the Teresian House



Center for the Elderly. When at home, she enjoys hanging out with her friends and listening to music, but she also loves to do puzzles and play games with her family, as well as traveling to experience the joy of discovering new places and different types of food.

Emily is verbally committed to play Division I softball at UMass Lowell with a major in Biology, and she’s anticipating not only college but the season ahead as well. “In the future, I am looking forward to having the opportunity to play softball at a collegiate level. Hard work pays off, so I am most excited for when all the work I have put in will eventually show,” she says. “I am also looking forward to the upcoming Shen softball season this spring, hoping to win sectionals and advance as far as our team can!”

